



ПЛИВАЧКИ И ВАТЕРПОЛО КЛУБ
„ОРИОН“ - СКОПЈЕ

Депонент Стопанска Банка АД Битола
Жиро сметка 500000001101074

International Swim Meeth. Orion Cup mini 2020

Date:

04.10.2020

Organizer:

SWC Orion

pvkorion@yahoo.com

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Зорица:+38971318548

Place:

Olympic Swimming Pool Centar

Under the stand pool:25 m,6 lane

Water temperature:26c

Date for entry:

Thursday 01.10.2020(entry's send in Word and Excel should be send no later than 29.09.2020 Tuesday).

Entry's must be send to aleksadarf@yahoo.com and pvkorion@yahoo.com. They must be send in Lenex file,entry's in Word or Excel file must content First and Last name of Swimmer,date of birth and Club.Technical meeting will be held before the start of Competition at the pool.

Entry fee:

120 denars per start or 2 euro for foreign swimmers. Every competitor is entitled to an unlimited number of starts.

Time Keeping:

Manual



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Awards:

The top three in the category receive medals, the Best swimmers in the category receive trophies. The best swimmer in the category is declared the swimmer with the most first places (except Category E).

IMPORTANT !!!

To qualify for the Best Swimmer Cup in the category:
Categories A-D must compete in 3 disciplines (2x50m and one 100m)
Category G must compete in 3 disciplines (50m only)
Category E should compete in 2 disciplines (25m freestyle and 25m freestyle)

Category		
Category	Male	Female
A	2008	2008
B	2009	2009
C	2010	2010
D	2011	2011
G	2012	2012
E	2013 and younger	2013 younger

Program			
Warm up: 14:00			
Competition start: 14:45			
Nr.	Discipline	Category	Sex
1	50m free	A-G	M/F
2	50m backstroke	A-G	M/F
3	25m free	E	M/F
4	50m breaststroke	A-G	M/F
5	50m fly	A-G	M/F
6	100m free	A-D	M/F
7	25m kick with board	E	M/F



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COVID 19 Guidance

- **Over 200 competitors there is another warm up**
- **Starting lists will be made by category, not by entry time**
- **All Competitors must wear mask all the time(they will leave the mask on starting seat)**
- **No public is allowed in the pool**
- **Coaches are responsible for their competitors**

Important notes:

- **The competition is held in accordance with the rules of FINA, Len and the National Swimming Federation and according to National Swimming Federation protocol**
- **All competitors wishing to compete should be psychophysically healthy**
- **Clubs reporting their competitors bear full responsibility for the health of their competitors**
- **The competition organizer bears no responsibility during and**

