



5th INTERNATIONAL SWIMMING MEETING STEP OPEN CHAMPIONSHIP 2021

Prishtina 18.12-19.12.2021

PROPOSITIONS

ORGANIZER: SC STEP – Prishtina and STEP Sport Center

1. The competition is being held in the indoor pool STEP SPORT CENTER, 25m long with 5 lanes. Water temperature is 26 degree and air temperature is 28 degrees.
2. The competition will be held in accordance with FINA, LEN and Kosovo Swimming Federation Regulations, electronic timing.
3. The competition is individual and clubs.
4. The results will be published in plivanje.info and swimrankings.net, Facebook Livestream: Klubi i Notit STEP
5. The competitions divided into 4 parts.
6. Starting fee: 4€ / start. The payment should be done by coach of the club before the competition.
7. There is no limitation of number of disciplines that every swimmer can be entered.
8. Competitors are dividing into the following categories.
9. 10.12.2021 COVID -19 PROTOCOL WILL BE DELIVERED TO THE PARTICIPANTS
10. Health issue: each swimming club is responsible for the health of conditions of its swimmers.
11. E-mail: swimteam.step@gmail.com

CATEGORIES

Age group	MALE	FEMALE
A-Absolut	OPEN	OPEN
B	2003-2006	2003-2006
C	2007-2008	2007-2008
D	2009-2010	2009-2010
E	2011-2012	2011-2012
F	2013 and younger	2013 and younger

AWARDS

- The three ones in each discipline will be awarded with medals in all categories.
- Best swimmer M/F in categories A, B, C, D, E, F will be awarded with cups.
- **Best swimmer** of competition will be awarded with **300 €**, only one price, based on three best results with FINA Points.
- **Best coach** of the competition will be awarded with **200 €**, based on one performance of his swimmer, in FINA Points.
- **Best club** of competition will be awarded with **1,000 €**, based on the total number of Gold medals in all categories.

APPLICATION / ENTRIES

Entries should be made to the following contact person: swimteam.step@gmail.com.

APPLICATION DEADLINE: 15.12.2021, 20:00h.

Technical meeting: 17.12.2021, Friday 20:00h.

COMPETITION PROGRAM

18.12.2021

SATURDAY

PART ONE

WARM UP: 08:00-08:45

START: 09:00

200 Freestyle	m/w	(A-B-C-D)
100 IM	m/w	(A-B-C-D)
50 Breaststroke	m/w	(All)
200 Backstroke	m/w	(A-B-C-D)
800 Freestyle	w	(A-B-C)

PART TWO

WARM UP: 16:00-16:45

START: 17:00

200IM	m/w	(A-D)
50 Butterfly	m/w	(A-B-C-D-E)
100 Breaststroke	m/w	(A-B-C-D-E)
100 Backstroke	m/w	(A-B-C-D-E)
1500 Freestyle	m	(A-B-C)

19.12.2021

SUNDAY

PART THREE

WARM UP: 08:00-08:45

START: 09:00

50 Freestyle	m/w	(All)
200 Breaststroke	m/w	(A-B-C)
100 Butterfly	m/w	(A-B-C-D)
400 IM	m/w	(A-B-C)

PART FOUR

WARM UP: 16:00-16:45

START: 17:00

50 Backstroke	m/w	(All)
400 Freestyle	m/w	(A-B-C-D)
200 Butterfly	m/w	(A-B-C)
100 Freestyle	m/w	(A-B-C-D-E)

Special guests: Kosovo Olympic Committee, Ministry of Sport, Swimming Federation of Kosovo, Prishtina Municipality.

The organizer through this competition, will promote the project STEP SPORT CENTER 2, the 50m indoor Olympic swimming pool, the first and only one in RKS, which will be functionalized for the 6th STEP OPEN competition, in DECEMBER 2022.