





International Swimming Meet

AUGUST 15-16. 2020 PODGORICA





Elektroprivreda Crne Gore AD Nikšić

AUGUST 15-16. 2020







Tecnhical organizer and support to organization:

Capital City Podgorica and Montenegro Swimming Federation

Contact Information:

Office address: South of the Podgorica City Stadium, 19 December Street, 81000 Podgorica, Republic of Montenegro Tel: Tel: +382 20 671 931 Email: pr@wpolo.me and danijeladjikanovic@hotmail.com

Venue:

Name: Open olympic pool "Moraca", Podgorica Address: **Sport centar "Moraca"**, Ivana Milutinovica bb, 81000, Podgorica Technical data: 50m Swimming pool, 10 Lanes, 2.2m Depth, 27.5°C Water temperature

Entry Deadline:

Monday, August 10, 2020 by 23:59 on: aca.rosic@gmail.com

Withdrawal Deadline:

Thursday, August 13, 2020 by 23:59 on: aca.rosic@gmail.com

Entry Fee: 5 euro per start

Eligibility:

Competitors have no entry limitations concerning the number of individual events. Each Club/National Team can enter only one relay. Relays compete in Open category.

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Categories:

CATEGORY	MALE	FEMALE
A	ALL	ALL
В	2002 / 2003	2003 / 2004
С	2004 / 2005	2005 / 2006
D	200 <mark>6 / 2</mark> 007	2007 / 2008
E	2008 / 2009	2009 / 2010
F	Students	Students

Timing:

Alge Electronic System

Technical Meeting:

Technical Meeting will be organized on August 14, 2020 at 20:00 in the hotel Ambiente.

Accreditation:

Accreditation for all participants will be distributed during the Technical Meeting and will be available at the Competition Venue before the start of the competition.

Heats:

Heats are to be swim in the morning sessions. Number of heats and seeding for all the individual events will be determined in accordance with FINA swimming rules (SW 3.1). In case there are less than 9 competitors entering the event, that event will be seeded as final and will be swum in the final/afternoon session. F category competitors are swimming only 50m and 100m freestyle events. In case a great number of competitors enter the competition, referee can authorize the use of "flying start" in order to prevent any potential delay. Any change will be decided during the Technical meeting.

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Finals:

Finals will be swum in the afternoon sessions for all individual events. Top 8 competitors from heats in every event will qualify for the finals.

Withdrawals From Finals:

Withdrawals are to be made not later than 30 minutes after official announcements of the results from the heats

Awards:

Medals are to be awarded to top three swimmers per category in each individual event and top three relay teams. Top 5 male / Top 5 female competitors within A category (ALL) will be awarded with prize money. Criteria for determining best male and female competitor is the sum of two best performances according to FINA Points Table. At the end of the competition, both male and female competitors will receive prize money in the following order:

1st place – 500 euro 2nd place – 400 euro 3rd place – 300 euro 4th place – 250 euro 5th place – 200 euro

Awarding Ceremonies:

Medal ceremonies for B, C, D, E and F category will take place after the completion of all heats of that particular event during morning sessions. Medals for A category will take place after finals in the afternoon sessions. All medal winners and awarded competitors are expected to appear at the medal ceremony on time and properly dressed.

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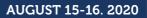


















COMPETITION PROGRAM

		PART I - Saturday, August 15, 2020 - (Heats)	
		8:00 - Warm up / 9:00 - First session	
1.	400m	FREESTYLE (men)	ALL
2.	50m	FREESTYLE (women)	ALL
3.	50m	BREASTSTROKE (men)	ALL
4.	200m	BACKSTROKE (women)	ALL
	400m FF	MEDAL CEREMONY EESTYLE (MEN) & 50m FREESTYLE (WOMEN)	B, C, D, E, F
5.	200m	BUTTERFLY (men)	ALL
6.	100m	BUTTERFLY (women)	ALL
50	m BREAST	MEDAL CEREMONY STROKE (MEN) & 200m BACKSTROKE (WOMEN)	B, C, D, E
7.	100m	FREESTYLE (men)	ALL
8.	200m	INDIVIDUAL MEDLEY (women)	ALL
	200m BƯ	MEDAL CEREMONY FTERFLY (MEN) & 100m BUTTERFLY (WOMEN)	B, C, D, E
9.	50m	BUTTERFLY (men)	ALL
10.	50m	BACKSTROKE (women)	ALL
MEDAL CEREMONY 100m FREESTYLE (MEN) & 200m IND. MEDLEY (WOMEN)		B, C, D, E, F	
11.	100m	BACKSTROKE (men)	ALL
12.	100m	BREASTSTROKE (women)	ALL
	50m BUT	MEDAL CEREMONY TERFLY (MEN) & 50m BACKSTROKE (WOMEN)	B, C, D, E
13.	200m	BREASTSTROKE (men)	ALL
14.	200m	FREESTYLE (women)	ALL
10		MEDAL CEREMONY STROKE (MEN), 100m BREASTSTROKE (WOMEN), m BREASTSTROKE (MEN) & 200m FREESTYLE (WOMEN)	B, C, D, E

		PART II - Saturday, August 15, 2020 (FINALS)	
	17:00 - V	/arm up / 17:40 - Opening Ceremony / 18:00 - Se	cond session
1.	400m	FREESTYLE (men)	FINALS
2.	50m	FREESTYLE (women)	FINALS
3.	50m	BREASTSTROKE (men)	FINALS
4.	200m	BACKSTROKE (women)	FINALS
	400m FR	MEDAL CEREMONY EESTYLE (MEN) & 50m FREESTYLE (WOMEN)	A category
5.	200m	BUTTERFLY (men)	FINALS
6.	100m	BUTTERFLY (women)	FINALS
50	m BREAST	MEDAL CEREMONY STROKE (MEN) & 200m BACKSTROKE (WOMEN)	A category
7.	100m	FREESTYLE (men)	FINALS
8.	200m	INDIVIDUAL MEDLEY (women)	FINALS
	200m BU'	MEDAL CEREMONY FTERFLY (MEN) & 100m BUTTERFLY (WOMEN)	A category
9.	50m	BUTTERFLY (men)	FINALS
10.	50m	BACKSTROKE (women)	FINALS
	100m FREI	MEDAL CEREMONY ESTYLE (MEN) & 200m IND. MEDLEY (WOMEN)	A category
11.	100m	BACKSTROKE (men)	FINALS
12.	100m	BREASTSTROKE (women)	FINALS
MEDAL CEREMONY 50m BUTTERFLY (MEN) & 50m BACKSTROKE (WOMEN)		A category	
13	200m	BREASTSTROKE (men)	FINALS
14	200m	FREESTYLE (women)	FINALS
10	MEDAL CEREMONY 100m BACKSTROKE (MEN) & 100m BREASTSTROKE (WOMEN)		A category
15	4x100	MEDLEY RELAY (men)	А
16	4 x100	MEDLEY RELAY (women)	~
20		MEDAL CEREMONY STSTROKE (MEN), 200m FREESTYLE (WOMEN) & 100m MEDLEY RELAY (MEN & WOMEN)	A category

		PART III - Sunday, August 16, 2020 - (Heats)	
		8:00 - Warm up / 9:00 - Third session	
17.	400m	FREESTYLE (women)	ALL
18.	50m	FREESTYLE (men)	ALL
19.	50m	BREASTSTROKE (women)	ALL
20.	200m	BACKSTROKE (men)	ALL
	400m F	MEDAL CEREMONY REESTYLE (WOMEN) & 50m FREESTYLE (MEN)	B, C, D, E, F
21.	200m	BUTTERFLY (women)	ALL
22.	100m	BUTTERFLY (men)	ALL
	50m BREAS	MEDAL CEREMONY STSTROKE (WOMEN) & 200m BACKSTROKE (MEN)	B, C, D, E
23.	100m	FREESTYLE (women)	ALL
24.	200m	INDIVIDUAL MEDLEY (men)	ALL
	200m Bl	MEDAL CEREMONY JTTERFLY (WOMEN) & 100m BUTTERFLY (MEN)	B, C, D, E
25.	50m	BUTTERFLY (women)	ALL
26.	50m	BACKSTROKE (men)	ALL
	100m FR	MEDAL CEREMONY EESTYLE (WOMEN) & 200m IND. MEDLEY (MEN)	B, C, D, E, F
27.	100m	BACKSTROKE (women)	ALL
28.	100m	BREASTSTROKE (men)	ALL
MEDAL CEREMONY 50m BUTTERFLY (WOMEN) & 50m BACKSTROKE (MEN)		B, C, D, E	
29.	200m	BREASTSTROKE (women)	ALL
30.	200m	FREESTYLE (men)	ALL
100		MEDAL CEREMONY ROKE (WOMEN), 100m BREASTSTROKE (MEN), 200m ASTSTROKE (WOMEN) & 200m FREESTYLE (MEN)	B, C, D, E

17. 18. 19. 20. 21. 22. 50 23. 24.	200m 100m	PART IV - Sunday, August 16, 2020 (FINALS) 17:00 - Warm up / 18:00 - Fourth session FREESTYLE (women) BRESSTYLE (men) BRACSTROKE (men) MEDAL CEREMONY BUTTERFLY (women) BUTTERFLY (women) BUTTERFLY (men) MEDAL CEREMONY STROKE (WOMEN) & 200m BACKSTROKE (MEN)	FINALS FINALS FINALS FINALS A category FINALS FINALS A category
18. 19. 20. 21. 22. 50 23.	50m 50m 200m 400m F 200m 100m 0m BREAS	FREESTYLE (women) FREESTYLE (men) BREASTSTROKE (women) BACKSTROKE (men) MEDAL CEREMONY REESTYLE (WOMEN) BUTTERLY (women) BUTTERLY (women) BUTTERLY (men) MEDAL CEREMONY	FINALS FINALS FINALS A category FINALS FINALS
19. 20. 21. 22. 50 23.	50m 200m 400m Fl 200m 100m Dm BREAS	BREASTSTROKE (women) BACKSTROKE (men) MEDAL CEREMONY REESTYLE (WOMEN) BUTTERFLY (women) BUTTERFLY (women) MEDAL CEREMONY	FINALS FINALS A category FINALS FINALS
20. 21. 22. 50 23.	200m 400m F 200m 100m Dm BREAS	BACKSTROKE (men) MEDAL CEREMONY REESTYLE (MEN) & SOm FREESTYLE (WOMEN) BUTTERLY (women) BUTTERLY (women) BUTTERLY (men) MEDAL CEREMONY	FINALS A category FINALS FINALS
21. 22. 50 23.	400m Fi 200m 100m	MEDAL CEREMONY REESTYLE (MON) & 50m FREESTYLE (WOMEN) BUTTERFLY (women) BUTTERFLY (women) MEDAL CEREMONY	A category FINALS FINALS
22. 50 23.	200m 100m Om BREAS	REESTYLE (MEN) & 50m FREESTYLE (WOMEN) BUTTERFLY (women) BUTTERFLY (men) MEDAL CEREMONY	FINALS FINALS
22. 50 23.	100m	BUTTERFLY (men) MEDAL CEREMONY	FINALS
50 23.	Om BREAS	MEDAL CEREMONY	
23.			A category
	100m		
24.		FREESTYLE (women)	FINALS
	200m	INDIVIDUAL MEDLEY (men)	FINALS
	200m BU	MEDAL CEREMONY ITTERFLY (WOMEN) & 100m BUTTERFLY (MEN)	A category
25.	50m	BUTTERFLY (women)	FINALS
26.	50m	BACKSTROKE (men)	FINALS
	100m FRE	MEDAL CEREMONY ESTYLE (WOMEN) & 200m IND. MEDLEY (MEN)	A category
27.	100m	BACKSTROKE (women)	FINALS
28.	100m	BREASTSTROKE (men)	FINALS
	50m BU1	MEDAL CEREMONY TTERFLY (WOMEN) & 50m BACKSTROKE (MEN)	A category
29.	200m	BREASTSTROKE (women)	FINALS
30.	200m	FREESTYLE (men)	FINALS
10	0m BACK	MEDAL CEREMONY STROKE (WOMEN) & 100m BREASTSTROKE (MEN)	A category
	4 x100	FREESTYLE RELAY (women)	А
32.	4 x100	FREESTYLE RELAY (men)	~
20		MEDAL CEREMONY ASTSTROKE (WOMEN), 200m FREESTYLE (MEN) & L00m FREESTYLE RELAY (MEN & WOMEN)	A category

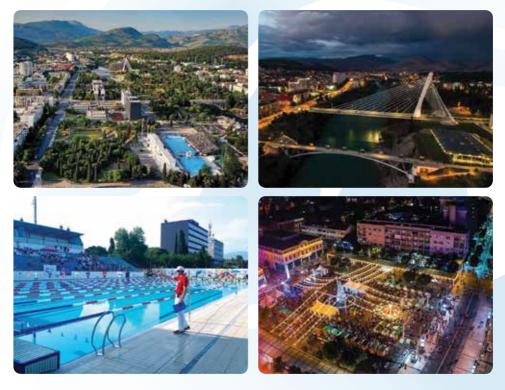
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CITY AND VENUE:



Arrival and Departure - Airports:

Podgorica International Airport (8 km from pool)

Accommodation for athletes and team staff:

JU Dom učenika i studenata - Price 19,00 EUR per person/full board/per night Hotel Ambiente - Price 38,00 EUR per person/full board/per night





CRNOGORSKI OLIMPIJSKI KOMITET



Crna Gora Ministarstvo sporta i mladih



Elektroprivreda Crne Gore AD Nikšić







Delfina

JAVNO PREDUZECE ZA UPRAVLJANJE MORSKIM DOBROM CRNE GORE

