

ПЛИВАЧКА ФЕДЕРАЦИЈА НА МАКЕДОНИЈА  
SWIMMING FEDERATION OF MACEDONIA



**I-st INTERNATIONAL LEN-SWIM MEET**  
**"GRAND PRIX-MACEDONIA 2019" 8-10.03.2019. SKOPJE, MACEDONIA**

**GENERAL INFORMATION**

**ORGANIZATION:** Swimming Federation of Macedonia-FYROM (PFM)

**PLACE:** Skopje, Macedonia

**POOL:** Olympic pool Centar, 50m

**WATER TEMPERATURE:** 26.5° C

**TIME KEEPING:** Electronic

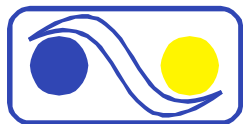
**COMPETITION PROGRAM:**

**FRIDAY afternoon (17h00 start; warm up 16h00)**

400m I.M m
400m I.M f
50m back m - heats
50m back f - heats
50m breast m - heats
50m breast f - heats
1500m free m
800m free f

**SATURDAY morning (9h00 start; warm up 8h00)      SATURDAY afternoon (17h00 start; warm up 16h00)**

50m free f - heats	50m free f - final
50m free m - heats	50m free m - final
200m back f - heats	50m breast f - final
200m back m - heats	50m breast m - final
200m free f - heats	50m back f - final
200m free m - heats	50m back m - final
200m breast f - heats	100m fly f - final
200m breast m - heats	100m fly m - final
100m fly f - heats	200m breast f - final
100m fly m - heats	200m breast m - final
1500m free f - slow heats	200m free f - final
	200m free m - final
	200m back f - final
	200m back m - final
	1500m free f - fast heat



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SUNDAY morning (9h00 start; warm up 8h00)	SUNDAY afternoon (16h00 start; warm up 15h00)
50m fly m - heats	50m fly m - final
50m fly f - heats	50m fly f - final
400m free m - heats	400m free m - final
400m free f - heats	400m free f - final
100m breast m - heats	100m breast m - final
100m breast f - heats	100m breast f - final
200m fly m - heats	100m back m - final
200m fly f - heats	100m back f - final
100m back m - heats	200m fly m - final
100m back f - heats	200m fly f - final
200m I.M m - heats	100m free m - final
200m I.M f - heats	100m free f - final
100m free m - heats	200m I.M m - final
100m free f - heats	200m I.M f - final
800m free m - slow heats	800m free m - fast heat

**PROPOSITION AND AWARDS:**

- the competition will be held under the swimming rules of FINA/LEN/PFM
- each swimmer can swim 2 (two) discipline per competition part
- best 3 (three) swimmers in each discipline will be award by medals
- best swimmer in each category will be award by a trophy
- best male and female swimmer by FINA table points (from one result) will be awarded by trophy and price money:  
500€ - best man  
500€ - best woman
- start fee 10€ per athlete for foreign swimmers  
or 600.00 mkd for domestic swimmers
- deadline for final entry form 5-th March 2019  
[office@pfm.mk](mailto:office@pfm.mk) ; [malenko@pfm.mk](mailto:malenko@pfm.mk)
- technical meeting for delegates from each team will be Friday (08.03.2019) at the pool 16h00.

**SATURDAY 20h00 DINNER PARTY FOR COACHES AND COMPANIONS**

**ACCOMODATION:**

- for hotel reservation and transport assistance, please contact mob. +389-77-846-444

Swimming Federation of Macedonia  
President

Aleksandar Malenko

