

INTERNATIONAL SWIMMING MEETING „ VARDAR 2018 OPEN“

SKOPJE, 01.11.2020



ORGANIZER

Swimming Club „Vardar 2018,, Skopje

Address: Bul. Sveti Kliment 63/12

Account number 210 725586101-50 NLB Bank (Tutunska Banka)

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E-mail: pkvardar2018@gmail.com

DATE AND PLACE

01.11.2020 (Sunday) in Skopje, at the indoor Swimming Pool „Boris Trajkovski“ (A1 Pool) with dimensions of 25m x 33m and 8 swimming lanes, also with a small warm up pool with dimensions of 20m and water temperature of 26.5⁰ C.

ПК „ВАРДАР 2018“

Бул.Климент Охридски бр.63/12, Центар Скопје

Р.С.Македонија, ЕДБ: 4080018571062,

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tel: +38970 80 56 02 , email: pkvardar2018@gmail.com

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TIMEKEEPING

Electronic timekeeping using the “Omega OSM 6” system

CATEGORIES

AGE GROUP	MALE	FEMALE
Category A	Absolute	Absolute
Category B	2005 – 2006	2005 – 2006
Category C	2007 – 2008	2007 – 2008
Category D	2009 – 2010	2009 – 2010
Category E	2011	2011
Category F	2012 and younger	2012 and younger

PROPOSITIONS

The swimming competition will be held under the rules of the World Swimming Federation “FINA” and the National Swimming Federation.

There is no limitation on the number of races that every swimmer can be entered into.

ENTRY FEE

200,00 den per race start for domestic competitors and 4,00 EURO for foreign competitors.

SWIMMING PROGRAM

I part

Sunday 01.11.2020 start at 09:00 AM

(warm up 08:00 AM)

800 free	m/f	A,B
50 free	m/f	A,B,C,D,E,F
50 breaststroke	m/f	A,B,C,D,E,F
100 fly	m/f	A,B,C,D
100 backstroke	m/f	A,B,C,D
200 free	m/f	A,B,C
200 breaststroke	m/f	A,B,C
400 medley	m/f	A,B

II part

Sunday 01.11.2020 start at 04:15 PM

(warm up 03:30PM)

200 medley	m/f	A,B,C
50 fly	m/f	A,B,C,D,E,F
50 backstroke	m/f	A,B,C,D,E,F
100 free	m/f	A,B,C,D
100 breaststroke	m/f	A,B,C,D
200 fly	m/f	A,B,C
200 backstroke	m/f	A,B,C
400 free	m/f	A,B

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AWARDS

The best three competitors in each of the categories shall receive medals.

The best male and female competitors in A category shall also receive cash awards, and trophy, and the best swimmers in the other categories will receive other presents and trophy. They will be selected according the total number of collected points in their four best disciplines according to the FINA score table.

Award for the best swimming club and money award of **100 EUR** will be given to the club who is going to have the most entries by its swimmers in the given categories .

ATTENTION:

Due to the global pandemic with Covid-19, a Protocol for organization of Protocol: swimming competitions has been adopted by the Government of the Republic of North Macedonia, prepared by the National Swimming Federation

The host and participants are to strictly follow the Covid-19 Protocol by the National Swimming Federation as well as the additional detailed rules for this event as follows:

- Several warm-ups are going to be organized dependent on the number of total entries and are going to be dedicated per category;
- Each warm-up is going to be followed by the events and heats from the corresponding category;
- Each concluded part is followed by the next scheduled warm-up;
- **Entry in the pool will be only allowed to swimmers that:** Are registered in an event in the specific part of the competition(as per category); are wearing a face-mask on all premises and at all times up until the start of the warm-up and/or race; Have measured body temperature lower than 36.9° and Disinfected their hands at entry;
- **Entry will not be allowed for:** Spectators; Parents or Any person who is not a competition official, coach with accreditation or swimmer registered in a specific event;
- **Entry in the facility will be allowed to:** officials and coaches that have accreditation given at the technical meeting; have face-mask on all premises and at all times; havr measured body temperature lower than 36.9° and disinfected their hands at entry.
- Each club has the right to two accredited coaches for entry in the facility, and an additional third coach if the club has more than 30 swimmers registered in a single part;
- If according to the rules and Protocol, a person is not registered to participate in a given part, that person will not be allowed to enter the facility;
- Each club will have a visibly marked area of the stands and the pool area where it will be able to accommodate its swimmers;
- Each club will have dedicated lanes for warm-up in the pool;
- There will be no medal ceremony, and medals can be picked-up ndividually after the conclusion of each event at a visibly marked area;
- Each swimmer should bring his/hers own bottle for liquids and his/hers own food that must not be shared with others;

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- Each club must register two delegated coaches together with the entry application (three if the club has 30+ swimmers registered in one single part) and only one of the coaches will be accredited for communications with the officials regarding the meet;
- Coaches are obliged to organize and aid their youngest swimmers in all activities such as changing clothes and movement as entry in the facility for parents and visitors will be strictly forbidden.

APPLICATIONS

Applications and/or **lenex files** should be sent at the latest by day **28.10.2020** at email: pkvardar2018@gmail.com & aleksandar@yahoo.com

The application should contain the following information:

- Official name of the Swimming Club
- First name and surname of the competitor, sex and date of birth
- Disciplines (races) and best time in a 50m length swimming pool.

Participation **may be cancelled by 30.10.2020 at the latest.**

The application itself shall be considered as a guarantee for the good health and medical condition of the swimmers by the club.

For accommodation please contact: Natasha Stefanovska <tel:+38970787583>; email: stefanovska.nate@gmail.com

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