



COMEN

Mediterranean Swimming Confederation

*BELGRADE*

2021





Dear friends,  
Serbia has been a proud sports nation for many years. It is our great pleasure and honour to be hosting such an event like Mediterranean Swimming Cup 2021 on Serbian ground. This event represents the continued legacy of Serbian swimming and I sincerely thank Comen Bureau for the confidence shown once again entrusting us organisation of these event.

Furthermore, I thank our partners, the Ministrz of youth and sports and the city of Belgrade for their support and commitment in this event.

Together we are pleased to welcome you all to the capital of Serbia – Belgrade.

Welcome to Belgrade – Добродошли у Београд!

*Boris Drobac, president of Serbian Swimming Federation*



# BELGRADE – THE HOST CITY



BELGRADE'S RECENT SPORTING JOURNEY HAS BEEN NOTHING SHORT OF REMARKABLE. FRESH FROM DELIVERING VARIOUS COMPETITIONS, WE ARE CURRENTLY ONE OF THE TOP SPORTING CITIES. BELGRADE'S SUCCESS IS BUILT ON OUR INTERNATIONAL EVENTS PROGRAMME, OUR CONTINUED INVESTMENT IN WORLD-CLASS FACILITIES AND OUR COMMITMENT TO INCREASING PARTICIPATION AND SECURING A LASTING LEGACY FOR FUTURE GENERATIONS. AND THERE IS MORE TO COME...

BELGRADE IS. SIMPLY, NOT A SIMPLE CITY. EXPLAINING WHAT GOES ON IN HERE IS A CHALLENGE. BELGRADE IS ALL IN ASYMMETRY AND ECLECTICISM. BELGRADE IS IN STREET ARTISTS JAZZ. BELGRADE IS SERVED ON LUXURY PLATE OF FINE DINING. BELGRADE IS ON MURALS SKILFULLY PAINTED RIGHT NEXT TO BAROQUE BUILDINGS. BELGRADE IS IN "SCANNING" THE BEAUTIFUL PASSER-BY. BELGRADE IS HEELS ON PAVING STONE, A GLASS OF VINE IN FRONT OF A BAR ON A WORKING DAY. BELGRADE IS GETTING READY FOR A STROLL DOWN KNEZ MIHAJLOVA STREET, IT'S THE TRILL YOU GET PASSING THE BRIDGE IN TWILIGHT OR IN THE EVENING WITH BRIGHT LIGHTS ON INTENSIFIED BY REFLECTION ON THE RIVERS. BELGRADE IS IN PAINTINGS. BELGRADE IS IN MOMENTS AND PERVASIVE FEELING YOU WILL REMEMBER FOR A LONG TIME.



# WELCOME TO SERBIA



SERBIA'S SPORTING REPUTATION HAS NEVER BEEN HIGHER, IN PART, THANKS TO PLAYING HOST TO VARIOUS AND NUMEROUS COMPETITION IN THE PAST. SERBIA IS REINFORCED AS ONE OF THE WORLD'S LEADING MAJOR EVENTS DESTINATIONS. BUT FAR FROM BEING JUST ABOUT SPORT, THE GAMES WERE AN ESSENTIAL ELEMENT OF A WIDER STRATEGIC GOAL TO BOOST SERBIA'S KEY TOURISM AND EVENTS INDUSTRIES. WE USED THE SPORT AS A CATALYST TO SECURE FURTHER MAJOR EVENTS FOR SERBIA WITH A VIEW TO BOOSTING THE LOCAL AND NATIONAL ECONOMY. BUT IT IS NOT JUST SPORT THAT SERBIA IS FAMOUS FOR. WE ARE RENOWNED FOR OUR WARM WELCOME AND BEAUTIFUL SCENERY.

**BELGRADE** (SERBIAN: БЕОГРАД / BEOGRAD) IS THE CAPITAL AND THE LARGEST CITY OF SERBIA. IT IS LOCATED AT THE CONFLUENCE OF THE SAVA AND DANUBE RIVERS, WHERE THE PANNONIAN PLAIN MEETS THE BALKANS. ITS NAME TRANSLATES TO WHITE CITY. THE CITY HAS A POPULATION OF 1.23 MILLION, WHILE OVER 1.65 MILLION PEOPLE LIVE IN ITS METRO AREA.

BELGRADE AND SERBIA ARE LOCATED IN THE CENTRAL EUROPEAN TIME ZONE REGION – GMT +1 AND/OR GMT +2 AS OF THE LAST WEEK IN THE THIRD MONTH UNTIL THE SATURDAY PRIOR TO THE LAST WEEK OF THE TENTH MONTH. AS IN MOST CITIES OF CONTINENTAL EUROPE, THE ELECTRICITY VOLTAGE IN BELGRADE IS 220V. ELECTRICAL OUTLETS ARE STANDARD EUROPEAN. WATER - TAP WATER IN BELGRADE IS SAFE TO DRINK.





Date: 15-17.10.2021.  
Location: Belgrade, SERBIA  
Venue: SC 25. Maj - MGM  
Age groups: girls 13/14 boys 15/16  
Trainings: 13<sup>TH</sup> & 14<sup>TH</sup> Octobre 2021  
Technical meeting: 14<sup>TH</sup> Octobre 2021 @17:00  
Rules: Fina & Comen  
Eligibility: 16 girls & 16 boys  
Timing: Colorado time system  
Pool: indoor 50m / 8 lanes



*Participating countries: All Comen Members & invitational*

*Awarding:*

- the first three swimmers of each event shall receive a medal*
- the first team in boys category shall receive a trophy*
- the first team girls category shall receive a trophy*
- the first team in total ranking shall receive a Comen Cup Trophy*



## Points system:

individual events: 17, 15, 14, 13,... (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>-16<sup>th</sup> place)

relays: individual multiplied by 2

in case of DQ: no points

in case of dead heat in the overall points:  
the winner shall be decided according to  
the number of first places (or nr. of second, etc)

## Competition format:

3 days – 6 sessions

15minutes break before each relay

2 swimmers per event can be entered

1 relay team

system: direct finals, classification according to  
times achieved

relay panel should be entered prior to each  
session in which the perspective relay is



# Programme:

## Day 1 – morning session

1. 100m freestyle – girls
2. 100m freestyle – boys
3. 400m individual medley – girls
4. 400m individual medley – boys
- 15 minutes break
5. 4x50m medley - mixed

## Day 1 – afternoon session

1. 200m backstroke– girls
2. 200m backstroke – boys
3. 400m freestyle – girls
4. 400m freestyle – boys
- 15 minutes break
5. 4x100m freestyle relay - girls
6. 4x100m freestyle relays - boys

## Day 2 – morning session

1. 50m freestyle – girls
2. 50m freestyle– boys
3. 100m breaststroke– girls
4. 100m breaststroke– boys
5. 100m butterfly – girls
6. 100m butterfly- boys
- 15 minutes break
7. 4x200m freestyle – girls
8. 4x200m freestyle - boys

## Day 2 – afternoon session

1. 800m freestyle – girls
2. 200m breaststroke – girls
3. 200m breaststroke - boys
4. 100m backstroke– girls
5. 100m backstroke – boys
- 15 minutes break
6. 4x100m medley – girls
7. 4x100m medley - boys

## Day 3 – morning session

1. 200m butterfly – girls
2. 200m butterfly– boys
3. 200m freestyle– girls
4. 200m freestyle– boys
- 15 minutes break
5. 4x50m freestyle - mixed

## Day 2 – afternoon session

1. 1500m freestyle – boys
2. 200m individual medley – girls
3. 200m individual medley - boys
- 15 minutes break
7. 4x100m freestyle - mixed



## **Sanitary rules and procedures**

All participants must follow the rules and procedures defined for entrance to Serbia. Please refer to the link of Serbian Ministry of Foreign affairs for details: <https://www.mfa.gov.rs/en/citizens/travel-serbia/covid-19-entry-requirements>

Each participant must present a negative PCR test not older than 48 hours prior to the arrival to Belgrade.

Upon arrival to the hotel each participant shall be tested with a rapid antigen test.

Prior to departure there shall be PCR testing or rapid antigen testing (depending on the rules of countries of each participant).



## ***Sanitary rules and procedures***

*All participants are obliged to respect the following:*

- To wear protective masks at all times*
- To practise social distancing at the venue as much as possible*
- To use regularly hand sanitisers*
- To respect all rules and procedures set specifically for the competition and to respect all instruction of Covid officers and LOC staff*





## *Important dates:*

*Preliminary entry: 17.09.2021.*

*Preliminary accommodation form: 20.09.2021.*

*Accommodation deposit 50%: 27.09.2021.*

*Final accommodation form and 100% payment: 01.10.2021.*

*Travel form and rooming list: 05.10.2021.*

*Final entry: 05.10.2021.*



**Organiser:**



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