međunarodno plivačko natjecanje "7.Božićni kup" APK Zrinjski, Mostar







International Swimming Competition "7th Christmas Cup APK Zrinjski Mostar"

Competition general rules and program

Organizer: Academic Swimming Club "Zrinjski" Mostar Address: FPMOZ; Campus 2, Rodoč, 88000 Mostar, BiH Phone: 063/276-256 E-mail: <u>info@apkzrinjski.ba</u> Web: <u>www.apkzrinjski.ba</u>

<u>Co-organizers</u>: Faculty of Science and Education, University of Mostar; Sport Association City of Mostar

Venue information: 25m indoor swimming pool, 6 lanes, water temperature 26°C, air temperature 28°C

Venue address: FPMOZ, Campus 2, Rodoč, 88000 Mostar, BiH

Date: Saturday, December 8, 2018.

<u>Timekeeping</u>: Electronic, Sprint-Tronik devices

The Start Rules: One start rule will be applied. Competitors will be divided in groups of 6 swimmers in accordance with the results achieved at the 25m pools and officially recorded over the past 12 months. The best group will be the last one to compete.

Rules of the competition: The competition is individual. The competition is held in accordance with FINA and BiH Swimming Association rules and regulations. **Each competitor has a right to compete in maximum three disciplines.**

Description of the competition: One-day one-off competition (limited number due to capacity of the swimming pool). **Each club is entitled to participate at the competition with maximum of 10 swimmers, while the host club APK "Zrinjski" with maximum 20 swimmers.**

<u>Awards:</u>

- First three places in male and female competition in all disciplines will be awarded with medals.

- The best result in male/female category will be awarded with special money award (in accordance with FINA 2017 charts) in the amount of 100 \in .

Competition entry fees: Single entry fee is 20 KM for local competitors, and $12 \in$ for competitors from abroad. All competitors are required to pay entry fees before the start of the competition.

Accomodation: The organizer will ensure discount accommodation prices for participants who need to stay overnight.

Deadline: Applications must be submitted no later than Wednesday December 5, 2018, 24:00 hrs. at the following e-mail: <u>info@apkzrinjski.ba</u> and electronic data processing <u>mmilomir@gmail.com</u>.

The application must contain the following information: Name of the club, first and last name of the competitor, gender and year of birth of the competitor, discipline in which they compete with the best result in 25 m pool recorded in the past 12 months.

Cancelation deadline: Thursday, December 6, 2018 no later than 20:00 hrs.

CATEGORY	Boys	Girls
A – Seniors	1999 and older	2001 and older
B - Juniors	2000/2001	2002/2003
C – Cadets	2002/2003	2004/2005
D – Pioneers	2004/2005	2006/2007
E – Younger pioneers	2006 and younger	2008 and younger

Categories of the competitors:

Competition schedule:

Warm up: 09:00 a.m. – 10:00 a.m. Delegates meeting: 09:15 a.m.-09:45 a.m. Parade of competitors and official opening of the competition (max 5 per club) at 10:00 a.m. Start of the competition at 10:30 a.m.

Competition Program:

No.	Discipline	Cath.
1.	Male 50m Freestyle	D,E
2.	Female 50m Freestyle	D,E
3.	Male 100m Freestyle	A,B,C
4.	Female 100m Freestyle	A,B,C
5.	Male 50m Breaststroke	D,E
6.	Female 50m Breaststroke	D,E
7.	Male 100m Breaststroke	A,B,C
8.	Female 100m Breaststroke	A,B,C
9.	Male 50m Backstroke	D,E
10.	Female 50m Backstroke	D,E

11.	Male 100m Backstroke	A,B,C	
12.	Female 100m Backstroke	A,B,C	
13.	Male 50m Butterfly	D,E	
14.	Female 50m Butterfly	D,E	
15.	Male 100m Butterfly	A,B,C	
16.	Female 100m Butterfly	A,B,C	
17.	Male 100m Medley	D,E	
18.	Female 100m Medley	D,E	
19.	Male 200m Medley	A,B,C	
20.	Female 200m Medley	A,B,C	
Presentation of medals and money awards			

NOTE:

- Travel and accommodation costs are paid by club participants,
- The organizer is not liable for any losses, damages and subsequent consequences,
- By registering swimmers clubs confirm that they have been medically examined and are responsible for their health condition,
- The organizer has the right to alter the competition general rules and program until the deadline for submitting applications.