

# PROPOZICIJE

# ŠARENGRADSKI KUP



- Takmičenje se održava u subotu 05.05.2012. godine na bazenima SRC Kruševac
- Miting organizuje: Plivački klub "NAPREDAK" Kruševac
- Adresa bazena: Ul. Nikole Tesle bb, Kruševac
- Adresa kluba: Plivački klub "NAPREDAK", ul. Slikara Milovanovića 35, 37000 Kruševac, Srbija
- Takmičenje se održava na zatvorenom bazenu dužine 50 m sa 8 staza
- Temperatura vode 26 °C i vazduha 28 °C.
- Takmičenje se održava po pravilima FINA i PSS.
- Merenje vremena je automatsko – elektroničkom.
- Takmičenje je pojedinačno i ekipno
- Ekipni pobjednik se dobija zbirom bodova (9,7,5,3,2,1), prvih šest plivača i plivačica po kategoriji i disciplini
- Klubovi prijavom preuzimaju kompletnu odgovornost za zdravstveno stanje plivača.

KATEGORIJE	
Muškarci/žene	
A	2003. i mlađi
B	2002.
C	2001.
D	2000.
E	1999.
F	1998.
G	1997.
H	1996.
M	1995.
O	1994. i stariji

PROGRAM		
9. <sup>30</sup> h – tehnički sastanak/rasplivavanje		
10. <sup>30</sup> h - takmičenje (prvi deo)		
1.	50m kraul	A,B,C,D,E
2.	50m delfin	A,B,C,D,E
3.	50m leđno	A,B,C,D,E
4.	50m prsno	A,B,C,D,E
5.	200m kraul	A,B,C,D,E
6.	200 mešovito	A,B,C,D,E
7.	4x50m mešovito	A,B,C,D,E
pauza 45 minuta/rasplivavanje		
takmičenje (drugi deo)		
1.	100m kraul	F,G,H,M,O
2.	100m delfin	F,G,H,M,O
3.	100m leđno	F,G,H,M,O
4.	100m prsno	F,G,H,M,O
5.	200m kraul	F,G,H,M,O
6.	200m mešovito	F,G,H,M,O
7.	4x50m slobodno	F,G,H,M,O

- Prijave plivača slati najkasnije do 02.05.2012. godine u Lenex formatu (klubovi iz inostranstva mogu da šalju prijave u Word ili Excel formatu)
- Startnina po trci je 300 dinara za domaće i 3 EUR-a za strane plivače.

## NAGRADE

- Medalje za prva tri takmičara po disciplinama u kategoriji.
- Najbolji u muškoj i ženskoj konkurenciji po kategorijama (zbir dva najbolja rezultata po FINA bodovima) nagrađuje se robnom nagradom.
- Najbolji plivač i plivačica mitinga (zbir dva najbolja rezultata po FINA bodovima) dobijaju pehar
- Ekipnom pobjedniku se dodeljuje pehar.

## KONTAKT

[www.napredak.org.rs](http://www.napredak.org.rs)

- E-mail: [pknapredak@gmail.com](mailto:pknapredak@gmail.com) ili [office@napredak.org.rs](mailto:office@napredak.org.rs)
- Tel: +381 64 893 01 70 (Nikola Danev) ili +381 64 893 01 66 (Lazar Nikolić)

# PROPOSITIONS

# ŠARENGRADSKI KUP



- The competition will be held on Saturday, 5<sup>th</sup> May 2012. at swimming pools of SRC Kruševac
- Organized by : Swimming Club "NAPREDAK" Kruševac
- Pool's address: Ul. Nikole Tesle bb, Kruševac
- Club's address: Swimming Club "NAPREDAK", Slikara Milovanovića 35, 37000 Kruševac, SERBIA
- The competition will be held in a 50 meter indoor pool. It has 8 lanes with 26 °C water temperature and the air temperature is 28 °C
- The competition will be held in accordance with the FINA and PSS rules
- Time recording is automatic - with electronics
- The winning team is pronounced after summation of points (9,7,5,3,2,1), gained by first six swimmers in each age and group
- The clubs who apply take full responsibility for their swimmers health condition

CATEGORIES	
Male/female	
A	2003. and younger
B	2002.
C	2001.
D	20009.
E	1999.
F	1998.
G	1997.
H	1996.
M	1995.
O	1994. and older

PROGRAMME		
9. 3 <sup>o</sup> h - Technical meeting/warming up		
10. 3 <sup>o</sup> h - Competition (1. part)		
1.	50m free	A,B,C,D,E
2.	50m fly	A,B,C,D,E
3.	50m back	A,B,C,D,E
4.	50m breast	A,B,C,D,E
5.	200m free	A,B,C,D,E
6.	200m mix	A,B,C,D,E
7.	4x50m mix	A,B,C,D,E
45 minutes free time/warming up		
Competition (2. part)		
1.	100m free	F,G,H,M,O
2.	100m fly	F,G,H,M,O
3.	100m back	F,G,H,M,O
4.	100m breast	F,G,H,M,O
5.	200m free	F,G,H,M,O
6.	200m mix	F,G,H,M,O
7.	4x50m free	F,G,H,M,O

- The deadline for the receipt of the Application Form (for Serbian teams in Lenex format, Word or Excel for others) is May 2<sup>th</sup>, 2012.
- An entry fee is 3 EUR per discipline (international competitors), or 300 din. per discipline (domestic competitors).

## PRIZES

- Medals for first three competitors in each category
- Material reward to the best male/female swimmer in category (addition of two best results according to the FINA tables)
- The best male and female swimmer for competition (addition of two best results according to the FINA tables) gain cup
- Winning team will gain cup

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