



CITY OF SWIM-TO

TURIN TROPHY

GREAT SWIMMING UNDER "LA MOLE"

PALANUOTO - Via Filadelfia 89 - TURIN & **SISPORT** - Via Oliviero Bruno 40 - TURIN
 — Heats and finals in every event and 116 meet records to be broken —



Centro Nuoto Torino in cooperation with the Italian Swimming Federation local committee of Piedmont and Aosta Valley and with logistic contribution of Sisport s.p.a. put on the 2016 edition of the SWIM-TO - "City of Turin Trophy" in the date of 2nd , 3rd, and 4th December 2016.

The main venue of the meeting will be the Palanuoto placed in Filadelfia street 89, but, in order to speed up the heats, Saturday and Sunday morning sessions (men and women in alternation) will take place also in the nearby "Umberto Usmiani" Sisport swimming pool (1km, 4 minutes by car) placed in Olivero street 40. Both swimming pools have eight lanes, "new generation" track-start blocks and a warm-up and swimming down additional pool available during the competitions. A shuttle between the two venues will be available for coaches and swimmers every 30 minutes.

AGE GROUP CATEGORIES

MALE	YOUTH (YM) (RAGAZZI)	JUNIOR (J) (JUNIORES)	SENIOR (S) (CADETTI+SENIORES)
	2003-2002-2001	2000-1999	1998 and older
14-15-16	17-18	19 and older	
FEMALE	YOUTH (YF) (RAGAZZI)	JUNIOR (J) (JUNIORES)	SENIOR (S) (CADETTI+SENIORES)
	2004-2003	2002-2001	2000 and older
13-14	15-16	17 and older	

Useful links

MAIL: swimto2016@gmail.com

WEB: www.centronuototorino.com - SEZIONE SWIM-TO 2016

FIN PIEMONTE: www.federnuoto.piemonte.it

FB: www.facebook.com/SWIMTO

INSTAGRAM - www.instagram.com/swim__to/

**FORMAT
DESCRIPTION OF THE EVENT**

Friday 2nd December pm				Friday 2nd December pm				
SPRINT SHOW Heats - 25m Pool				SPRINT SHOW Finals - 25m Pool				
PALANUOTO				PALANUOTO				
WOMEN AND MEN				WOMEN AND MEN				
		WARM UP	14.00	Age-Group Finals after qualification heats				
		START	14.45		Y	J	S	
50 FLY	Unified categories with seeded swimmers	50 FLY	A	A	A			
50 BACK	Unified categories with seeded swimmers	50 BACK	A	A	A			
50 BREAST	Unified categories with seeded swimmers	50 BREAST	A	A	A			
50 FREE	Unified categories with seeded swimmers	50 FREE	A	A	A			
				4X50 MIXED FREESTYLE - no age group limits (entry during competition before the end of 50 breast)				
Saturday 3rd December am				Saturday 3rd December pm				
Heats - 25m Pool				SHOW Finals - 50m Pool				
SISPORT		PALANUOTO		PALANUOTO				
WOMEN		MEN		WOMEN AND MEN				
WARM UP	8.00	WARM UP	8.00			WARM UP	14.45	
START	8.45	START	8.45			START	15.30	
					YF	YM	J	S
400 MEDLEY	Age Group Series	400 MEDLEY	A	A	A	A	A	
100 FLY	Unified categories with seeded swimmers	100 FLY	A-B-C	A-B-C	A-B	A-B		
200 BACK	Unified categories with seeded swimmers	800 FREE W	Best 8 official entry times					
100 BREAST	Unified categories with seeded swimmers	1500 FREE M	Best 8 official entry times					
200 FREE	Unified categories with seeded swimmers	200 BACK	A	A-B	A	A		
		100 BREAST	A-B-C	A-B-C	A-B	A-B		
		200 FREE	A-B	A-B	A-B	A		
Sunday 4th December am				Sunday 4th December pm				
Heats - 25m Pool				SHOW Finals - 50m Pool				
SISPORT		PALANUOTO		PALANUOTO				
WOMEN		MEN		WOMEN AND MEN				
WARM UP	8.00	WARM UP	8.00			WARM UP	14.30	
START	8.45	START	8.45			START	15.15	
					YF	YM	J	S
400 FREE	Age Group Series	400 FREE	A	A	A	A		
200 FLY	Unified categories with seeded swimmers	200 FLY	A	A-B	A	A		
100 BACK	Unified categories with seeded swimmers	100 BACK	A-B-C	A-B-C	A-B	A-B		
200 BREAST	Unified categories with seeded swimmers	200 BREAST	A	A-B	A	A		
100 FREE	Unified categories with seeded swimmers	100 FREE	A-B-C	A-B-C	A-B	A-B		
200 MEDLEY	Unified categories with seeded swimmers	200 MEDLEY	A	A-B	A	A		
PALANUOTO - Via Filadelfia 89 - TURIN				SISPORT - Via Oliviero Bruno 40 - TURIN				

REGULATIONS

For every aspect not considered for in the meet regulations will be applied the rules and regulations of Italian Swimming Federation.

Qualification Heats. The heats of 50-100-200 metres events will be swum with unified categories and the composition of the seed will be based on the first 24 entry times.
The heats of 400m events will be swum with age-group categories, with the first 8 entry times in the fastest heat.

Finals. The finals will be take place with the first eight swimmer of each category (A-Final). An additional B-Final (9th-16th heats times of each category) and an additional C-Final (17th-24th heats times of each category) will take place according to the schedule tables above.

Restrictions: All 200m and 400m events are subjeti to entry limitation according to the table below. Will be accepted only entries with official times that have to be swum within a period of 12 months before the opening of the entries. The organization of the meeting have the authority to admit for every event a larger number of entries according to the projected lenght of the morning sessions.

MEN	YOUTH	YOUTH	JUNIORES	SENIOR	WOMEN	YOUTH	JUNIORES	SENIOR
	2003	2002 2001	2000 1999	1998 and older		2004 2003	2002 2001	2000 and older
200 FLY	16	32	32	24	200 FLY	32	32	24
200 BACK	16	32	32	24	200 BACK	32	32	24
200 BREAST	8	24	16	16	200 BREAST	24	16	16
200 MEDLEY	16	32	32	24	200 MEDLEY	32	32	24
200 FREE	24	40	40	24	200 FREE	40	40	24
400 MEDLEY	16		16	16	400 MEDLEY	16	16	16
400 FREE	16		16	16	400 FREE	16	16	16

Athletes not admitted in some events could be successively admitted in alternative events after the publication of the entry list. The alternative event should be communicated by e-mail to the organizers.

SCORE: For every final will be assigned 9 point to the first place, 7 to the second, 6 to the third and so forth. No points will be assigned to the mixed freestyle relay.

Awards, special awards, and gifts.

First three classified of every final will be awarded with a medal and swimming equipment. First classified male of year 2003 will be awarded individually in the case he will not be classified within 3rd place in the final. The City of Turin Trophy, valued 800€, will be awarded - for the period of a year - to the first classified team, which will earn a 30% discount on the entry fee for next edition of the Trophy. The Trophy will be definitively awarded to the team three time winner, even if not in succession. If the home team would be first classified, the discount will be given to the team second classified.

Special Award "Andrea Vergnano"

The best female and male performance will be awarded with a 200€ bill. The winners should have raced at least during two days of the meet.

Special Award "Best Performance Boys and Juniors".

The technical sponsor will award with a 80€ voucher the best male and female juniors performance and with a 50€ voucher the best boys and girls performance. The winners should have raced at least during two days of the meet.

Special Award "King and Queen of Swim-To"

Every swimmer will break a meet record will be awarded (25 or 50 metres pool) will be awarded with the official SWIM-TO T-Shirt. Up to date record table is currently available on our website.

Special Award "In-between sprint".

In every 100m A-Final and for every category will be awarded the swimmer with the best first 50m split.

Special Award " Best Representing Team"

The best classified representing team (a team formed by swimmers belonging to different clubs) will be awarded with a trophy.

Special Award "4x50 mixed freestyle relay"

A jackpot formed by 80% of the relays fee will be assigned to the first three classified in this ratio: 40% to the first relay, 30% to the second and 10% to the third.

Gifts: Teams will be gifted with a parcel of products offered by La Mole and Orazio companies in the measure of one parcel every 180 entries.

ENTRIES

For foreign clubs, registration must be made sending a mail to swimto2016@gmail.com

Entries management and checking: Mr. Palumbo pinopalumbo1974@gmail.com

ENTRY - FEE	50-100 events	200 events	400/800/1500 events
Until 11 november	7 euro each	7,50 euro each	8 euro each
After 12 november	8 euro each	8,50 euro each	9 euro each

Entries during the meet (if available) 12€ each

The registration of the mixed freestay relay will be accepted only during the meet, filling in and handing out the form before the end of the heats of 50m breaststroke. Payment of 15€ by cash. 80% of the jackpot will be assigned to the first three relays in this way: 40% the first classified, 30% the second, 20% the third.

PAYMENT METHOD

- Bank Transfer to : Centro Nuoto Torino IBAN IT 21 Z 02008 01145 000101403239 Banco Unicredit.
Description of payment : Trofeo 2016 and name of the Team.
Send a copy to swimto2016@gmail.com
- Bill/Cash

HOTEL-TO * Official SWIM-TO HOTEL**

Strada Sesta 1, Loc. Interporto Sito Sud - Rivalta Di Torino -

Mail: info@hotelto.it - Tel: +39 011 3981600

BB: 25,00 euro - HB: 35,00 euro - FB: 42,00 euro - **No CITY TAX.**

HOTEL CAIRO * Official SWIM-TO HOTEL**

Via La Loggia 6 – Torino – tel. +39 011/3171555 -

paola.masci@hotelcairo.it

BB: 29,00 euro- HB: 43,00 euro - FB: 55,00 euro

