

I FEEL
SLOVENIA



**PLAVALNI KLUB
KRANJ**

**MM
PINGVINČEK
KRANJ SLOVENIJA**

Event FINA and LEN Calendar

**INTERNATIONAL SWIMMING MEET
PENGUIN '20 SLOVENIA - Kranj**
7. - 8. MARCH 2020

**FINA "A" and "B" Swimming Qualifying Standard Times for
Olympic Games 2020 – Tokyo / Japan**

Participants on MM Penguin (2013 – 2019) 31 Nations.



We are looking forward to meeting you!

Organizer of the competition:

PLAVALNI KLUB KRANJ

Trg Rivoli 3
4000 Kranj, Slovenija
T: +386 (0)40 467 853
e-mail: pk.kranj@gmail.com
web: www.pk-kranj.si

Place of competition:

Name: In-door Olympic pool Kranj,

Address: Partizanska cesta 39, 4000 Kranj, Slovenija

Technical data:

Swimming pool 50m, 10 lanes, depth 2.2m, temperature 26.5°C

Timing:

"Omega Electronic" Timing LJUBLJANA

Age categories:

CAT.	Male	Female
A	ABSOLUTE / OPEN	ABSOLUTE / OPEN
B	2002 - 2003	2003 - 2004
C	2004 - 2007	2005 - 2008

Competition regulations:

Championship will be held according to PZS, LEN and FINA regulations.



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Competition Program:

Heats	Final
Warm up: 8.00	Warm up: 16.00
Competition: 9.00	Competition: 17.00

1. day - Saturday

Discipl.	Stile	Heats	Final
50 m	breaststroke	A,B,C,D	A Final B Final (open)
50 m	freestyle	A,B,C,D	
100 m	backstroke	A,B,C,D	
200 m	freestyle	A,B,C,D	
100 m	butterfly	A,B,C,D	
200 m	breaststroke	A,B,C,D	
200 m	medley	A,B,C,D	
4x100m	free relay (Male); (Female)		(open) 1 group
1500 m	freestyle (Male)	(open) slower group 1 group	(open) faster group 1 group
800 m	freestyle (Female)	(open) slower group 1 group	(open) faster group 1 group

2. day - Sunday

Heats	Final
Warm up: 8.00	Warm up: 16.00
Competition: 9.00	Competition: 17.00

Discipl.	Stile	Heats	Final
50 m	butterfly	A,B,C,D	A Final B Final (absolutno/open)
50 m	backstroke	A,B,C,D	
400 m	freestyle	A,B,C,D	
200 m	butterfly	A,B,C	
100 m	breaststroke	A,B,C,D	
200 m	backstroke	A,B,C,D	
100 m	freestyle	A,B,C,D	
400 m	medley	(open) slower group	(open) faster group 1 group
4x100m	medley relay (Male); (Female)		(open) 1 group

* The organizer reserves the right to change the schedule.

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Entry Fee:

5 EUR per individual start

The entry fees can be paid only at the administration office before the beginning of the competition.

Entries:

Entries until **Wednesday 4th March 2020** to the address or email (preferred LENEX file).

Cancellations:

Until Thursday **5th March 2020** until 8.00 p.m.

Competition system:

The championship itself includes the qualifying rounds in the morning and finals in the afternoon. In the afternoon finals will compete in Absolute Category (Open) A and B final. The final performances will be performed sixteen (16) fastest swimmers in the Absolute Category. The eight (8) best competitors of Absolute Category in the preliminary rounds will compete in the afternoon A finals and the other eight (8) competitors, will compete in B finals so from 9th to 16th place.

The exceptions are: the 800 m / 1500 m freestyle and 400 m individual medley, where the competitors will be grouped according to the submitted time results (best 16). The last group of the above mentioned events will, however, compete in the afternoon (final) part of the competition.

In the afternoon finals in relays (Absolute category) will swim only eight (8) fastest teams, according submitted time results.

Prizes:

The best three competitors from category of B and C in each event (with regards to the preliminary competition results) shall be awarded with medals, except in the events (800 m / 1500 m free style and 400 m medley) which are valid only for the open class. The best three competitors in an open class in the afternoon (final) part of the competition will be awarded with the medals in each event.

Best female and male competitors in category A, B and C who will by FINA Score tables gain the highest sum of points in four (4) best results in both days, will be awarded.

First three relay teams will be awarded with medals.

Information:

Meet-schedule and more details: www.pk-kranj.si

All other informations, please write to pk.kranj@gmail.com

CONTACT DETAILS OF THE ORGANISING COMMITTEE

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Trg Rivoli 3

4000 Kranj, Slovenija

T: +386 (0)40 467 853 (Samo)

e-mail: pk.kranj@gmail.com

web: www.pk-kranj.si



Welcome to Kranj, the centre of sports competitions

Here is some useful information for competitors at sporting events and their fans who visit us here. We prepared some ideas on how to spend your free time exploring the historic town.

- κ **Transport:** How to get to and find your way around Kranj? You can find all the necessary information at [this link](#).
- κ **Accommodation:** Book your room [here](#).
- κ **Food:** [Taste](#) the local delicacies!
- κ **Tourist information:** Visit the [Kranjska Hiša](#) on Glavni Square in the middle of the historic town centre.
- κ **Guided tours:** [Join us](#) on our walks from one sight of Kranj to another or check the trips and other tours of the surroundings.
- κ **Brochures:** [Check out](#) and download our tourist brochures.
- κ Kranj is the home of [nature and sports](#)!
- κ Contact us:
e-mail: info@visitkranj.si
Web: visitkranj.com
Facebook: [visitkranj](https://www.facebook.com/visitkranj)

Instagram: [@vistikranj](https://www.instagram.com/vistikranj)

Participants on MM Penguin (2013 – 2017) 23 Nations.

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