

**7th internationales PAMINA nachwuchsschwimmfest
challenge trophy of EU-Kommission
05th and 06th of march 2016 in Bad Bergzabern**

**7ème rencontre internationale PAMINA des jeunes
espoirs de natation
Challenge de la Commission européenne
05 au 06 mars 2016 à Bad Bergzabern**

1st Part: Saturday, 03.05. 2016	opening: 08.30 h
	first start: 09.30 h

Event	1:	200 m medley male	born	01/02
				2:33 / 2:38
	2:	100 m breaststroke female		03/04 1:34 / 1:38
	3:	100 m back male		99/00 1:09 / 1:11
	4:	100 m free female		05/06 1:26 / 1:26
	5:	100 m back male		03/04 1:24 / 1:27
	6:	100 m fly female		01/02 1:21 / 1:25
	7:	100 m breaststroke male		05/06 1:45 / 1:45
	8:	4 x 100 m medley female		99 -2006 5:30
		<i>challenge trophy: Deutsche Olympische Gesellschaft</i>		
	9:	4 x 100 m medley male		99 - 2006 5:00
		<i>challenge trophy: Staatsminister des Inneren und für Sport</i>		

2nd Part: Saturday 03.05.2016	first start: 14.00 h
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Event	10:	100 m free female		99/00
				1:04 / 1:07
	11:	100 m free male		99/00
				0:57 / 0:59
	12:	200 m medley female		03/04
				2:50 / 2:55
	13:	100 m fly male		01/02
				1:15 / 1:17
	14:	100 m breaststroke female		05/06 1:45 / 1:45
	15:	200 m medley male		03/04 2:48 / 2:50
	16:	100 m back female		01/02 1:23 / 1:26
	17:	100 m free male		05/06 1:26 / 1:26
	18:	200 m medley female		99/00 2:43 / 2:45
	19:	4 x 100 m free male		99-2006 4:20
		<i>challenge trophy: Präsident des Sportbundes Rheinland-Pfalz</i>		
	20:	4 x 100 m free female		99- 2006 4:40
		<i>challenge trophy: Bundesminister f Familie, Jugend u. Gesundheit</i>		

3rd Part: Sunday 03.06. 2016	opening: 8.00 h
	first start: 9.00 h

Event	21: 100 m breaststroke female	01/02 1:30 / 1:33
	22: 100 m fly male	03/04 1:27 / 1:35
	23: 100 m free female	03/04 1:13 / 1:16
	24: 100 m breaststroke male	01/02 1:22 / 1:26
	25: 100 m fly female	05/06 1:45 / 1:45
	26: 100 m breaststroke male	99/00 1:14 / 1:17
	27: 100 m back female	99/00 1:18 / 1:20
	28: 100 m back male	05/06 1:43 / 1:43
	29: 200 m medley female	01/02 2:45 / 2:48
	30: 100 m breaststroke male	03/04 1:33 / 1:36
	31: 100 m free male	01/02 1:03 / 1:05

4th Part: Sunday 03.06.2016	first start: 14.00 h
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Event	32: 8 x 50 m free 99 - 2006 (mixed) alternately female/male <i>challenge trophy: Alica und Ilan Rontal ISRAEL</i>	
	33: 100 m fly female	99/00 1:17 / 1:19
	34: 100 m back female	03/04 1:28 / 1:30
	35: 100 m fly male	99/00 1:07 / 1:09
	36: 100 m free female	01/02 1:10 / 1:13
	37: 100 m fly male	05/06 1:45 / 1:45
	38: 100 m back female	05/06 1:43 / 1:43
	39: 100 m free male	03/04 1:10 / 1:14
	40: 100 m breaststroke female	90/00 1:26 / 1:29
	41: 100 m back male	01/02 1:17 / 1:20
	42: 100 m fly female	03/04 1:38 / 1:42
	43: 200 m medley male	99/00 2:26 / 2:29

männlich - male - garçon - hombres - dečki weiblich - female - filles -
mujeres - delice

Freistil - freestyle - stilo libero - nage libre_- libres - - prosto

Brust - breaststroke - rana - brasse - braza - prsno

Rücken - backstroke - dorso - dos - espalda - hrbtno

Schmetter - butterfly - farfalla - papillon - mariposa - delfin

Lagen - medley - stilo mixti - 4 nages - estilos

General Rules:

1. The competition will be organized in accordance with the regulations of the German Swimming Federation. All foreign clubs and nationals, regionals or departmentals selections, whose national Swimming Federation is affiliated to the FINA, have the right of entry.
2. The indoor swimming pool is 25 m long and has six lanes separated by anti wave lane lines. The depth of water is 2.10m to 3.60m and its temperature 27°C. Time keeping by automatic omega electronic system, with full 6 lane display board.
3. There will be only one start for each heat - no false start
4. Each swimmer achieving the time limits has the right to compete. Foreign clubs are requested to indicate on the entries the name, first name, sex, year of birth, event entered for and the best time achieved in a 25 m pool. Please use the enclosed entry form.
5. The **entry closing date** is fixed on **01st February 2016** at:
TV Bad Bergzabern SCHWIMMABTEILUNG
Wallonenstraße 11
D - 76887 Bad Bergzabern/Germany
e-mail : swimming@t-online.de
6. Entry fee: Individual events: 6,00 EURO Relay events: 10,00 EURO
This can be paid in cash in Bad Bergzabern or to
TVBB-Schwimmen account: BIC. SOLADES1SUW IBAN: DE69 5485 0010 0000 109 306.
7. The grouping of swimmers into heats will be based on their individual performances and not on their year of birth. The results of each event will be evaluated separately for each group of swimmers born in the same year.
8. The first three swimmers of each discipline and relay receive medals and the first six receive certificates. Awards to the best swimmers of each age group (LEN table).
9. The winners of the relays receive cups. The cups become permanent property of the team which wins it three times in row or five times with interruptions.
10. The CUP of The EUROPEAN COMMISSION will be awarded to the best team according to the following criteria: 1st 7p, 2nd 5p, 3rd 4p, 6th 1p / relay: 1st 14p, 2nd 10p, 3rd 8p....
11. For foreign teams: full board accommodations will be given to 10 participants (only swimmers) for 4 days (arrival: 03.04 departure: 03.07) **which will give their confirmation until 1st of January 2016.**
The swimmers will be housed by host-families of our club.
For overseas teams: the organizing committee will arrange the transfer from and to the air-port (Frankfurt).
12. All adult members of the participating clubs are cordially invited to attend a party on Saturday night. Please indicate the number of persons that will be attending when submitting the entry forms.
The swimmers are invited to attend our Fare-Well-Disco after the meeting on Sunday afternoon.