



**XVI INTERNATIONAL SWIMMING
MEETING**

„DOLPHIN CUP 2022,,

SKOPJE, 27.03.2022

1. ORGANIZER

Swimming Club „Dolphin,, Skopje

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2. DATE AND PLACE

27 March 2022 in Skopje, at the indoor Swimming Pool Boris Trajkovski sport center with dimensions of 25m x 33m and 12 swimming lanes, also with a small warm up pool with dimensions of 20 m x 8m and water temperature of 26.5°C.

3. TIMEKEEPING

Electronic timekeeping.

4. CATEGORIES

AGE GROUP	MALE	FEMALE
Category A	Absolute	Absolute
Category B	2007 – 2008	2007 – 2008
Category C	2009 - 2010	2009 - 2010
Category D	2011- 2012	2011- 2012
Category E	2013	2013
Category F	2014and younger	2014 and younger

5. PROPOSITIONS

The swimming competition will be held under the rules of the World Swimming Federation “FINA” and the National swimming Federation of the Republic of North Macedonia.

There is no limitation on the number of races that every swimmer can be entered into and every swimmers can swim in apsolutly category in all discipline.

6. ENTRY FEE

250 den per race start for domestic competitors and 5 EURO for foreign competitors.

SKILS RACE: Fisrt 8 swimmers in discipline 50 freestyle will be compete for skil race

The number of the swimmers and clubs is it limited

In case there are too many regitsraed swimmeres events 800 m free and 400 m free are going to be limited to one heat in 800 and two hets in 400 m freestyle

7. SWIMMING PROGRAM

I Part : Sunday 27.03.2022 08:45

Warm up 07:30

800 freestyle	m/f	A,
100 medley	m/f	A,B,C,D,E
50 freestyle	m/f	A ,B,C,D,E,F
200 breastroke	m/f	A,B,C,
100 buterfly	m/f	A,B,C,D,E
200 freestyle	m/f	A,B,C,D
100 backtroke	m/f	A,B,C,D
50 breastroke	m/f	A,B,C,D,E,F
400 medlay	m/f	A,B

II Part : Sunday 27.03.2022 16:45

Warm up 15:30

200 medlay	m/f	A,B,C
50 buterfly	m/f	A,B,C,D,E,F
100 freestyle	m/f	A,B,C,D,E
200 backstroke	m/f	A,B,C
100 breastroke	m/f	A,B,C,D,E
200 buterfly	m/f	A,B,C
50 backtroke	m/f	A,B,C,D,E,F
400 freestyle	m/f	A,B
50 skins frrestyle	m/f	A

8. AWARDS

The best three competitors in each of the categories shall receive medals.

The best male and female competitors in allcategory will be selected according to the total number of collected points in their four best disciplines (including the disciplines in the absolute category) according to the FINA scoring table .

Winer from skills race will be awarded.

9. APPLICATIONS

Applications should be sent and received by 22.03.2022 at the lates by lenex.

The application should contain the following information:

- Official name of the Swimming Club
- First name and surname of the competitor, sex and date of birth
- Disciplines (races) and best time in a 50m length swimming pool.

Participation may be cancelled by 24.03.2022 at the latest.

The application itself shall be considered as a guarantee for the good health and medical condition of the swimmers by the club.

10. PROTOCOL

The swimming competition will be held according to Covid protocolsngiven by Government of republic of North Macedonia and National swimming federation of North Macedonia