5

IV INTERNATIONAL SWIMMING MEETING

## „SKOPJE OPEN 2021"

13-14.11.2021

## COMPETITION ORGANIZER:

$>$ Swimming Club SKOPJE
$>$ Swimming Federation North Macedonia
$>$ City Swimming Association - Skopje

## PLACE:

$>$ Sports Center "Boris Trajkovski" - A1 Swimming Pool Bul. September 8th No. 131000 Skopje

## SWIMMING POOL:

$>$ Dimension $25 \times 33$, 8 lines
$>$ Water temperature 26.5

## TIMING:

$>$ Electronic timing

## CATEGORIES:

| CATEGORIES | MEN | WOMEN |
| :---: | :--- | :--- |
| A | OPEN | OPEN |
| B | $2003-2006$ | $2003-2006$ |
| C | $2007-2008$ | $2007-2008$ |
| D | $2009-2010$ | $2009-2010$ |
| E | $2011 \&$ YOUNGER | $2011 \&$ YOUNGER |

## COMPETITION PROGRAM:

| $\begin{gathered} \text { 13-11-2021 } \\ \text { SATURDAY } \end{gathered}$ |  | 14-11-2021 SUNDAY |  |
| :---: | :---: | :---: | :---: |
| PART ONE |  | PART THREE |  |
| WARM UP: | 07:30-09:15 | WARM UP: | 07:30-09:15 |
| START: | 09:30h | START: | 09:30h |
| 100m free m/f | (A-E) | 50m free m/f | (A-E) |
| 50m breast m/f | (A-E) | 200m breast m/f | (A-D) |
| 200m IM m/f | (A-D) | 100m fly m/f | (A-E) |
| 200m back m/f | (A-D) | 1500m free m | (A) |
| 800m free f | (A) |  |  |
| PART TWO |  | PART FOUR |  |
| WARM UP: | 16:30-17:45 | WARM UP: | 15:30-16:45 |
| START: | 18:00h | START: | 17:00h |
| 400m free m/f | (A-C) | 200m free m/f | (A-D) |
| 100m breast m/f | (A-E) | 50m fly m/f | (A-E) |
| 50m back m/f | (A-E) | 400m IM m/f | (A) |
| 200m fly m/f | (A-D) | 100m back m/f | (A-E) |
| 100m IM m/f | (A-E) |  |  |

## PROPOSITIONS:

$>$ The competition is in LEN Calendar and will be organized according to FINA, LEN and Swimming Federation N. Macedonian rules, as well as the rules of this competition.
$>$ The total number of competitors must not exceed 200.
$>$ Swimming in all disciplines will be in series. The fastest, will swim last. Start list will be drawn up on time regardless of category.
$>$ Every participant can compete in an unlimited number of disciplines.

## ENTRY DEADLINE:

> Application should be sent to the organizer by
$>$ 07.11.2021 ,INTENTION TO PARTICIPATE ( The organizer reserves the right to limit or refuse the aplication. Clubs who's aplications were limited or refused will be informed immediately after the deadline for aplication).
> 09.11.2021 ,FINAL ENTRY FORM (LENEX FILE)
$>$ 11.11.2021,COVID-19 PROTOCOL, WILL BE DELIVERED TO THE PARTICIPANTS.
$>$ e-mail : sc.skopje@gmail.com

## WITHDRAWAL DEADLINE:

$>$ Thursday 11.11.2021 at 18:00h.

## START FEE:

$>$ The start fee is 300.00 MKD for domestic participants or 5 EUR for foreign participants, per start
$>$ The participants are obligated to pay the start fee to the organizer before the beginning of the competition.
$>$ Additional 5euro will be charged for swimmers who swim above time limits.

## AWARDS:

> The three best swimmers in age categories will receive medals in every discipline.
$>$ The swimmers with three best results, regardless the finals will receive a Cup in age categories.

## HEALTH ISSUE:

$>$ Each swimming club is responsible for the health condition of its swimmers.

TIME LIMITS - MEN

|  | FREESTYLE | BACKSTROKE | BREASTSTROKE | BUTTERFLY | MEDLEY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{5 0 m}$ | $\mathbf{4 0 . 0 0}$ | $\mathbf{4 6 . 0 0}$ | $\mathbf{5 1 . 0 0}$ | $\mathbf{4 4 . 0 0}$ | $/$ |
| $\mathbf{1 0 0 m}$ | $\mathbf{1 : 2 4 . 0 0}$ | $\mathbf{1 : 3 6 . 0 0}$ | $\mathbf{1 : 5 0 . 0 0}$ | $\mathbf{1 : 3 4 . 0 0}$ | $\mathbf{1 : 3 8 . 0 0}$ |
| $\mathbf{2 0 0 m}$ | $\mathbf{2 : 5 0 . 0 0}$ | $\mathbf{3 : 1 5 . 0 0}$ | $3: 42.00$ | $\mathbf{3 : 1 5 . 0 0}$ | $3: 18.00$ |
| $\mathbf{4 0 0 \mathrm { m }}$ | $\mathbf{5 : 2 0 . 0 0}$ | $/$ | $/$ | $/$ | $5: 30.00$ |
| $\mathbf{1 5 0 0 m}$ | $\mathbf{1 9 : 0 0 . 0 0}$ | $/$ | $/$ | $/$ | $/$ |

TIME LIMITS - WOMEN

|  | FREESTYLE | BACKSTROKE | BREASTSTROKE | BUTTERFLY | MEDLEY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{5 0 m}$ | $\mathbf{4 2 . 0 0}$ | 49.00 | 57.00 | 48.00 | $/$ |
| 100 m | $1: 27.00$ | $1: 43.00$ | $1: 59.00$ | $1: 42.00$ | $1: 44.00$ |
| $\mathbf{2 0 0 m}$ | $2: 54.00$ | $3: 29.00$ | $3: 59.00$ | $3: 29.00$ | $3: 29.00$ |
| 400 m | $5: 40.00$ | $/$ | $/$ | $/$ | $5: 50.00$ |
| $\mathbf{8 0 0 m}$ | $10: 45.00$ | $/$ | $/$ | $/$ | $/$ |

