



4th STEP OPEN CHAMPIONSHIP 2020

Prishtina 25.07-26.07.2020

Competition Program

PART 1: Saturday afternoon, 25.07.2020

Warm-up: 16:00-16:45

Competition start: 17:00

1. F/M 400 Freestyle OPEN (maximum 10 competitors)
2. F/M 200 Breaststroke OPEN (maximum 10 competitors)
3. F/M 200 Butterfly OPEN (maximum 10 competitors)
4. F/M 200 Backstroke OPEN (maximum 10 competitors)
5. F/M 400 IM OPEN (maximum 10 competitors)
6. F/M 1500 Freestyle OPEN (with split time on 800m) (maximum 5 competitors)

PART 2: Sunday Morning, 26.07.2020

Warm-up: 09:00-09:45

Competition start: 10:00

7. F/M 200 Free OPEN (maximum 10 competitors)
8. F/M 50 Breaststroke ABCD - Qualifications
9. F/M 50 Free ABCD - Qualifications
10. F/M 50 Back ABCD - Qualifications
11. F/M 50 Fly ABCD - Qualifications
12. F/M 100 IM ABC - Direct finale
- PAUSE 30 minutes
13. F/M 100 Backstroke ABC - Qualifications
14. F/M 100 Breaststroke ABC - Qualifications
15. F/M 100 Butterfly ABC - Qualifications
16. F/M 100 Freestyle ABC - Qualifications
17. F/M 200 IM OPEN (maximum 10 competitors)

PART 3: Sunday afternoon, 26.07.2020

Warm-up: 16:00-16:45

Competition start: 17:00 **FINALS**

18. F/M 50 Backstroke Final
19. F/M 50 Breaststroke Final
20. F/M 50 Freestyle Final
21. F/M 50 Butterfly Final
- PAUSE 30 minutes
22. F/M 100 Backstroke Final
23. F/M 100 Breaststroke Final
24. F/M 100 Butterfly Final
25. F/M 100 Freestyle Final



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PROPOSITIONS

The competition is being organized from SC STEP in cooperation with Municipality of Prishtina, Swimming Clubs and Swimming Federation of Kosova.

1. The competition is being held in the indoor pool STEP SPORT CENTER, 25m long with 5 lanes. Water temperature is 26 degree and air temperature is 28 degrees.
2. The competition is individual.
3. The competition will be held in accordance with FINA Regulation, electronic timing.
4. The results will be published in plivanje.info and swimrankings.net.
5. The competitions divided into 3 parts.
PART 1: 25.07.2020 Saturday afternoon Warm – up 16:00-16:45 Competition start 17:00
PART 2: 26.07.2020 Sunday morning Warm up 09:00 – 09:45 Competition start 10:00
PART 3: 26.07.2020 Sunday afternoon Warm – up 16:00-16:45 Competition start 17:00
6. Starting fee: 3 € / start. The payment should be done by coach of the club before the competition.
7. There is no limitation of number of disciplines that every swimmer can be entered.
8. Competitors are dividing into the following categories

CATEGORIES

Age group	MALE	FEMALE
A-Absolut	2005 and older	2005 and older
B	2006-2007	2006-2007
C	2008-2009	2008-2009
D	2010 and younger	2010 and younger

AWARDS

- The three ones in each discipline will be awarded with medals in all categories.
- Male and Female swimmer who have the most FINA POINTS in four (4) disciplines will be awarded in amount of 200€,100€ and 50€ (1st, 2nd, 3rd).
- The best swimmers in age groups B,C,D will be awarded with Cup.

APPLICATION / ENTRIES

Entries should be made to the following contact person: besart.gh.shala@gmail.com and CC: mmilomir@gmail.com.

APPLICATION DEADLINE: 22.07.2020 23:59.

Technical meeting: 25.07.2020 Saturday 15:00

Accommodation:

- HOTEL DARDANIA 10€/person/night, 50m from swimming pool.
- FOOD in swimming pool restaurant.