

“Grand Prix Macedonia Open 2021”

17-18.04.2021 Skopje





Organizer:National Swimming Federation of North Macedonia
Date and place of competition:17-18.04.2021 Skopje,Macedonia

Race pool:Olympic Swimming Pool,8 lane

Blvd.Krushevska Republika Skopje

Water temperature: 26c

Time keeping : Electronic time

keeping Vracar Electronics

Categories:

Cat	Male	Female
A	ABSOLUT	ABSOLUT
B	2003 – 2004	2003 – 2004
C	2005 – 2006	2005 – 2006
D	2007 – 2008	2007 – 2008
E	2009 and younger	2009 and younger



Propozition:

- The competition will be held according to the rules of FINA, LEN and NPF
- Every swimmer has the right to an unlimited number of races
- In the disciplines 800 and 1500m freestyle the organizer reserves the right to limit the number of swimmers to one group according to the reported times.
- The best 3 swimmers in each discipline and category will be awarded with medals
- The best swimmers in the category will be awarded with a trophy
- The best swimmers in Men and Women are announced according to the sum of FINA points from 4 races in their category.

There are cash prizes for the winners of the Skins race in the men's and women's categories

Entry fee

Start fee is 5 eur for foreign participants or 300 den for domestic participants, per start.

Application

Application deadline 15.04.2021 until 23:00, applications to be sent in Lenex document to the following addresses: nacionalnativackafederacija@yahoo.com; aleksandar@yahoo.com;

After that deadline and the application that is not released in the Lenex file, the startup is doubled after the start

The technical meeting is scheduled to be held on April 16, 2021 at 18:00

at the Olympic pool.

Accommodation:

we recommend hotel accommodation from 25 to 35 euros full board Contact person: Mariana Kočovska phone +389 71 269 660

Due to the situation with the Coronavirus, the audience will not be allowed to enter the pool, each club is obliged to submit a list of coaches / delegates to the match and they will be released according to the following:

- Up to 10 swimmers 1 delegate + 1 coach
- From 11-20 swimmers 1 delegate +2 coach
- Over 21 swimmers 1 delegate + 3 coaches

Delegates must have a first and last name proposed by the club, all others not on the list and not associated with the swimmer will not enter the pool.

Competition program:

17.04.2021 Saturday morning (8:30 start of competition; warm up 07:30)	17.04.2021 Saturday evening (16:00 start of competition, warm up 15:00)
I part	II part
1500m free M/F –A,B	400m free M/F – A,B,C
200m breastroke M/F –A,B,C,D	100m breastroke M/F – all
200m medly M/F– A,B,C,D	100m freeM/F –all
50 free M/F – all	
50 buterfly M/F – all	
18.04.2021 Sunday morning (8:30 start of competition; warm up 7:30)	18.04.2021 Sunday evening (16:00 start of competition; warm up 15:00)
III part	IV part
800m free M/F – A,B	400 m medly M/F– A,B,C
200m backstroke M/F – A,B,C,D	100m backstroke M/F – A,B,C,D
200m buterflay M/F -A,B,C,D	200m free M/F – A,B,C,D
50m backstroke M/F - All	100m butterfly M/F – all
50 breastroke -All	3x50M free – SKINS RACE

SKINS RACE RULES:

It starts only on one side of the pool, after the race the winners return to the spot at the start of the "Skins race".

The best 8 swimmers according to the time swimming in the 50 discipline will freely qualify for the skin race that will take place at the end of the Fourth part of the final races.

There are three 50m freestyle races with a 4 minute break between races.

The first race is started by 8 swimmers, the second race is started by the 4 fastest swimmers from the first race, in the last race the 2 fastest swimmers from the previous race start.

IMPORTANT NOTICE:

The competition is held according to the rules of FINA, LEN and NPF, according to the protocols for protection from the corona virus of the Government of the Republic of Northern Macedonia and the National Swimming Federation of Northern Macedonia.

All competitors who want to take part in the competition should be mentally and physically healthy

By registering their swimmers, the clubs bear full responsibility for their health condition

The organizer does not bear any responsibility during the match.

With respect

Mr. Aleksandar Filipchev
President of the National Swimming Federation of North Macedonia

