



LEN
OPEN WATER CUP

INFORMATION BULLETIN



LEG 5 - 10KM

VELES (MKD)

Sunday, September 3rd 2023



LEN Official Sponsors



LOC Partners



Општина Велес
Municipality of Veles



National Swimming Federation of North
Macedonia



To: ALL LEN MEMBERS FEDERATIONS

Dear open water family,

North Macedonia has a rich tradition in open water swimming that spans for many decades. It is with great pleasure and honour that we host the **LEN OWS Cup – Leg 5** for the first time on the serene waters of lake Mladost near Veles

This event represents the culmination of 10 years of arduous work in organizing races in this splendid location. We are grateful to LEN for the bestowed trust in organizing this event.

I express my gratitude to the co-organizers, the Municipality of Veles, the ZSR Club 28 Veles, the sponsors, and all the selfless helpers who have devoted themselves to the successful organization of this event.

Come to Veles to experience Macedonian hospitality; we will have an excellent race and create wonderful memories.

Goran Stojanovski, president of National Swimming Federation of North Macedonia



Општина Велес
Municipality of Veles



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Macedonia



Општина Велес
Municipality of Veles

WELCOME TO VELES - ДОБРЕДОЈДОВТЕ ВО ВЕЛЕС

VELES - is a city in the heart of North Macedonia, located on the banks of the Vardar River. With a history spanning 23 centuries, this city preserves the vibrant memories of its founders, revolutionaries, cultural figures, and reformists. Whether you want to understand the history of the Balkans, visit the first theater, the house of the founder of the first Macedonian language school, or the St. Panteleimon Church, you are in the right place.

The biggest tourist attraction near Veles is the ancient city of Stobi. Additionally, the sites of Breza and Peshti, which abound with archaeological remains from the Neolithic period and early Christian caves, are also significant. Outside the city, you'll find the Velesko Kale fortress as well as the St. Panteleimon Church.

If you want to experience tradition, taste the local specialties and wines from the rich gastronomic offerings, and indulge in the enchanting sounds of chalgija music, Veles is the place for you. The city also offers opportunities for mountain and lake tourism, catering to nature lovers and those seeking an intense urban rhythm.

LAKE MLADOST, The site is located near the artificial lake "Mladost" on the Otavica River, north of Veles. It is easily accessible from the main highway E-75. The urban planning of the lake includes a residential satellite settlement, commercial facilities, hospitality venues, and a sports and recreation zone. This site stands out as a favourite and the most visited swimming place and playground.





Key information:

EVENT TITLE

LEN OPEN WATER CUP 2023 – LEG 5 VELES (MKD)

ORGANISATION

NSF North Macedonia

DATE

03.09.2023.

RULES

Competition shall be held under LEN Open Water Cup Rules

VENUE

Lake Mladost, Veles, North Macedonia

ACCREDITATIONS

All team members will receive their accreditations upon arrival to the official hotel. The accreditation is mandatory to access to the competition venue. We kindly ask all participant to send an ID sized photo in advance in order to speed up the process of accreditation.

TEAM LEADERS MEETING

Team leaders meeting shall be held on Saturday, 02.09.2023 at 18.00 hours. Details shall be communicated.

AWARDS CEREMONY

Please advise the athletes to be ready for the award ceremony at the set time in national federation uniforms.

PRIZE MONEY

The three best european athletes (male an female) will receive prize money:
1st 2500€ 2nd 1500€, 3rd 1000€.



EVENT CONTACT

For any questions and queries please contact LOC at:

owsveles@gmail.com

Ph: +38923122305

Mob: +38970298624

Contact: Vasil Velkov

Important dates:

31.07.2023 Preliminary Entry Form Deadline

24.08.2023 Final Entry and Accommodation Form Deadline

02.09.2023 Technical Meeting

03.09.2023 Race Day

OFFICIAL ACCOMMODATION

Hotel Romantique, Hotel Glorius, Veles

Single room 125,00€(per person, per night, full board)

Double room 95,00€(per person, per night, full board)

Triple room 90,00 € (per person, per night, full board)

limited number of triple rooms, all queries shall be on a first come first served basis

OFFICIAL TRANSPORTATION

The LOC will provide transfer to all teams who use accommodation offer through the LOC (airport transfers + local shuttle)

CANCELLATION POLICY

Cancellations prior to 24.08.2023 will not be penalized.

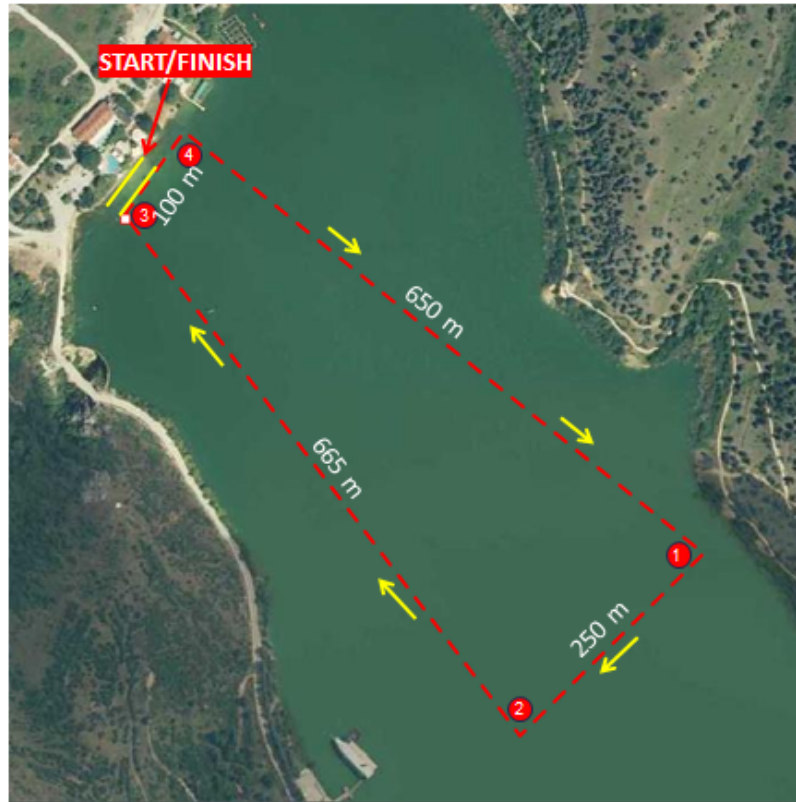
Cancellations between 24-28.08.2023 shall be charged 50% of the total cost of the cancellation

Cancellations after 28.08.2023 is non refundable and will be charged 100%

PAYMENTS

Payments shall be by bank transfer, bank details shall be provided.

THE COURSE, one lap 1666 m





GENERAL PROGRAMME

01.09.2023.

** training in pool – outdoor

02.09.2023.

** training at the competition venue

18:00 Technical meeting

03.09.2023.

11:00 start race 10 km Man

11:05 start race 10 km Woman

14:00 award ceremonies





PRELIMINARY ENTRY FORM

Within 31.07.2023

owsveles@gmail.com

openwater@len.eu

NAME _____ CODE _____

ADDRESS _____

CONTACT PERSON _____

PHONE _____ E-MAIL _____

ESTIMATED SIZE OF DELEGATION

MALE SWIMMERS	FEMALE SWIMMERS	TEAM STAFF	TOTAL

PRELIMINARY ACCOMMODATION BOOKING

Hotel Rooms: Single(s) _____ Twin(s) _____ Triple(s) _____

Night(s): Thursday 31st Friday 1st Saturday 2nd Sunday 3rd Monday 4th

Date:

President / General Secretary



TRAVEL FORM

Within 24.08.2023

owsveles@gmail.com

openwater@len.eu

NAME _____ CODE _____

ADDRESS _____

CONTACT PERSON _____

PHONE _____ E-MAIL _____

Arrival

Date		Airport		City of origin	
Time		Terminal		Flight Nr	
Nr of People					

Departure

Date		Airport		City of destination	
Time		Terminal		Flight Nr	
Nr of People					

Date:

President / General Secretary



FINAL ENTRY FORM

Within 24.08.2023

owsveles@gmail.com

openwater@len.eu

NAME _____ CODE _____

ADDRESS _____

CONTACT PERSON _____

PHONE _____ E-MAIL _____

ENTRIES

	Family name	Name	Gender	DOB	10km
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					

Date: _____

President / General Secretary



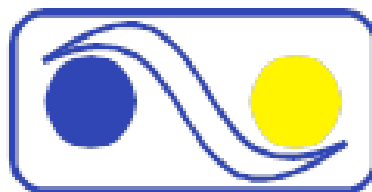
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