



2nd STEP OPEN CHAMPIONSHIP

INTERNATIONAL SWIM MEETING
PRISHTINA 03-04/11/2018



PROPOSITIONS

1. The competition is being held in the indoor pool SC STEP, 25m long with 5 tracks. Water temperature 26C and air 28.
2. The Competition is individual and team based.
3. The Competition will be held in accordance with FINA Regulations. Electronic timings.
4. The competition is divided into 2 parts:

03/11/2018 Saturday Afternoon Session from 17:00 hrs.

04/11/2018 Sunday Morning Session from 10:00 hrs
5. Starting fee: 3€/start
6. There is no limitation on the number of disciplines that every swimmer can be entered.
7. Competitors are divided into the following categories:

CATEGORIES

Age group	MALE	FEMALE
A-Absolut	2004 and older	2004 and older
B	2005-2006	2005-2006
C	2007-2008	2007-2008
D	2009	2009
E	2010	2010

CONTACT:

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8. **TEAM SCORING**

- The Team who have the most gold medals in Male categories will be awarded the BEST MALE TEAM of the Competition.
- The Team who have the most gold medals in Female categories will be awarded the BEST FEMALE TEAM of the Competition.
- Male and Female swimmer who have the most gold medals in 4 disciplines will be awarded for the best male/ female swimmer

9. **AWARDS**

The three 1st ones in each discipline will be awarded with medals.

The best placed team for Male and Female will receive a monetary award in the amount of 300€ each (M/F).

The best Male and Female athletes of A category will receive a monetary award in the amount of 200€,100€,50€ (1st,2nd,3rd)

The best swimmer in age groups categories will be awarded with Cup.

10. **APPLICATION / ENTRIES**

ENTRIES SHOULD BE MADE TO THE FOLLOWING CONTACT PERSON:

RITA ZEQRIRI | email: ritazeqiri95@hotmail.com

Milomir Milovanovic email: mmilomir@gmail.com

APPLICATION DEADLINE: 4 DAYS BEFORE THE START OF THE COMPETITION

Deadline: 30.10.2018

11. Technical meeting Saturday 15:00 hrs, date 03.11.2018

12. **ACCOMMODATION**

All interested clubs and participants seeking assistance with the accommodation, should send us the number of participants M/F, in the above email, in order to have sufficient time to present you with some potential offers/proposals.

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Prishtina 03.11-04.11.2018

Competition Program

PART 1: Saturday afternoon, 03.11.2018

Warm-up: 16:00-16:45

Competition start: 17:00

1. F/M Relay Medley 4x50m A
 2. F/M 100 Free ABCD
 3. F/M 100 Back ABCD
 4. F/M 100 Breast ABCD
 5. F/M 100 Fly ABC
 6. F/M 200 Free ABC
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PART 2

: Sunday Morning, 04.11.2018

Warm-up: 09:00-09:45

Competition start: 10:00

7. F/M 100 Medley ABC
 8. F/M 50 Free ABCDE
 9. F/M 50 Back ABCDE
 10. F/M 50 Breast ABCDE
 11. F/M 50 Fly ABCDE
 12. F/M 200 Medley ABC
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