



Plivački klub "Barok" Varaždin

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4. COMPETITION OF "ST. NICHOLAUS"

Swimming club "PK Barok" invites you to attend competition.

Competition will take place on Saturday, December 13th 2014, at indoor swimming pool, 25 m, 8 lanes in Varaždin, Zagrebačka 85, Croatia.

REGULATIONS:

- The competition will be run according to the FINA and HPS (Croatian Swimming Federation) rules.
- Heats will be formed on the basis of the entry results (best heat will swim last).
- Swimmers have no limitations concerning the number of individual events.

CATEGORIES:

MALE:

- A: 2001.
- B: 2002.
- C: 2003/2004.

FEMALE:

- A: 2003.
- B: 2004.
- C: 2005.

TEHNIICAL MEETING at 8.15

PROGRAM

1.PART*

800 m FREE W A,B
100 m FREE M A,B,C
200 m FREE W A,B,C
400 m MEDLEY M A,B
100 m BREAST W A,B,C
100 m BACK M A,B,C
100 m FLY W A,B,C
200 m FLY M A,B
200 m MEDLEY W A,B,C
400 m FREE M A,B,C
200 m BACK W A,B,C
200 m BREAST M A,B,C

2. PART**

800 m FREE M A,B
100 m FREE W A,B,C
200 m FREE M A,B,C
400 m MEDLEY W A,B
100 m BREAST M A,B,C
100 m BACK W A,B,C
100 m FLY M A,B,C
200 m FLY W A,B
200 m MEDLEY M A,B,C
400 m FREE W A,B,C
200 m BACK M A,B,C
200 m BREAST W A,B,C

*Start at 9.00 (warming up at 8.00)

**Start at 15.30

ENTRIES:

- We will accept entries (last name, first name, sex, year of birth and the entry time) until December 10th 2014 by email pkbarok@gmail.com.
- The cancelation will be accepted until December 11th 2014.

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ENTRY FEES:

- 5 EUR for each start.
- Entry fee must be paid before beginning of the competition.

PRIZES:

- The first three swimmers in each event and category will be awarded medals.
- The best female and male swimmer, who will reach the highest sum of points (according to HPS score tables) from two events (each from the different part of competition), will get special award by the organizer.
- The coaches will be rewarded also.