

REGULATIONS

*III International open water swimming championship **commemorating Egor Aleksandrov***

1. Objectives

- *Popularization of healthy life-style and open water swimming as an independent sport discipline*
- *Popularization of open water swimming amongst amateur swimmers and professional athletes*
- *Involve children in regular swimming classes*

2. Dates and venue

Dates: May 31st 2016 - June 04th 2016

Venue: Russian Federation, Krasnodar region, Novorossiysk city, Shirokaya Balka village. (Black Sea coast)



3. Organizing Committee

Parties responsible for general organization:

Department of physical culture and sports in Novorossiysk

Head referee, class 1 referee, Denisenko Oleg and Children's Sport School "Olimpiets" (Olympian)

Chief scorer, class 1 referee, – Chegina Svetlana

Head referee, National referee – Bessonov Vladimir.

4. Competition timetable

Team members:

12 athletes (regardless of gender and date of birth) + 2 coaches

Categories are as follows:

- 1998 – 1999 men and women 3000 m*
- 2000 – 2001 men and women 2000 m*
- 2002 – 2003 men and women 1500 m*
- 2004 – 2005 men and women 1000 m*
- 2006 and younger, men and women 500 m*

VIP – race (friends of Egor Aleksandrov, amateur swimmers) 500 m

Relay: 5 athletes - 500 m

(1 participant from each age group, men and women)

1998-1999+2000-2001+2002-2003+2004-2005+2006 and younger



Tuesday, May 31st 2016 - 20.00 –Team meeting

21.00 – Referee meeting

Wednesday, June 01st 2016 - 09.00 -Registration. *Preparation of participants' signs.*

10.00 –Opening ceremony

10.20 - 500 m –VIP – race (friends of Egor Aleksandrov, amateur swimmers)

- men and women 1998-1999. Open water 3000 m

- men and women 1998-1999. Open water 3000 m

- men and women 2000-2001. Open water 2000 m

- men and women 2000-2001. Open water 2000 m

Victory ceremony, social events.

Thursday, June 02nd 2016 - 09.00 -Registration. *Preparation of participants' signs.*

10.00 - men 2002-2003. Open water 1500 m

- women 2002-2003. Open water 1500 m

- men 2004-2005. Open water 1000 m

- women 2004-2005 z. Open water 1000 m

- men 2006 and younger 500 m

- women 2006 and younger 500 m

Relay: men 1998-1999+2000-2001+2002-2003+2004-2005+2006 and younger. Open water 500 m

women 1998-1999+2000-2001+2002-2003+2004-2005+2006 and younger. Open water 500 m

Victory ceremony, social events.

Friday, June 03rd 2016 – 09.00 - Registration. *Preparation of participants' signs.*

10.00 - 5000 m, qualification

June 04th 2016 – Rest day

June 05th, 06th, 07th – Reserve days



5. Applications

Teams must provide the following:

- Copy of an ID
- Application (standard form)
- Medical application confirming eligibility
- Accident insurance (original)

6. Accommodation

Novorossiysk, Shirokaya Balka village, recreational centre “Goluboy fakel”

Twin and Triple rooms, 50 m from the beach

Rates: accommodation and meals (FB) -1000 rubles a day per person.

If participants decide to stay longer, they must inform Organizing Committee beforehand.

Transfers from/to Novorossiysk, Anapa, Gelendzhik can be arranged.



7. Safety

All athletes and their coaches must observe rules of conduct, sports and social disciplines during the competition.

8. Procedure and terms of applications

Applications are submitted via e-mail to the chief scorer

Chegina Svetlana -+7 989 774 14 30 swim67@mail.ru till May 10th 2016

Corrections may be submitted till May 31st 2016

Accommodation and meals –Aleksandrova Olga +7 918 058 45 51 olga-ads@mail.ru

Participation fee – each start 500 rubles per athlete.

– relay fee 800 rubles per team.

Collected fees will be used for trophies, referee pay, lifeguards.

Denisenko Oleg +7 918-058-35-16.

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The regulation is an official call to the championship.

