

X INTERNATIONAL SWIMMING MEETING NEMO KUP 2014



It is our greatest pleasure to invite you all at the swimming competition "X NEMO CUP". The Swimming Club "DOLPHIN" Skopje hosts and organizes the swimming contest NEMO CUP 2014 for the tenth time in a row at the Olympic Swimming Pool in Skopje. The overall concept of the competition is aimed towards development and affirmation of swimming as a sport, where swimmers can participate in all disciplines in six age categories. The swimmers will get variety of rewards and the best competitors from absolute category will get money awards.

ORGANIZER: SWIMMING CLUB "DELFIN" SKOPJE

DATE: 25 and 26.10.2014 year

PLACE: Olympic swimming pool Skopje

SWIMMING POOL: 50 meters 8 lane, temperature 26,5°

ELECTRONIC TIMEKEEPING

AGE GROUPS:

| | male | female |
|------------|------------------|------------------|
| Category A | Absolute | Absolute |
| Category B | 1998/1999 | 1998/1999 |
| Category C | 2000/2001 | 2000/2001 |
| Category D | 2002/2003 | 2002/2003 |
| Category E | 2004/2005 | 2004/2005 |
| Category F | 2006 and younger | 2006 and younger |

ENTRY FEE: 3 EUROS per start

VALID PARTICIPATION (number of starts): The number of the races for the swimmers at the meeting is unlimited.

PROGRAM

I part

Saturday 25.10.2014 09:00
(Warm up 08:00)

| | | |
|-----------------|-----|-------------|
| 50 breaststroke | m/f | A,B,C,D,E,F |
| 50 backstroke | m/f | A,B,C,D,E,F |
| 200 free | m/f | A,B,C,D |
| 100 butterfly | m/f | A,B,C,D,E |
| 400 medley | m/f | A,B,C |
| 1.500 free | m/f | A |

II part

Saturday 25.10.2014 17:00
(Warm up 16:00)

| | | |
|------------------|-----|-------------|
| 50 free | m/f | A,B,C,D,E,F |
| 200 butterfly | m/f | A,B,C |
| 100 breaststroke | m/f | A,B,C,D,E |
| 200 backstroke | m/f | A,B,C,D |
| 400 free | m/f | A,B,C,D |
| | | |

III part

Sunday 26.10.2014 09:00
(Warm up 08:00)

| | | |
|------------------|-----|-------------|
| 50 butterfly | m/f | A,B,C,D,E,F |
| 200 breaststroke | m/f | A,B,C,D |
| 100 free | m/f | A,B,C,D,E |
| 200 medley | m/f | A,B,C,D |
| 100 backstroke | m/f | A,B,C,D,E |
| 800 free | m/f | A |

NOTE: The organizer keeps the right to limit events 800m and 1500m freestyle to 8 male and 8 female competitors according to the best entry/swimm time

OPENING CEREMONY SATURDAY 25.10.2014 16:45
SATURDAY 21:00h DINNER PARTY FOR COACHES AND COMPANIONS

MEDALS: The first three swimmers of each event and age group will be awarded with medals.

AWARDS: The best competitors from category A (man and woman) will get money awards, and the swimmers from category B,C, D,E and F will get variety of rewards according to the total FINA points from three best disciplines. The youngest swimmers in both man and woman category shall be awarded with variety of rewards (identification document is required);

BEST CLUB: The club scoring the most FINA points by all its swimmers shall be declared as the best club.

ENTRIES: till 20.10.2014 on e-mail: aleksandar@yahoo.com , or Tel: + 389 78 386 236, + 389 2 2444 670, fax: + 389 2 2431 587

With providing the entries for their swimmers the clubs are confirming the health status of the athletes and take all the responsibility about their health. Tel: + 389 78 386 236, + 389 2 2444 670, faks: + 389 2 2431 587

CANCELATIONS: till 21.10.2014 year

Technical meeting will be held on 24.10.2014 at 20:00h at OLIMPIC SWIMMING POOL

ACOMODATIONS: The participating teams are responsible for transport and accommodation costs. Information and reservations: Mr.Goran Stojnik + 389 70 663-073

We can provide hotel accommodation in Skopje – up to 35 EUR for full board or 15-20 EUR for bed and breakfast

PK "DELFIN" SKOPJE

