



JULY 09-10.2022. PODGORICA











#### Technical organizer and support to organization:

Capital City Podgorica and Montenegro Swimming Federation

#### Contact Information:

Office address: South of the Podgorica City Stadium, 19 December Street, 81000 Podgorica, Republic of Montenegro

Tel: +382 20 671 931

Email: pr@wpolo.me and danijeladjikanovic@hotmail.com

#### Venue:

Name: Open Olympic Swimming Pool "Moraca", Podgorica

Address: Sport centar "Moraca", Ivana Milutinovica bb, 81000, Podgorica

Technical data: 50m Swimming pool, 10 Lanes, 2.2m Depth, 27.5°C Water temperature

#### **Entry Deadline:**

Monday, July 04, 2022 by 23:59 on: aca.rosic@gmail.com

#### Withdrawal Deadline:

Thursday, July 7, 2022 by 23:59 on: aca.rosic@gmail.com

#### **Entry Fee:**

5 EURO per start

#### Eligibility:

Competitors have no entry limitations concerning the number of individual events. Each Club/National Team can enter only one relay. Relays compete in Open category.

#### Categories:

CATEGORY	MALE	FEMALE
Α	ALL	ALL
В	2004 / 2005	2005 / 2006
C	2006 / 2007	2007 / 2008
D	2008 / 2009	2009 / 2010
E	2010 and younger	2011 and younger

#### Timing:

Alge Electronic System





#### Team Managers Meeting:

Team Managers Meeting will take place on July 08, 2022 at 20:30 in University of Podgorica New Dormitory - the official accommodation facility of the event.

#### Heats:

Heats are to be swim in the morning sessions. Number of heats and seeding for all the individual events will be determined in accordance with FINA swimming rules (SW 3.1). In case there are less than 9 competitors entering the event, that event will be seeded as final and will be swum in the final/afternoon session. F category competitors are swimming only 50m and 100m freestyle events. In case a great number of competitors enter the competition, referee can authorize the use of 'flying start" in order to prevent any potential delay. Any change will be decided during the Technical meeting.

#### Finals:

Finals will be swum in the afternoon sessions for all individual events. Top 8 competitors from heats in every event will qualify for the finals.

#### Withdrawals From Finals:

Withdrawals are to be made not later than 30 minutes after official announcements of the results from the heats.

#### Awards:

Medals are to be awarded to top three swimmers per category in each individual event and top three relay teams. Top 3 male / Top 3 female competitors within A category (ALL) will be awarded with prize money. Criteria for determining best male and female competitor is the sum of two best performances according to FINA Points Table. At the end of the competition, both male and female competitors will receive prize money in the following order:

1st place – 500 euro 2nd place – 400 euro 3rd place – 300 euro Best male/female swimmer from Montenegro will be awarded with prize money.

Best male competitor from MNE – 250 euro

Best female competitor from MNE – 250 euro







#### **Awarding Ceremonies:**

In order to prevent the spreading of COVID-19 medals the organizer will not use the podium to present the medals to medal winners. Only official representatives of participating teams will have the opportunity to pick up the medals from the medal pickup point designated by the organizer. Medals for B, C, D and E category will be delivered after the completion of all heats of that particular event during morning sessions. Medals for A category will be delivered after the finals in the afternoon sessions.

#### **Important Notifications:**

- -The Event is being organized in accordance with the measures and recomendations of the COVID-19 government authorities and in accordance with the Health Protocol of Montenegro Swimming Federation.
- -The Event is being organized without the presence of spectators. Only competitors, coaches and officials will be allowed to enter the competition venue. Wearing protective masks on the faces will be mandatory for all participants during their stay at the competition venue.
- -Participants will be allowed to enter the competition venue 20 minutes before the start of the warm-up for each session. Participants without protective masks and participants with detected increased body temperature will not be allowed to enter the competition venue.
- -Avoiding physical contact, maintaining social distance of at least 2m and washing/desinfecting hands often is being recomended.
- -In cases of detecting increased body temperature or any other sign of respiratory infection/disease (cough, fatigue, shortage of breath) the person experiencing the symptoms will be escorted out of the competition venue with the recommendation to report to the nearest COVID medical facility.
- -All competitors willing to participate, regardless of age and gender, must have no health issues whatsoever. They have to be completely healthy and capable of competing in accordance with Law on determining general health and ability to engage in sports and recreational activities.
- -Teams and competitors who officially enter the competition will be held responsible for all legal and financial issues regarding health of individual athletes regardless of age, gender or category.
- -Organizer of the Event will not be held responsible for all legal and financial issues regarding health of individual athletes regardless of age, gender or category before, during or after this Event.





#### **LIVE RESULTS:**



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This project is supported by FINA







PART I - Saturday, July 09, 2022 - (Heats)					
	8:00 - Warm up / 9:00 - First session				
1.	400m	FREESTYLE (men)	ALL		
2.	50m	FREESTYLE (women)	ALL		
3.	50m	BREASTSTROKE (men)	ALL		
4.	200m	BACKSTROKE (women)	ALL		
5.	200m	BUTTERFLY (men)	ALL		
6.	100m	BUTTERFLY (women)	ALL		
7.	100m	FREESTYLE (men)	ALL		
8.	200m	INDIVIDUAL MEDLEY (women)	ALL		
9.	50m	BUTTERFLY (men)	ALL		
10.	50m	BACKSTROKE (women)	ALL		
11.	100m	BACKSTROKE (men)	ALL		
12.	100m	BREASTSTROKE (women)	ALL		
13.	200m	BREASTSTROKE (men)	ALL		
14.	200m	FREESTYLE (women)	ALL		

PART II - Saturday, July 09, 2022 (FINALS)				
17:00 - Warm up / 17:40 - Opening Ceremony / 18:00 - Second session				
1.	400m	FREESTYLE (men)	FINALS	
2.	50m	FREESTYLE (women)	FINALS	
3.	50m	BREASTSTROKE (men)	FINALS	
4.	200m	BACKSTROKE (women)	FINALS	
5.	200m	BUTTERFLY (men)	FINALS	
6.	100m	BUTTERFLY (women)	FINALS	
7.	100m	FREESTYLE (men)	FINALS	
8.	200m	INDIVIDUAL MEDLEY (women)	FINALS	
9.	50m	BUTTERFLY (men)	FINALS	
10.	50m	BACKSTROKE (women)	FINALS	
11.	100m	BACKSTROKE (men)	FINALS	
12.	100m	BREASTSTROKE (women)	FINALS	
13	200m	BREASTSTROKE (men)	FINALS	
14	200m	FREESTYLE (women)	FINALS	
15	4x100	MEDLEY RELAY (men)	A	
16	4 x100	MEDLEY RELAY (women)	A	





	PART III - Sunday, July 10, 2022 - (Heats)				
	8:00 - Warm up / 9:00 - Third session				
17.	400m	FREESTYLE (women)	ALL		
18.	50m	FREESTYLE (men)	ALL		
19.	50m	BREASTSTROKE (women)	ALL		
20.	200m	BACKSTROKE (men)	ALL		
21.	200m	BUTTERFLY (žene)	ALL		
22.	100m	BUTTERFLY (men)	ALL		
23.	100m	FREESTYLE (women)	ALL		
24.	200m	INDIVIDUAL MEDLEY (men)	ALL		
25.	50m	BUTTERFLY (women)	ALL		
26.	50m	BACKSTROKE (men)	ALL		
27.	100m	BACKSTROKE (women)	ALL		
28.	100m	BREASTSTROKE (men)	ALL		
29.	200m	BREASTSTROKE (women)	ALL		
30.	200m	FREESTYLE (men)	ALL		

PART IV - Sunday, July 10, 2022(FINALS)				
17:00 - Warm up / 18:00 - Fourth session				
17.	400m	FREESTYLE (women)	FINALS	
18.	50m	FREESTYLE (men)	FINALS	
19.	50m	BREASTSTROKE (women)	FINALS	
20.	200m	BACKSTROKE (men)	FINALS	
21.	200m	BUTTERFLY (women)	FINALS	
22.	100m	BUTTERFLY (men)	FINALS	
23.	100m	FREESTYLE (women)	FINALS	
24.	200m	INDIVIDUAL MEDLEY (men)	FINALS	
25.	50m	BUTTERFLY (women)	FINALS	
26.	50m	BACKSTROKE (men)	FINALS	
27.	100m	BACKSTROKE (women)	FINALS	
28.	100m	BREASTSTROKE (men)	FINALS	
29.	200m	BREASTSTROKE (women)	FINALS	
30.	200m	FREESTYLE (men)	FINALS	
31.	4 x100	FREESTYLE RELAY (women)	A	
32.	4 x100	FREESTYLE RELAY (men)	A	

**AWARDING CEREMONY** 

TOP 3 MALE & TOP 3 FEMALE COMPETITORS
TOP MALE & FEMALE COMPETITOR FROM MONTENEGRO





#### **CITY AND THE VENUE:**













#### TRAVEL AND ACCOMMODATION:

Arrival and Departure - Airports:
Podgorica International Airport (8 km from the swimming pool)

Official accommodation facility for athletes and team staff: UNIVERSITY OF PODGORICA NEW DORMITORY Address: L2 Studentska, Podgorica Air-condition, Wi- Fi, Additional contents Price 20,00 EUR per person/full board/per night



For accommodation booking please contact

pr@wpolo.me