

# XII INTERNATIONAL SWIMMING MEETING NEMO KUP 2016



It is our greatest pleasure to invite you all at the swimming competition "XII NEMO CUP". The Swimming Club "DOLPHIN" Skopje hosts and organizes the swimming contest NEMO CUP 2016 for the sixteenth time in a row at the Olympic Swimming Pool in Skopje. The overall concept of the competition is aimed towards development and affirmation of swimming as a sport, where swimmers can participate in all disciplines in six age categories. The swimmers will get variety of rewards and the best competitors from absolute category will get money awards.

**ORGANIZER:** SWIMMING CLUB "DELFIN" SKOPJE

**DATE:** 29 and 30.10.2016 year

**PLACE:** Olympic swimming pool Skopje

**SWIMMING POOL:** 50 meters 8 lane, temperature 26,5°

**ELECTRONIC TIMEKEEPING**

## AGE GROUPS:

	male	female
Category A	Absolute	Absolute
Category B	2000/2001	2000/2001
Category C	2002/2003	2002/2003
Category D	2004/2005	2004/2005
Category E	2006/2007	2006/2007
Category F	2008 and younger	2008 and younger

**ENTRY FEE:** 3 EUROS per start

**VALID PARTICIPATION (number of starts):** The number of the races for the swimmers at the meeting is unlimited.

## PROGRAM

### I part

Saturday 29.10.2016 09:00  
(Warm up 08:00)

50 breaststroke	m/f	A,B,C,D,E,F
50 backstroke	m/f	A,B,C,D,E,F
200 free	m/f	A,B,C,D
100 butterfly	m/f	A,B,C,D,E
400 medley	m/f	A,B,C
1.500 free	m/f	A

### II part

Saturday 29.10.2016 17:00  
(Warm up 16:00)

50 free	m/f	A,B,C,D,E,F
200 butterfly	m/f	A,B,C
100 breaststroke	m/f	A,B,C,D,E
200 backstroke	m/f	A,B,C,D
400 free	m/f	A,B,C,D

### III part

Sunday 30.10.2016 09:00  
(Warm up 08:00)

50 butterfly	m/f	A,B,C,D,E,F
200 breaststroke	m/f	A,B,C,D
100 free	m/f	A,B,C,D,E
200 medley	m/f	A,B,C,D
100 backstroke	m/f	A,B,C,D,E
800 free	m/f	A

**NOTE:** The organizer keeps the right to limit events 800m and 1500m freestyle to 8 male and 8 female competitors according to the best entry/swimm time

## OPENING CEREMONY SATURDAY 25.10.2014 16:45

### SATURDAY 21:00h DINNER PARTY FOR COACHES AND COMPANIONS

**MEDALS:** The first three swimmers of each event and age group will be awarded with medals.

**AWARDS:** The best competitors from category A (man and woman) will get money awards, and the swimmers from category B,C, D,E and F will get variety of rewards according to the total FINA points from for best disciplines. The youngest swimmers in both man and woman category shall be awarded with variety of rewards (identification document is required);

**BEST CLUB:** The club scoring the most FINA points by all its swimmers shall be declared as the best club and get money of 100 euros..

**ENTRIES:** till 25.10.2016 on e-mail: [aleksandar@yahoo.com](mailto:aleksandar@yahoo.com) , or Tel: + 389 78 386 236, + 389 2 2444 670, fax: + 389 2 2431 587

With providing the entries for their swimmers the clubs are confirming the health status of the athletes and take all the responsibility about their health. Tel: + 389 78 386 236, + 389 2 2444 670, faks: + 389 2 2431 587

**CANCELATIONS:** till 26.10.2016 year

Technical meeting will be held on 28.10.2014 at 20:00h at OLIMPIC SWIMMING POOL

**ACOMODATIONS:** The participating teams are responsible for transport and accommodation costs. Information and reservations: Mr.Goran Stojnik + 389 70 663-073

PK "DELFIN" SKOPJE

