

ZIMSKO NACIONALNO PRVENSTVO DEKEMVRI 2022
SKOPJE, 17. - 18.12.2022

Disciplina 15
17.12.2022 - 18:10

Ženski/F, 1500m Slobodno/Free

Otvoreno/Open
Rezultati

MKD Otvoreno/Open	16:14.79		
MKD - 16	16:56.30	APSK	12.12.2020
MKD - 14	17:13.23	SKO	20.11.2022

Bodova: FINA 2020

Rang		G.R.		Vreme	Bodova
Otvoreno/Open					
1.	Eva Petrovska	04	A.Pro AMS,SK	16:33.94	787
	100m: 1:03.14 1:03.14	500m: 5:29.57 1:06.75	900m: 9:56.33 1:06.40	1300m: 14:23.22 1:06.84	
	200m: 2:09.45 1:06.31	600m: 6:36.60 1:07.03	1000m: 11:02.74 1:06.41	1400m: 15:29.89 1:06.67	
	300m: 3:16.14 1:06.69	700m: 7:43.48 1:06.88	1100m: 12:09.44 1:06.70	1500m: 16:33.94 1:04.05	
	400m: 4:22.82 1:06.68	800m: 8:49.93 1:06.45	1200m: 13:16.38 1:06.94		
2.	Iva Kitanovik	07	Orion, SK	19:04.76	515
	100m:	500m:	900m:	1300m:	
	200m: 7:30.02	600m:	1000m:	1400m:	
	300m: 17:48.45 10:18.43	700m:	1100m:	1500m: 19:04.76	
	400m:	800m:	1200m:		
3.	Jana Konstandinovska	03	Mladost, SK	19:17.97	498
	100m: 1:09.12 1:09.12	500m: 6:13.91 1:17.63	900m: 11:28.97 1:19.22	1300m: 16:43.95 1:18.07	
	200m: 2:23.06 1:13.94	600m: 7:32.25 1:18.34	1000m: 12:48.52 1:19.55	1400m: 18:02.30 1:18.35	
	300m: 3:39.21 1:16.15	700m: 8:50.27 1:18.02	1100m: 14:07.66 1:19.14	1500m: 19:17.97 1:15.67	
	400m: 4:56.28 1:17.07	800m: 10:09.75 1:19.48	1200m: 15:25.88 1:18.22		
4.	Kalina Stojanovska	06	Neptun, SK	19:32.76	479
	100m:	500m: 6:21.43 1:18.26	900m: 11:34.66 1:18.39	1300m: 16:54.39 1:20.06	
	200m: 2:16.59	600m: 7:39.56 1:18.13	1000m: 12:54.79 1:20.13	1400m: 18:14.23 1:19.84	
	300m: 3:45.17 1:28.58	700m: 8:58.38 1:18.82	1100m: 14:14.13 1:19.34	1500m: 19:32.76 1:18.53	
	400m: 5:03.17 1:18.00	800m: 10:16.27 1:17.89	1200m: 15:34.33 1:20.20		
5.	Neda Tanurovska	08	Orion, SK	20:45.21	400
	100m: 1:14.94 1:14.94	500m: 6:43.39 1:23.78	900m: 12:17.58 1:24.08	1300m: 17:56.70 1:26.43	
	200m: 2:35.47 1:20.53	600m: 8:06.34 1:22.95	1000m: 13:42.15 1:24.57	1400m: 19:21.86 1:25.16	
	300m: 3:57.17 1:21.70	700m: 9:30.22 1:23.88	1100m: 15:05.26 1:23.11	1500m: 20:45.21 1:23.35	
	400m: 5:19.61 1:22.44	800m: 10:53.50 1:23.28	1200m: 16:30.27 1:25.01		
6.	Sofija Stefanovska	08	Neptun, SK	21:06.28	381
	100m: 1:11.76 1:11.76	500m: 6:47.78 1:25.40	900m: 12:31.75 1:26.33	1300m: 18:15.42 1:25.93	
	200m: 2:33.03 1:21.27	600m: 8:14.54 1:26.76	1000m: 13:57.45 1:25.70	1400m: 19:41.15 1:25.73	
	300m: 3:57.42 1:24.39	700m: 9:39.77 1:25.23	1100m: 15:23.58 1:26.13	1500m: 21:06.28 1:25.13	
	400m: 5:22.38 1:24.96	800m: 11:05.42 1:25.65	1200m: 16:49.49 1:25.91		
7.	Milica Siljanovska	09	Beta Sharks, SK	22:28.03	315
	100m: 1:24.22 1:24.22	500m:	900m:	1300m:	
	200m:	600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m: 22:28.03	
	400m:	800m:	1200m:		

2004 i mla i

1.	Eva Petrovska	04	A.Pro AMS,SK	16:33.94	787
	100m: 1:03.14 1:03.14	500m: 5:29.57 1:06.75	900m: 9:56.33 1:06.40	1300m: 14:23.22 1:06.84	
	200m: 2:09.45 1:06.31	600m: 6:36.60 1:07.03	1000m: 11:02.74 1:06.41	1400m: 15:29.89 1:06.67	
	300m: 3:16.14 1:06.69	700m: 7:43.48 1:06.88	1100m: 12:09.44 1:06.70	1500m: 16:33.94 1:04.05	
	400m: 4:22.82 1:06.68	800m: 8:49.93 1:06.45	1200m: 13:16.38 1:06.94		
2.	Iva Kitanovik	07	Orion, SK	19:04.76	515
	100m:	500m:	900m:	1300m:	
	200m: 7:30.02	600m:	1000m:	1400m:	
	300m: 17:48.45 10:18.43	700m:	1100m:	1500m: 19:04.76	
	400m:	800m:	1200m:		
3.	Kalina Stojanovska	06	Neptun, SK	19:32.76	479
	100m:	500m: 6:21.43 1:18.26	900m: 11:34.66 1:18.39	1300m: 16:54.39 1:20.06	
	200m: 2:16.59	600m: 7:39.56 1:18.13	1000m: 12:54.79 1:20.13	1400m: 18:14.23 1:19.84	
	300m: 3:45.17 1:28.58	700m: 8:58.38 1:18.82	1100m: 14:14.13 1:19.34	1500m: 19:32.76 1:18.53	
	400m: 5:03.17 1:18.00	800m: 10:16.27 1:17.89	1200m: 15:34.33 1:20.20		

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Disciplina 15, Ženski/F, 1500m Slobodno/Free, 2004 i mla i

Rang			G.R.				Vreme Bodova	
4.	Neda Tanurovska		08	Orion, SK		20:45.21	400	
	100m: 1:14.94	1:14.94	500m: 6:43.39	1:23.78	900m: 12:17.58	1:24.08	1300m: 17:56.70	1:26.43
	200m: 2:35.47	1:20.53	600m: 8:06.34	1:22.95	1000m: 13:42.15	1:24.57	1400m: 19:21.86	1:25.16
	300m: 3:57.17	1:21.70	700m: 9:30.22	1:23.88	1100m: 15:05.26	1:23.11	1500m: 20:45.21	1:23.35
	400m: 5:19.61	1:22.44	800m: 10:53.50	1:23.28	1200m: 16:30.27	1:25.01		
5.	Sofija Stefanovska		08	Neptun, SK		21:06.28	381	
	100m: 1:11.76	1:11.76	500m: 6:47.78	1:25.40	900m: 12:31.75	1:26.33	1300m: 18:15.42	1:25.93
	200m: 2:33.03	1:21.27	600m: 8:14.54	1:26.76	1000m: 13:57.45	1:25.70	1400m: 19:41.15	1:25.73
	300m: 3:57.42	1:24.39	700m: 9:39.77	1:25.23	1100m: 15:23.58	1:26.13	1500m: 21:06.28	1:25.13
	400m: 5:22.38	1:24.96	800m: 11:05.42	1:25.65	1200m: 16:49.49	1:25.91		
6.	Milica Siljanovska		09	Beta Sharks, SK		22:28.03	315	
	100m: 1:24.22	1:24.22	500m:		900m:		1300m:	
	200m:		600m:		1000m:		1400m:	
	300m:		700m:		1100m:		1500m: 22:28.03	
	400m:		800m:		1200m:			

2006 i mla i

1.	Iva Kitanovik		07	Orion, SK		19:04.76	515	
	100m:		500m:		900m:		1300m:	
	200m: 7:30.02		600m:		1000m:		1400m:	
	300m: 17:48.45	10:18.43	700m:		1100m:		1500m: 19:04.76	
	400m:		800m:		1200m:			
2.	Kalina Stojanovska		06	Neptun, SK		19:32.76	479	
	100m:		500m: 6:21.43	1:18.26	900m: 11:34.66	1:18.39	1300m: 16:54.39	1:20.06
	200m: 2:16.59		600m: 7:39.56	1:18.13	1000m: 12:54.79	1:20.13	1400m: 18:14.23	1:19.84
	300m: 3:45.17	1:28.58	700m: 8:58.38	1:18.82	1100m: 14:14.13	1:19.34	1500m: 19:32.76	1:18.53
	400m: 5:03.17	1:18.00	800m: 10:16.27	1:17.89	1200m: 15:34.33	1:20.20		
3.	Neda Tanurovska		08	Orion, SK		20:45.21	400	
	100m: 1:14.94	1:14.94	500m: 6:43.39	1:23.78	900m: 12:17.58	1:24.08	1300m: 17:56.70	1:26.43
	200m: 2:35.47	1:20.53	600m: 8:06.34	1:22.95	1000m: 13:42.15	1:24.57	1400m: 19:21.86	1:25.16
	300m: 3:57.17	1:21.70	700m: 9:30.22	1:23.88	1100m: 15:05.26	1:23.11	1500m: 20:45.21	1:23.35
	400m: 5:19.61	1:22.44	800m: 10:53.50	1:23.28	1200m: 16:30.27	1:25.01		
4.	Sofija Stefanovska		08	Neptun, SK		21:06.28	381	
	100m: 1:11.76	1:11.76	500m: 6:47.78	1:25.40	900m: 12:31.75	1:26.33	1300m: 18:15.42	1:25.93
	200m: 2:33.03	1:21.27	600m: 8:14.54	1:26.76	1000m: 13:57.45	1:25.70	1400m: 19:41.15	1:25.73
	300m: 3:57.42	1:24.39	700m: 9:39.77	1:25.23	1100m: 15:23.58	1:26.13	1500m: 21:06.28	1:25.13
	400m: 5:22.38	1:24.96	800m: 11:05.42	1:25.65	1200m: 16:49.49	1:25.91		
5.	Milica Siljanovska		09	Beta Sharks, SK		22:28.03	315	
	100m: 1:24.22	1:24.22	500m:		900m:		1300m:	
	200m:		600m:		1000m:		1400m:	
	300m:		700m:		1100m:		1500m: 22:28.03	
	400m:		800m:		1200m:			

2008 i mla i

1.	Neda Tanurovska		08	Orion, SK		20:45.21	400	
	100m: 1:14.94	1:14.94	500m: 6:43.39	1:23.78	900m: 12:17.58	1:24.08	1300m: 17:56.70	1:26.43
	200m: 2:35.47	1:20.53	600m: 8:06.34	1:22.95	1000m: 13:42.15	1:24.57	1400m: 19:21.86	1:25.16
	300m: 3:57.17	1:21.70	700m: 9:30.22	1:23.88	1100m: 15:05.26	1:23.11	1500m: 20:45.21	1:23.35
	400m: 5:19.61	1:22.44	800m: 10:53.50	1:23.28	1200m: 16:30.27	1:25.01		
2.	Sofija Stefanovska		08	Neptun, SK		21:06.28	381	
	100m: 1:11.76	1:11.76	500m: 6:47.78	1:25.40	900m: 12:31.75	1:26.33	1300m: 18:15.42	1:25.93
	200m: 2:33.03	1:21.27	600m: 8:14.54	1:26.76	1000m: 13:57.45	1:25.70	1400m: 19:41.15	1:25.73
	300m: 3:57.42	1:24.39	700m: 9:39.77	1:25.23	1100m: 15:23.58	1:26.13	1500m: 21:06.28	1:25.13
	400m: 5:22.38	1:24.96	800m: 11:05.42	1:25.65	1200m: 16:49.49	1:25.91		

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SKOPJE, 17. - 18.12.2022

Disciplina 15, Ženski/F, 1500m Slobodno/Free, 2008 i mla i

Rang		G.R.		Vreme	Bodova
3.	Milica Siljanovska	09	Beta Sharks, SK	22:28.03	315
	100m: 1:24.22 1:24.22	500m:	900m:	1300m:	
	200m:	600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m: 22:28.03	
	400m:	800m:	1200m:		