

VI-th INTERNACIONAL SWIMMING MEETING

NEMO CUP 2010

ORGANIZER: PK „DELFIN,, SKOPJE

DATE: 27 and 28.11.2010 year

PLACE: Indoor Olympic Swimming Pool „Centar,, - Skopje

SWIMMING POOL: 50m. 8 lanes, depth 2,00m. temperature 26,5° electronic timekeeping
Additional 25m pool for warming up.

AGE GROUPS:

Category A

Category B

Category C

Category D

Category E

MALE

Absolute

1995/1996

1997/1998

1999/2000

2001 and younger

FEMALE

Absolute

1995/1996

1997/1998

1999/2000

2001 and younger

ENTRY FEE: 2,5 EUROS per start

VALID PARTICIPATION (number of starts): The number of the races for the swimmers at the meeting is unlimited.

PROGRAM

I part

Saturday 27.11.2010 09:00

(Warm up 08:00)

II part

Saturday 27.11.2010 17:00

(Warm up 16:00)

III part

Sunday 28.11.2010 09:00

(Warm up 08:00)

50 breaststroke	m/f	A,C,D,E
50 backstroke	m/f	A,C,D,E
200 free	m/f	A,B,C
100 butterfly	m/f	A,B,C,D
400 medley	m/f	A,B,C
1.500 free	m/f	A

50 free	f/m	A,B,C,D,E
200 butterfly	f/m	A,B,C
100 breaststroke	f/m	A,B,C,D
200 backstroke	f/m	A,B,C
400 free	f/m	A,B,C
4 x 100 free	f/m	A

50 butterfly	m/f	A,C,D,E
200 breaststroke	m/f	A,B,C
100 free	m/f	A,B,C,D
200 medley	m/f	A,B,C
100 backstroke	m/f	A,B,C,D
800 free	m/f	A

NOTE: The organizer keeps the right to limit events 800m and 1500m freestyle to 8 male and 8 female competitors according to the best entry/swimm time.

OPENING CEREMONY SATURDAY 27.11.2010 16:45

SATURDAY 21:00h DINNER PARTY FOR COACHES AND COMPANIONS

AWARDS:

- The first three swimmers of each event and age group will be awarded with medals;
- The best competitors from category A and B (man and woman) will get money awards, and the swimmers from category C, D and E will get variety of rewards according to the total FINA points from three best disciplines;
- The club scoring the most FINA points by all its swimmers shall be declared as the best club, and its delegate shall be awarded with money award and cup trophy;

- The youngest swimmers in both man and woman category shall be awarded with variety of rewards (identification document is required);

ENTRIES: till 23.11.2010 on e-mail: aleksandarf@yahoo.com and pvkdelfin@pvkdelfin.org.mk or
Tel: + 389 70 386 236, + 389 22 444 670 , fax: + 389 2 2431 587

CANCELATIONS: till 24.11.2010

ACOMODATIONS: The participating teams are responsible for transport and accommodation costs.

We can provide hotel in Skopje 24-30 EUROS bed and breakfast, and 32-40 EUROS full board.
Information and reservations: Mr.Vladimir Djordjevik + 389 70 721 658

PK „DELFIN,, SKOPJE

President
Aleksandar Filipcev