

**8th internationales PAMINA nachwuchsschwimmfest
challenge trophy of EU-Kommission
16th and 17th of march 2019 in Bad Bergzabern**

**8ème rencontre internationale PAMINA des jeunes
espoirs de natation
Challenge de la Commission européenne
16 au 17 mars 2019 à Bad Bergzabern**

1st Part: Saturday, 03.16. 2019	opening: 08.30 h
	first start: 09.30 h

Event	1:	200 m medley male	born	05/06	2:33 / 2:38
	2:	100 m breaststroke female		06/07	1:34 / 1:38
	3:	100 m back male		02/03	1:09 / 1:11
	4:	100 m free female		08/09	1:26 / 1:26
	5:	100 m back male		06/07	1:24 / 1:27
	6:	100 m fly female		04/05	1:21 / 1:25
	7:	100 m breaststroke male		08/09	1:45 / 1:45
	8:	4 x 100 m medley female		02- 09	5:30
		<i>challenge trophy: Deutsche Olympische Gesellschaft</i>			
	9:	4 x 100 m medley male		02 - 09	5:00
		<i>challenge trophy: Staatsminister des Inneren und für Sport</i>			

2nd Part: Saturday 03.16.2019	first start: 14.00 h
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Event	10:	100 m free female		02/03	1:04 / 1:07
	11:	100 m free male		02/03	0:57 / 0:59
	12:	200 m medley female		06/07	2:50 / 2:55
	13:	100 m fly male		04/05	1:15 / 1:17
	14:	100 m breaststroke female		08/09	1:45 / 1:45
	15:	200 m medley male		06/07	2:48 / 2:50
	16:	100 m back female		04/05	1:23 / 1:26
	17:	100 m free male		08/09	1:26 / 1:26
	18:	200 m medley female		02/03	2:43 / 2:45
	19:	4 x 100 m free male		02-09	4:20
		<i>challenge trophy: Präsident des Sportbundes Rheinland-Pfalz</i>			
	20:	4 x 100 m free female		02 - 09	4:40
		<i>challenge trophy: Bundesminister f Familie, Jugend u. Gesundheit</i>			

3rd Part: Sunday 03.17. 2019**opening: 8.00 h****first start: 9.00 h**

Event	21:	100 m breaststroke female	04/05	1:30 / 1:33
	22:	100 m fly male	06/07	1:27 / 1:35
	23:	100 m free female	06/07	1:13 / 1:16
	24:	100 m breaststroke male	04/05	1:22 / 1:26
	25:	100 m fly female	08/09	1:45 / 1:45
	26:	100 m breaststroke male	02/03	1:14 / 1:17
	27:	100 m back female	02/03	1:18 / 1:20
	28:	100 m back male	08/09	1:43 / 1:43
	29:	200 m medley female	04/05	2:45 / 2:48
	30:	100 m breaststroke male	06/07	1:33 / 1:36
	31:	100 m free male	04/05	1:03 / 1:05

4th Part: Sunday 03.17.2019**first start: 14.00 h**

Event	32:	8 x 50 m free 02 - 09 (mixed) alternately female/male <i>challenge trophy: Alica und Ilan Rontal ISRAEL</i>		
	33:	100 m fly female	02/03	1:17 / 1:19
	34:	100 m back female	06/07	1:28 / 1:30
	35:	100 m fly male	02/03	1:07 / 1:09
	36:	100 m free female	04/05	1:10 / 1:13
	37:	100 m fly male	08/09	1:45 / 1:45
	38:	100 m back female	08/09	1:43 / 1:43
	39:	100 m free male	06/07	1:10 / 1:14
	40:	100 m breaststroke female	02/03	1:26 / 1:29
	41:	100 m back male	04/05	1:17 / 1:20
	42:	100 m fly female	06/07	1:38 / 1:42
	43:	200 m medley male	02/03	2:26 / 2:29

männlich - male - garçon - hombres - dečki weiblich - female - filles -
mujeres - delice

Freistil - freestyle - stilo libero - nage libre_- libres - - prosto

Brust - breaststroke - rana - brasse - braza - prsno

Rücken - backstroke - dorso - dos - espalda - hrbtno

Schmetter - butterfly - farfalla - papillon - mariposa - delfin

Lagen - medley - stilo mixti - 4 nages - estilos

General Rules:

1. The competition will be organized in accordance with the regulations of the German Swimming Federation. All foreign clubs and nationals, regionals or departmentals selections, whose national Swimming Federation is affiliated to the FINA, have the right of entry.
2. The indoor swimming pool is 25 m long and has six lanes separated by anti wave lane lines. The depth of water is 2.10m to 3.60m and its temperature 27°C. Time keeping by automatic omega electronic system, with full 6 lane display board.
3. There will be only one start for each heat - no false start
4. Each swimmer achieving the time limits has the right to compete. Foreign clubs are requested to indicate on the entries the name, first name, sex, year of birth, event entered for and the best time achieved in a 25 m pool. Please use the enclosed entry file (lenex or dsv 6).
5. The **entry closing date** is fixed on **15th February 2019** at:
TV Bad Bergzabern SCHWIMMABTEILUNG
Wallonenstraße 11
D - 76887 Bad Bergzabern/Germany
e-mail : swimming@t-online.de
6. Entry fee: Individual events: 6,00 EURO Relay events: 10,00 EURO
This can be paid in cash in Bad Bergzabern or to
TVBB-Schwimmen account: BIC. SOLADES1SUW IBAN: DE69 5485 0010 0000 109 306.
7. The grouping of swimmers into heats will be based on their individual performances and not on their year of birth. The results of each event will be evaluated separately for each group of swimmers born in the same year.
8. The first three swimmers of each discipline and relay receive medals and the first six receive certificates. Awards to the best swimmers of each age group (LEN table).
9. The winners of the relays receive cups. The cups become permanent property of the team which wins it three times in row or five times with interruptions.
10. The CUP of The EUROPEAN COMMISSION will be awarded to the best team according to the following criteria: 1st 7p, 2nd 5p, 3rd 4p, 6th 1p / relay: 1st 14p, 2nd 10p, 3rd 8p....
11. For foreign teams: full board accommodations will be given to 10 participants (only swimmers) for 4 days (arrival: 03.15 departure: 03.18) **which will give their confirmation until 1st of January 2019.**
The swimmers will be housed by host-families of our club.
For overseas teams: the organizing committee will arrange the transfer from and to the air-port (Frankfurt).
12. All adult members of the participating clubs are cordially invited to attend a party on Saturday night. Please indicate the number of persons that will be attending when submitting the entry forms.
The swimmers are invited to attend our Fare-Well-Disco after the meeting on Sunday afternoon.

R E P L Y
F O R M

Please return this form very soon to:

TV Bad Bergzabern SCHWIMMABTEILUNG
Klaus Janson
Wallonenstraße 11
D - 76887 Bad Bergzabern/Germany
Phon: 06343 - 1683
e-mail : swimming@t-online.de

NAME of
Club/Association:.....
Name des Vereins/Verbandes

NAME of Contact Person:.....

Postal
Zip-
Code.....Town:.....Country.....

Phon.:..... email:.....

Approximate number of deligation:..... davon /there of
Stärke der Mannnschaft
Jungen / Boys
Mädchen / Girls
Trainer/Coaches (male/female)/.....
Mannschaftsführer/Leader/.....

Is there insurance cover for medical treatment in Germany ? yes no
Besteht Versicherungsschutz für medizinische Versorgung?

Date of arrival(Ankunft):..... by/mit: Car/Auto Train/Bahn
Plane/Flugzeug

Date of departure(Abreise).....

.....
(signature)

Preliminary application would be appreciated **as soon as possible**