



4. VELIKA NAGRADA SLOVENIJE MEDNARODNI PLAVALNI MITING PINGVINČEK '20

7. - 8. MAREC 2020

FINA "A" and "B" Swimming Qualifying Standard Times for
Olympic Games 2020 – Tokyo / Japan

We are looking forward to meeting you!



Organizator tekmovanja / Organizer of the competition:

PLAVALNI KLUB KRANJ

Trg Rivoli 3

4000 Kranj, Slovenija

T: +386 (0)40 467 853 in +386 (0)40 467 854

e-mail: pk.kranj@gmail.com

web: www.pk-kranj.si



Kraj / Place of competition:

Naziv / Name: Pokriti olimpijski bazen Kranj / In-door Olympic pool Kranj,

Naslov / Address: Partizanska cesta 39, 4000 Kranj, Slovenija

Tehnični podatki / Technical data:

Olimpijski bazen, 50m, 10 prog, globina bazena 2,2m temperatura vode 26,5°C/
Swimming pool 50m, 10 lanes, depth 2.2m, temperature 26.5°C

Merjenje / Timing:

Elektronsko, Timing LJUBLJANA / "Omega Electronic" Timing LJUBLJANA

Starostne kategorije / Age categories:

CAT.	Moški / Male	Ženske / Female
A	(ABSOLUTNO/OPEN)	(ABSOLUTNO/OPEN)
B	2002 - 2003	2003 - 2004
C	2004 - 2007	2005 - 2008

Pravila tekmovanja / Competition regulations:

Tekmovanje bo potekalo v skladu s pravili Plavalne zveze Slovenije, ki so usklajeni s pravili evropske (LEN) in svetovne plavalne zveze (FINA). / Championship will be held according to PZS, LEN and FINA regulations.



We are looking forward to meeting you!



Program tekmovanja / Competition Program:

Predtekmovanje / Heats	Finale / Final
Ogrevanje / Warm up: 8.00	Ogrevanje / Warm up: 16.00
Tekmovanje / Competition: 9.00	Tekmovanje / Competition: 17.00

1. dan / day - sobota / Saturday

Discipl.	Stil / Stile	Predtek. / Heats	Finale / Final
50 m	prsno / breaststroke	A,B,C	A Finale / Final B Finale / Final (absolutno/open)
50 m	prosto / freestyle	A,B,C	
100 m	hrbno / backstroke	A,B,C	
200 m	prosto / freestyle	A,B,C	
100 m	delfin / butterfly	A,B,C	
200 m	prsno / breaststroke	A,B,C	
200 m	mešano / medley	A,B,C	
4x100m	prosto štafeta / free relay (Moški / Male); (Ženske / Female)		(absolutno/open) 1 skupina /group
1500 m	prosto / freestyle (Moški / Male)	(absolutno/open)	(absolutno/open) hitrejša sk. / faster group 1 skupina /group
800 m	prosto / freestyle (Ženske / Female)	(absolutno/open)	(absolutno/open) hitrejša sk. / faster group 1 skupina /group

2. dan / day - nedelja / Sunday

Predtekmovanje / Heats	Finale / Final
Ogrevanje / Warm up: 8.00	Ogrevanje / Warm up: 16.00
Tekmovanje / Competition: 9.00	Tekmovanje / Competition: 17.00

Discipl.	Stil / Stile	Predtek. / Heats	Finale / Final
50 m	delfin / butterfly	A,B,C	A Finale / Final B Finale / Final (absolutno/open)
50 m	hrbno / backstroke	A,B,C	
400 m	prosto / freestyle	A,B,C	
200 m	delfin / butterfly	A,B,C	
100 m	prsno / breaststroke	A,B,C	
200 m	hrbno / backstroke	A,B,C	
100 m	prosto / freestyle	A,B,C	
400 m	mešano / medley	(absolutno/open)	(absolutno/open) hitrejša sk. / faster group 1 skupina /group
4x100m	Mešano štafeta / medley relay (Moški / Male); (Ženske / Female)		(absolutno/open) 1 skupina /group

We are looking forward to meeting you!



Štartnina / Entry Fee:

5 EUR na štart / 5 EUR per individual start

Klubi / društva morajo štartnino poravnati pred pričetkom tekmovanja ali na TRR društva (SLO klubi). Štartnina se plača za vse, ki so navedeni v štartni listi in niso odjavljeni do navedenega datuma odjav. / The entry fees can be paid only at the administration office before the beginning of the competition.

Prijave / Entries:

Prijave SLO klubov on-line na PZSana do **srede, 04.03.2020/**

Entries until **Wednesday 4th March 2020** to the address or email (preferred LENEX file).

Odjave / Cancellations:

Do **četrtka, 05. 03. 2020 do 20⁰⁰ / Until Thursday 5th March 2020 until 8.00 p.m.**

Sistem tekmovanja:

Tekmovanje bo potekalo v dopoldanskem (predtekmovalnem) in popoldanskem delu s finali. Izvedejo se ABSOLUTNA **A** in **B** finala; v finalnih nastopih bodo nastopili plavalci v absolutni kategoriji šestnajst (16) najhitrejših. V finalu **A** bo nastopilo osem (8) najhitrejših tekmovalcev iz dopoldanskega predtekmovanja. V **B** finale pa drugih 8 najhitrejših, torej od 9. - 16. mesta.

Izjemi sta disciplini 800 m / 1500 m prosto ter 400 m mešano, kjer bodo tekmovalci razvrščeni v skupine po prijavljenih časih, zadnja - najhitrejša skupina bo nastopila v popoldanskem finalnem delu tekmovanja. Organizator si pridržuje pravico, da v primeru prevelikega števila prijavljenih tekmovalcev v disciplinah 800 m / 1500 m prosto in 400 m mešano omeji nastop na 16 najhitrejših po prijavljenih časih.

Štafete: v popoldanskem finalu bo nastopilo 8 najhitrejših ekip po prijavljenih časih.

Competition system:

The championship itself includes the qualifying rounds in the morning and finals in the afternoon. In the afternoon finals will compete in Absolute Category (Open) **A** and **B** final. The final performances will be performed sixteen (16) fastest swimmers in the Absolute Category. The eight (8) best competitors of Absolute Category in the preliminary rounds will compete in the afternoon **A** finals and the other eight (8) competitors, will compete in **B** finals so from 9th to 16th place.

The exceptions are: the 800 m / 1500 m freestyle and 400 m individual medley, where the competitors will be grouped according to the submitted time results (best 16). The last group of the above mentioned events will, however, compete in the afternoon (final) part of the competition.

In the afternoon finals in relays (Absolute category) will swim only eight (8) fastest teams, according submitted time results.

We are looking forward to meeting you!



Nagrade:

Najboljši trije iz kategorije B in C v vsaki disciplini (z ozirom na dosežene rezultate v dopoldanskem predtekmovanju) bodo nagrajeni z medaljami. Izjeme so discipline 800 m / 1500 m prosto ter 400 m mešano, kjer se bodo podelile zgolj medalje v absolutni kategoriji.

Najboljši trije v popoldanskem absolutnem finalu bodo v vsaki disciplini nagrajeni z medaljami.

Plavalka in plavalec kategorije A, B in C z najvišjim seštevkom FINA točk iz štirih (4) disciplin (v dveh dneh), bodo nagrajeni s pokali.

Prve tri štafete prejmejo medalje.

Prizes:

The best three competitors from category of B and C in each event (with regards to the preliminary competition results) shall be awarded with medals, except in the events (800 m / 1500 m free style and 400 m medley) which are valid only for the open class. The best three competitors in an open class in the afternoon (final) part of the competition will be awarded with the medals in each event.

Best female and male competitors in category A, B and C who will by FINA Score tables gain the highest sum of points in four (4) best results in both days, will be awarded.

First three relay teams will be awarded with medals.

Informacije / Information:

Meet-schedule and more details: www.pk-kranj.si

All other informations, please write to pk.kranj@gmail.com