

ZIMSKO NACIONALNO PRVENSTVO 2019
SKOPJE, 14. - 15.12.2019

Disciplina 7
14.12.2019 - 12:28

Muški/M, 400m Mešovito/Medley

Otvoreno/Open
Rezultati

Bodova: FINA 2013

Rang			G.R.					Vreme	Bodova
2005 i mla i									
1.	STOJCEVSKI, Pavle		05	PK Aqua Pro AMS				5:26.23	376
	50m:	32.03 32.03	150m:	1:52.38 40.95	250m:	3:22.19 49.94	350m:	4:50.84 39.40	
	100m:	1:11.43 39.40	200m:	2:32.25 39.87	300m:	4:11.44 49.25	400m:	5:26.23 35.39	
2.	KARASKAKOVSKI, Andrej		05	PK Skopje				5:28.54	368
	50m:	35.04 35.04	150m:	2:01.69 44.21	250m:	3:27.22 42.48	350m:	4:52.11 39.48	
	100m:	1:17.48 42.44	200m:	2:44.74 43.05	300m:	4:12.63 45.41	400m:	5:28.54 36.43	
3.	VELKOV, Mihail		06	NEPTUN				5:36.49	342
	50m:	34.27 34.27	150m:	1:58.26 42.10	250m:	3:29.72 49.16	350m:	4:57.62 38.95	
	100m:	1:16.16 41.89	200m:	2:40.56 42.30	300m:	4:18.67 48.95	400m:	5:36.49 38.87	
4.	ATANASOVSKI, Andrej		06	VARDAR				7:09.40	164
	50m:	49.98 49.98	150m:	2:48.02 55.20	250m:	4:42.58 59.90	350m:	6:25.03 44.29	
	100m:	1:52.82 1:02.84	200m:	3:42.68 54.66	300m:	5:40.74 58.16	400m:	7:09.40 44.37	
2003 i mla i									
1.	CVETKOSKI, Stefan		04	PK Skopje				5:01.39	477
	50m:	28.99 28.99	150m:	1:41.39 38.81	250m:	3:03.32 43.51	350m:	4:24.89 36.78	
	100m:	1:02.58 33.59	200m:	2:19.81 38.42	300m:	3:48.11 44.79	400m:	5:01.39 36.50	
2.	STOJCEVSKI, Pavle		05	PK Aqua Pro AMS				5:26.23	376
	50m:	32.03 32.03	150m:	1:52.38 40.95	250m:	3:22.19 49.94	350m:	4:50.84 39.40	
	100m:	1:11.43 39.40	200m:	2:32.25 39.87	300m:	4:11.44 49.25	400m:	5:26.23 35.39	
3.	KARASKAKOVSKI, Andrej		05	PK Skopje				5:28.54	368
	50m:	35.04 35.04	150m:	2:01.69 44.21	250m:	3:27.22 42.48	350m:	4:52.11 39.48	
	100m:	1:17.48 42.44	200m:	2:44.74 43.05	300m:	4:12.63 45.41	400m:	5:28.54 36.43	
4.	VELKOV, Mihail		06	NEPTUN				5:36.49	342
	50m:	34.27 34.27	150m:	1:58.26 42.10	250m:	3:29.72 49.16	350m:	4:57.62 38.95	
	100m:	1:16.16 41.89	200m:	2:40.56 42.30	300m:	4:18.67 48.95	400m:	5:36.49 38.87	
5.	ATANASOVSKI, Andrej		06	VARDAR				7:09.40	164
	50m:	49.98 49.98	150m:	2:48.02 55.20	250m:	4:42.58 59.90	350m:	6:25.03 44.29	
	100m:	1:52.82 1:02.84	200m:	3:42.68 54.66	300m:	5:40.74 58.16	400m:	7:09.40 44.37	
2001 i mla i									
1.	CVETKOSKI, Stefan		04	PK Skopje				5:01.39	477
	50m:	28.99 28.99	150m:	1:41.39 38.81	250m:	3:03.32 43.51	350m:	4:24.89 36.78	
	100m:	1:02.58 33.59	200m:	2:19.81 38.42	300m:	3:48.11 44.79	400m:	5:01.39 36.50	
2.	STOJCEVSKI, Pavle		05	PK Aqua Pro AMS				5:26.23	376
	50m:	32.03 32.03	150m:	1:52.38 40.95	250m:	3:22.19 49.94	350m:	4:50.84 39.40	
	100m:	1:11.43 39.40	200m:	2:32.25 39.87	300m:	4:11.44 49.25	400m:	5:26.23 35.39	
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	50m:	35.04 35.04	150m:	2:01.69 44.21	250m:	3:27.22 42.48	350m:	4:52.11 39.48	
	100m:	1:17.48 42.44	200m:	2:44.74 43.05	300m:	4:12.63 45.41	400m:	5:28.54 36.43	
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	50m:	34.27 34.27	150m:	1:58.26 42.10	250m:	3:29.72 49.16	350m:	4:57.62 38.95	
	100m:	1:16.16 41.89	200m:	2:40.56 42.30	300m:	4:18.67 48.95	400m:	5:36.49 38.87	
5.	ATANASOVSKI, Andrej		06	VARDAR				7:09.40	164
	50m:	49.98 49.98	150m:	2:48.02 55.20	250m:	4:42.58 59.90	350m:	6:25.03 44.29	
	100m:	1:52.82 1:02.84	200m:	3:42.68 54.66	300m:	5:40.74 58.16	400m:	7:09.40 44.37	

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Otvoreno/Open

1.	DERKOSKI, Filip		00	SWC Orion					4:35.27	626		
	50m:	29.66	29.66	150m:	1:37.95	35.31	250m:	2:51.93	39.60	350m:	4:03.87	32.62
	100m:	1:02.64	32.98	200m:	2:12.33	34.38	300m:	3:31.25	39.32	400m:	4:35.27	31.40
2.	STOJANOSKI, Andrej		94	PK Skopje					4:47.01	552		
	50m:	29.74	29.74	150m:	1:41.34	38.03	250m:	2:58.84	40.05	350m:	4:14.12	34.05
	100m:	1:03.31	33.57	200m:	2:18.79	37.45	300m:	3:40.07	41.23	400m:	4:47.01	32.89
3.	CVETKOSKI, Stefan		04	PK Skopje					5:01.39	477		
	50m:	28.99	28.99	150m:	1:41.39	38.81	250m:	3:03.32	43.51	350m:	4:24.89	36.78
	100m:	1:02.58	33.59	200m:	2:19.81	38.42	300m:	3:48.11	44.79	400m:	5:01.39	36.50
4.	STOJCEVSKI, Pavle		05	PK Aqua Pro AMS					5:26.23	376		
	50m:	32.03	32.03	150m:	1:52.38	40.95	250m:	3:22.19	49.94	350m:	4:50.84	39.40
	100m:	1:11.43	39.40	200m:	2:32.25	39.87	300m:	4:11.44	49.25	400m:	5:26.23	35.39
5.	KARASKAKOVSKI, Andrej		05	PK Skopje					5:28.54	368		
	50m:	35.04	35.04	150m:	2:01.69	44.21	250m:	3:27.22	42.48	350m:	4:52.11	39.48
	100m:	1:17.48	42.44	200m:	2:44.74	43.05	300m:	4:12.63	45.41	400m:	5:28.54	36.43
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	100m:	1:16.16	41.89	200m:	2:40.56	42.30	300m:	4:18.67	48.95	400m:	5:36.49	38.87
7.	ATANASOVSKI, Andrej		06	VARDAR					7:09.40	164		
	50m:	49.98	49.98	150m:	2:48.02	55.20	250m:	4:42.58	59.90	350m:	6:25.03	44.29
	100m:	1:52.82	1:02.84	200m:	3:42.68	54.66	300m:	5:40.74	58.16	400m:	7:09.40	44.37