



SWIMMING AND WATERPOLO CLUB
VARDAR8 - SKOPJE

presenting

VARDAR CUP
2022

Dear friends and sports professionals,

it is a great honor for us to invite you
on the **1st VARDAR CUP 2022** which will be held
on October 29 and 30, 2022.
At the city pool in Kumanovo.

We would be honored with your presence.

For further information and questions,
please feel free to contact us at any time.

**We wish you a successful competition
season and many records**

With respect
PVK VARDAR8 - Skopje



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Vaterpolo Vardar 8



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PROPOSALS

Date

29-30 October 2022

Organizer:

PVK "Vardar 8" - Skopje

Location:

City pool KUMANOVO

Competition pool:

25 meters, 8 lanes

Water temperature: 26C

Entry fee:

300 denars for domestic swimmers, 5 euros for foreign swimmers
Each contestant is entitled to an unlimited number of appearances

Last date for registration

October 22, 2022 (Thursday); 11:59 p.m

Late application:

400 denars for domestic swimmers, 7 euros for foreign swimmers

Applications are sent to **vk.vardar8@gmail.com**

The same to be sent in a document, Lenex

if each application is sent in a Word or Excel document

it should have the Name and Surname of the swimmer, date of birth
and Club.

Start:

08:00 - 09:45 Warm up

10:00 Start of the races

The technical meeting will be held on

October 29, 2022 from 7:30 a.m. in the pool area

Timing:

Electronically



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CATEGORY

Category	Man	Women
A	ABSOLUTE	ABSOLUTE
B	2006 - 2007	2007 - 2008
C	2008 - 2009	2009 - 2010
D	2010 - 2011	2011 - 2012
E	2012	2013
F	2013	2014 and younger
G	2014 and younger	

The three first place winners in each category receive medals,
 The best swimmers in categories receive trophies.
 He is declared the best swimmer in the category
 the swimmer with the most valuable 3 scores.
 The club with the most points receives a cup and a cash prize

Day 1

100m medley M/F	A,B,C,D,E
50m freestyle M/F	A,B,C,D,E,F,G
200m breaststroke M/F	A,B,C
100m butterfly M/F	A,B,C,D
200m freestyle M/F	A,B,C,D
100m backstroke M/F	A,B,C,D
50m breaststroke M/F	A,B,C,D,E,F,G
400m medley M/F	A,B,C

Day 2

50m backstroke M/F	A,B,C,D,E, F
200m medley M/F	A,B,C
50m butterfly M/F	A,B,C,D,E,F,G
100m freestyle M/F	A,B,C,D,E
200m backstroke M/F	A,B,C
100m breaststroke M/F	A,B,C,D,E
200m butterfly M/F	A,B,C
400m freestyle M/F	A,B,C

Important notes:

1. The competition is held according to the rules of FINA, Len and The National Swimming Federation of the Republic of Macedonia
2. Audience presence is allowed
3. All competitors who want to participate in the competition they should be psychophysically healthy
4. The clubs that register their competitors for the competition bear full responsibility for the health condition to its competitors
5. The organizer of the competition bears no responsibility for during and after the match if there are unwanted consequences.



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