

Zimsko prvenstvo BiH za MJJS-KOA 2010  
Sarajevo, 20. - 21.3.2010

Disciplina 4 Ženski, 400m Slobodno/Free Otvoreno  
20.03.2010 - 9:39 Rezultati

Rekordi BiH Otvoreno	4:35.42	POZDER Zineida	BiH	Goeteborg, SWE	19.04.1997
Rekordi BiH - 10	5:40.30	VRANJEŠ Branka	BLBL	Banja Luka, BiH	02.07.2007
Rekordi BiH - 12	4:58.08	VRANJEŠ Branka	22ABL	Banja Luka	05.12.2009
Rekordi BiH - 14	4:45.54	VUJASIN Marija	BLBL	Novi Sad, Srbija	05.03.2006
Rekordi BiH - 16	4:35.42	POZDER Zineida	BiH	Goeteborg, SWE	19.04.1997

Limit za MJ (RS-K) Ž MJ/K: 6:21.02 / Limit za J (RS-O) Ž J/O: 5:58.51 / Limit za S (RS-A) Ž 17 +: 5:40.53

Bodova: FINA 2008

Rang			G.R.				Vreme Bodova				
<b>Mla e juniorke/Kadetkinje</b>											
1.	VRANJEŠ *** Branka	97	22.april, BL					<b>4:50.60</b>	562		
	50m: 31.66 31.66	150m: 1:44.23	37.02	250m: 2:58.98	37.35	350m: 4:14.57	37.65				
	100m: 1:07.21 35.55	200m: 2:21.63	37.40	300m: 3:36.92	37.94	400m: 4:50.60	36.03				
2.	PINDŽO *** Nejra	96	Bosna, SA					<b>5:42.27</b>	344		
	50m: 37.17 37.17	150m: 2:02.48	43.46	250m: 3:31.29	44.97	350m: 5:00.73	44.09				
	100m: 1:19.02 41.85	200m: 2:46.32	43.84	300m: 4:16.64	45.35	400m: 5:42.27	41.54				
3.	ŠIŠI *** Uma	97	Zenica, ZE					<b>5:50.81</b>	320		
	50m: 36.07 36.07	150m: 2:04.92	45.64	250m: 3:35.21	46.17	350m: 5:06.79	46.46				
	100m: 1:19.28 43.21	200m: 2:49.04	44.12	300m: 4:20.33	45.12	400m: 5:50.81	44.02				
4.	JOLI Ana	96	Mladost, BL					<b>5:51.42</b>	318		
	50m: 38.95 38.95	150m: 2:06.13	44.72	250m: 3:36.96	46.04	350m: 5:08.15	45.75				
	100m: 1:21.41 42.46	200m: 2:50.92	44.79	300m: 4:22.40	45.44	400m: 5:51.42	43.27				
5.	ANTONOVI Nikolina	97	GKVS Sar., SA					<b>5:52.16</b>	316		
	50m: 37.90 37.90	150m: 2:05.49	44.19	250m: 3:36.27	45.00	350m: 5:07.42	45.51				
	100m: 1:21.30 43.40	200m: 2:51.27	45.78	300m: 4:21.91	45.64	400m: 5:52.16	44.74				
6.	TEPARI *** Diana	97	Zmaj-Alp., TU					<b>5:55.03</b>	308		
	50m: 39.21 39.21	150m: 2:07.32	44.81	250m: 3:38.59	45.77	350m: 5:10.58	46.07				
	100m: 1:22.51 43.30	200m: 2:52.82	45.50	300m: 4:24.51	45.92	400m: 5:55.03	44.45				
7.	RAZI *** Amina	96	Velež, MO					<b>5:57.04</b>	303		
	50m: 35.35 35.35	150m: 2:00.82	44.58	250m: 3:33.11	46.27	350m: 5:10.29	50.07				
	100m: 1:16.24 40.89	200m: 2:46.84	46.02	300m: 4:20.22	47.11	400m: 5:57.04	46.75				
8.	KLARI Hena	96	GKVS Sar., SA					<b>6:03.43</b>	288		
	50m: 38.87 38.87	150m: 2:09.11	46.09	250m: 3:44.03	47.98	350m: 5:18.08	46.53				
	100m: 1:23.02 44.15	200m: 2:56.05	46.94	300m: 4:31.55	47.52	400m: 6:03.43	45.35				
9.	KULENOVI Najda	97	H2O, SA					<b>6:10.26</b>	272		
	50m: 39.67 39.67	150m: 2:13.97	48.70	250m: 3:49.78	48.40	350m: 5:23.28	45.62				
	100m: 1:25.27 45.60	200m: 3:01.38	47.41	300m: 4:37.66	47.88	400m: 6:10.26	46.98				
10.	MIKUŠI Matea	97	Zenica, ZE					<b>6:13.83</b>	264		
	50m: 40.47 40.47	150m: 2:14.43	48.54	250m: 3:51.80	48.56	350m: 5:22.66	44.94				
	100m: 1:25.89 45.42	200m: 3:03.24	48.81	300m: 4:37.72	45.92	400m: 6:13.83	51.17				

Juniorke/Omladinke

1.	ŠARI *** Šemsa	95	Zenica, ZE					<b>5:12.69</b>	451		
	50m: 33.04 33.04	150m: 1:51.62	40.19	250m: 3:12.49	40.75	350m: 4:34.27	40.94				
	100m: 1:11.43 38.39	200m: 2:31.74	40.12	300m: 3:53.33	40.84	400m: 5:12.69	38.42				
2.	ADAMOVI *** Ana	94	22.april, BL					<b>5:27.77</b>	392		
	50m: 36.69 36.69	150m: 1:58.18	41.32	250m: 3:21.62	41.70	350m: 4:46.69	42.57				
	100m: 1:16.86 40.17	200m: 2:39.92	41.74	300m: 4:04.12	42.50	400m: 5:27.77	41.08				
3.	APO *** Šejla	94	Bosna, SA					<b>5:31.23</b>	380		
	50m: 36.24 36.24	150m: 1:59.83	42.56	250m: 3:25.02	42.76	350m: 4:51.39	43.17				
	100m: 1:17.27 41.03	200m: 2:42.26	42.43	300m: 4:08.22	43.20	400m: 5:31.23	39.84				

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Disciplina 4, Ženski, 400m Slobodno/Free

Otvoreno

1.	VRANJEŠ *** Branka	97	22.april, BL	<b>4:50.60</b>	562
	50m: 31.66 31.66	150m: 1:44.23 37.02	250m: 2:58.98 37.35	350m: 4:14.57 37.65	
	100m: 1:07.21 35.55	200m: 2:21.63 37.40	300m: 3:36.92 37.94	400m: 4:50.60 36.03	
2.	ŠARI *** Šemsa	95	Zenica, ZE	<b>5:12.69</b>	451
	50m: 33.04 33.04	150m: 1:51.62 40.19	250m: 3:12.49 40.75	350m: 4:34.27 40.94	
	100m: 1:11.43 38.39	200m: 2:31.74 40.12	300m: 3:53.33 40.84	400m: 5:12.69 38.42	
3.	ŠURI --- Sandra	93	Zmaj-Alp., TU	<b>5:22.62</b>	411
	50m: 33.75 33.75	150m: 1:54.32 40.93	250m: 3:18.03 42.21	350m: 4:42.06 41.92	
	100m: 1:13.39 39.64	200m: 2:35.82 41.50	300m: 4:00.14 42.11	400m: 5:22.62 40.56	
4.	RA I --- An ela	98	22.april, BL	<b>5:26.93</b>	395
	50m: 35.93 35.93	150m: 1:59.09 41.81	250m: 3:23.69 42.29	350m: 4:48.02 41.82	
	100m: 1:17.28 41.35	200m: 2:41.40 42.31	300m: 4:06.20 42.51	400m: 5:26.93 38.91	
5.	ADAMOVI *** Ana	94	22.april, BL	<b>5:27.77</b>	392
	50m: 36.69 36.69	150m: 1:58.18 41.32	250m: 3:21.62 41.70	350m: 4:46.69 42.57	
	100m: 1:16.86 40.17	200m: 2:39.92 41.74	300m: 4:04.12 42.50	400m: 5:27.77 41.08	
6.	APO *** Šejla	94	Bosna, SA	<b>5:31.23</b>	380
	50m: 36.24 36.24	150m: 1:59.83 42.56	250m: 3:25.02 42.76	350m: 4:51.39 43.17	
	100m: 1:17.27 41.03	200m: 2:42.26 42.43	300m: 4:08.22 43.20	400m: 5:31.23 39.84	
7.	TUBI --- Nikolina	99	22.april, BL	<b>5:31.66</b>	378
	50m: 36.64 36.64	150m: 2:00.48 42.27	250m: 3:26.16 43.34	350m: 4:51.76 43.06	
	100m: 1:18.21 41.57	200m: 2:42.82 42.34	300m: 4:08.70 42.54	400m: 5:31.66 39.90	
8.	EPRKALO --- Jovana	00	22.april, BL	<b>5:35.83</b>	364
	*** Nazvani no BiH Rekord ***				
	50m: 37.81 37.81	150m: 2:02.16 42.52	250m: 3:27.99 43.01	350m: 4:54.90 43.37	
	100m: 1:19.64 41.83	200m: 2:44.98 42.82	300m: 4:11.53 43.54	400m: 5:35.83 40.93	
9.	PINDŽO *** Nejra	96	Bosna, SA	<b>5:42.27</b>	344
	50m: 37.17 37.17	150m: 2:02.48 43.46	250m: 3:31.29 44.97	350m: 5:00.73 44.09	
	100m: 1:19.02 41.85	200m: 2:46.32 43.84	300m: 4:16.64 45.35	400m: 5:42.27 41.54	
10.	ŠIŠI *** Uma	97	Zenica, ZE	<b>5:50.81</b>	320
	50m: 36.07 36.07	150m: 2:04.92 45.64	250m: 3:35.21 46.17	350m: 5:06.79 46.46	
	100m: 1:19.28 43.21	200m: 2:49.04 44.12	300m: 4:20.33 45.12	400m: 5:50.81 44.02	
11.	JOLI Ana	96	Mladost, BL	<b>5:51.42</b>	318
	50m: 38.95 38.95	150m: 2:06.13 44.72	250m: 3:36.96 46.04	350m: 5:08.15 45.75	
	100m: 1:21.41 42.46	200m: 2:50.92 44.79	300m: 4:22.40 45.44	400m: 5:51.42 43.27	
12.	ANTONOVI Nikolina	97	GKVS Sar., SA	<b>5:52.16</b>	316
	50m: 37.90 37.90	150m: 2:05.49 44.19	250m: 3:36.27 45.00	350m: 5:07.42 45.51	
	100m: 1:21.30 43.40	200m: 2:51.27 45.78	300m: 4:21.91 45.64	400m: 5:52.16 44.74	
13.	TEPARI *** Diana	97	Zmaj-Alp., TU	<b>5:55.03</b>	308
	50m: 39.21 39.21	150m: 2:07.32 44.81	250m: 3:38.59 45.77	350m: 5:10.58 46.07	
	100m: 1:22.51 43.30	200m: 2:52.82 45.50	300m: 4:24.51 45.92	400m: 5:55.03 44.45	
14.	RAZI *** Amina	96	Velež, MO	<b>5:57.04</b>	303
	50m: 35.35 35.35	150m: 2:00.82 44.58	250m: 3:33.11 46.27	350m: 5:10.29 50.07	
	100m: 1:16.24 40.89	200m: 2:46.84 46.02	300m: 4:20.22 47.11	400m: 5:57.04 46.75	
15.	KLARI Hena	96	GKVS Sar., SA	<b>6:03.43</b>	288
	50m: 38.87 38.87	150m: 2:09.11 46.09	250m: 3:44.03 47.98	350m: 5:18.08 46.53	
	100m: 1:23.02 44.15	200m: 2:56.05 46.94	300m: 4:31.55 47.52	400m: 6:03.43 45.35	
16.	KULENOVI Najda	97	H2O, SA	<b>6:10.26</b>	272
	50m: 39.67 39.67	150m: 2:13.97 48.70	250m: 3:49.78 48.40	350m: 5:23.28 45.62	
	100m: 1:25.27 45.60	200m: 3:01.38 47.41	300m: 4:37.66 47.88	400m: 6:10.26 46.98	
17.	MIKUŠI Matea	97	Zenica, ZE	<b>6:13.83</b>	264
	50m: 40.47 40.47	150m: 2:14.43 48.54	250m: 3:51.80 48.56	350m: 5:22.66 44.94	
	100m: 1:25.89 45.42	200m: 3:03.24 48.81	300m: 4:37.72 45.92	400m: 6:13.83 51.17	