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KRANJ



MM
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Event FINA and LEN Calendar

INTERNATIONAL SWIMMING MEET PENGUIN '19 SLOVENIA - Kranj

09. - 10. MARCH 2018

FINA "A" and "B" Swimming Qualifying Standard Times for
Olympic Games 2020 – Tokyo / Japan

Qualifying competition at:

- Olympic Games 2020 – Tokyo / Japan
- World Championships 2019 – Gwangju / South Korea
- World Junior Championships 2019 – Budapest / Hungary
- Summer World Universiade 2019 – Napoli / Italy
- European Junior Championships 2019 – Kazan / Russia
- European Youth Olympic Festival 2019 – Baku / Azerbaijan

We are looking forward to meeting you!

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Organizer of the competition:

PLAVALNI KLUB KRANJ

Trg Rivoli 3

4000 Kranj, Slovenija

T: +386 (0)40 467 853 in +386 (0)40 467 854

e-mail: pk.kranj@gmail.com

web: www.pk-kranj.si



Place of competition:

Name: In-door Olympic pool Kranj,

Address: Partizanska cesta 39, 4000 Kranj, Slovenija

Technical data:

Swimming pool 50m, 10 lanes, depth 2.2m, temperature 26.5°C

Timing:

"Omega Electronic" PZS Timing

Age categories:

CAT.	Male	Female
A	2000 and older	2001 and older
B	2001 - 2002	2002 - 2003
C	2003 - 2004	2004 - 2005

Competition regulations:

Championship will be held according to PZS, LEN and FINA regulations.



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Competition Program:

Heats	Final
Warm up: 8.00	Warm up: 16.00
Competition: 9.00	Competition: 17.00

1. day - Saturday

Discipl.	Stile	Heats	Final
50 m	breaststroke	A,B,C	A Final (A/B/C kat.) B Final (B/C kat.) C Final (C kat.)
50 m	freestyle	A,B,C	
100 m	backstroke	A,B,C	
200 m	freestyle	A,B,C	
100 m	butterfly	A,B,C	
200 m	breaststroke	A,B,C	
200 m	medley	A,B,C	
4x100m	free relay (Male); (Female)		(open) 1 group
1500 m	freestyle (Male)	(open)	(open) faster group 1 group
800 m	freestyle (Female)	(open)	(open) faster group 1 group

2. day - Sunday

Heats	Final
Warm up: 8.00	Warm up: 16.00
Competition: 9.00	Competition: 17.00

Discipl.	Stile	Heats	Final
50 m	butterfly	A,B,C	A Final (A/B/C kat.) B Final (B/C kat.) C Final (C kat.)
50 m	backstroke	A,B,C	
400 m	freestyle	A,B,C	
200 m	butterfly	A,B,C	
100 m	breaststroke	A,B,C	
200 m	backstroke	A,B,C	
100 m	freestyle	A,B,C	
400 m	medley	(open)	(open) faster group 1 group
4x100m	medley relay (Male); (Female)		(open) 1 group



Entry Fee:

5 EUR per individual start

The entry fees can be paid only at the administration office before the beginning of the competition.

Entries:

Entries until **Wednesday 6th March 2019** to the address or email (preferred LENEX file).

Cancellations:

Until **Thursday 7th March 2019** until 8.00 p.m.

Competition system:

The championship itself includes the qualifying rounds in the morning and finals in the afternoon.

In the afternoon finals will compete in **A final (cat. A / B / C)** , **B final (cat. B / C)** and **C final (cat. C)**. The final performances will be performed twenty-four (24) fastest swimmers from the heats. The eight (8) best competitors of Absolute Category **A / B / C** in the preliminary rounds will compete in the afternoon **A** finals , the other eight (8) competitors Category **B / C**, will compete in **B** finals and last eight (8) swimmers of Category **C** will compete in afternoon **C** finals .

The exceptions are: the 800 m/1500 m freestyle and 400 m individual medley, where the competitors will be grouped according to the submitted time results. The last group - faster group (of the above mentioned events will, however, compete in the afternoon (final) part of the competition. In the afternoon finals in relays (Absolute category) will swim only eight (8) fastest teams, according submitted time results.

Prizes:

The best three competitors in the afternoon (final) category of A, B and C in each event shall be awarded with medals, except in the events (800 m / 1500 m free style and 400 m medley) which are valid only for the open class.

Best female and male competitors in category A, B and C , who will by FINA Score tables gain the highest sum of points in four (4) best results in both days, will be awarded. First three relay teams will be awarded with medals.

Information:

All other informations, please write to pk.kranj@gmail.com

Participants on MM Penguin (2013 – 2018) 24 Nations.



We are looking forward to meeting you!

Accommodations:



The Hotel Marinšek Naklo is located near the main Slovenian traffic road (Exit 7 or Exit 8), only 5 kilometres north-west of the picturesque city of Kranj and 12 kilometres from the Jože Pučnik Ljubljana Airport. Our hotel is known as an excellent starting point for visits of the capital city and other tourist pearls of Slovenia, such as Bled, Bohinj and Kranjska Gora.

Our guests may choose between 61 modern furnished rooms of different type that are located in a quiet rural area. The Hotel Marinšek offers its guests various extra services, such as: relaxation in wellness oasis, workout in fitness or an entertaining game of bowling and billiards. Guests can also dine in our restaurant, where they will have a chance to taste the traditional home and international dishes and dishes from the wood-fired oven.

The Hotel Marinšek is an excellent starting point for the various sports activities (mountain climbing, alpine skiing, cycling ...) and sightseeing of natural and cultural heritage. Furthermore, it is also suitable for business travellers, families and those who wish to take a short one-day break after a longer period of driving.

ROOMS

Hotel Marinšek offers 61 rooms of different types, which provide everything you need to feel comfortable and enjoy a peaceful and carefree stay. We offer single and double rooms, as well as rooms with three or four beds and two very comfortable hotel suites. All rooms are air-conditioned and have:

- Bathrooms with showers
- Cable TV with an LCD screen
- Direct landline
- Mini bar
- Wireless internet access
- Most rooms have their own balcony

The prices for fullboard Accomodation at Hotel Marinšek, Naklo:

- person /Room, one bed: 50,40 € / day
- person /Room, two bed: 41,65 € / day
- 1.15 (tur. Tax and insurance.)