

Letno nacionalno prvenstvo za kadeti i pioniri - 2023  
SKOPJE, 08. -09.07.2023

Disciplina 23  
09.07.2023 - 10:33

Ženski/F, 400m Slobodno/Free

16 godina i mla i  
Rezultati

MKD Otvoreno/Open	4:17.52	MKD	(ESP)	20.07.2003
MKD - 16	4:20.20			
MKD - 14	4:26.00			
MKD - 12	4:39.55			
MKD - 10	5:06.00			

Bodova: FINA 2022

Rang	Puno ime/Full Name	G/Y	Puno ime kluba/Full Clutspilvano	vrema	Bod.	Kat	100m	200m	300m	400m
<b>16 godina i mla i</b>										
1.	Sara Jankovik	15	Skopje, SKO	<b>4:31.91</b>	657		1:04.69	1:08.32	1:09.73	1:09.17
	50m:		150m:	250m:				350m:		
	100m: 1:04.69		200m: 2:13.01	300m: 3:22.74				400m: 4:31.91		
2.	Iva Kitanovik	16	Orion, SK	<b>4:57.26</b>	503		1:09.59	1:15.41	1:16.63	1:15.63
	50m:		150m:	250m:				350m:		
	100m: 1:09.59		200m: 2:25.00	300m: 3:41.63				400m: 4:57.26		
3.	Neda Milenkovska	13	Mladost, SK	<b>4:59.45</b>	492		1:10.30	1:17.19	1:17.37	1:14.59
	50m:		150m:	250m:				350m:		
	100m: 1:10.30		200m: 2:27.49	300m: 3:44.86				400m: 4:59.45		
4.	Emilija Velkova	14	Neptun, SK	<b>5:00.02</b>	489		1:10.74	1:16.55	1:17.50	1:15.23
	50m:		150m:	250m:				350m:		
	100m: 1:10.74		200m: 2:27.29	300m: 3:44.79				400m: 5:00.02		
5.	Kalina Kuzmanovska	15	Beta Sharks, SK	<b>5:08.85</b>	448		1:16.65			
	50m:		150m:	250m:				350m:		
	100m: 1:16.65		200m:	300m:				400m: 5:08.85		
6.	Anja Karalievaa	15	Skopje, SKO	<b>5:10.22</b>	442		1:11.72	1:19.63	1:20.57	1:18.30
	50m:		150m:	250m:				350m:		
	100m: 1:11.72		200m: 2:31.35	300m: 3:51.92				400m: 5:10.22		
7.	Georgina Stavreska	12	Vardar 2018, SK	<b>5:11.25</b>	438		1:14.47	1:20.74	1:19.05	1:16.99
	50m:		150m:	250m:				350m:		
	100m: 1:14.47		200m: 2:35.21	300m: 3:54.26				400m: 5:11.25		
8.	Katja Milevska	15	Skopje, SKO	<b>5:18.34</b>	409		1:13.35	1:20.45		
	50m:		150m:	250m:				350m:		
	100m: 1:13.35		200m: 2:33.80	300m:				400m: 5:18.34		
9.	Teodora Kolceska	11	Mladost, SK	<b>5:19.27</b>	406		1:14.80	1:26.35	1:22.82	1:15.30
	50m:		150m:	250m:				350m:		
	100m: 1:14.80		200m: 2:41.15	300m: 4:03.97				400m: 5:19.27		
10.	Rosana Gosheva	16	Skopje, SKO	<b>5:19.36</b>	405		1:15.63	1:22.67	1:22.05	1:19.01
	50m:		150m:	250m:				350m:		
	100m: 1:15.63		200m: 2:38.30	300m: 4:00.35				400m: 5:19.36		
11.	Kalina Dimitrovska	12	Vardar 2018, SK	<b>5:20.24</b>	402		1:15.18	1:21.74	1:22.79	1:20.53
	50m:		150m:	250m:				350m:		
	100m: 1:15.18		200m: 2:36.92	300m: 3:59.71				400m: 5:20.24		
12.	Anastasija Kirandjick	12	Skopje, SKO	<b>5:20.50</b>	401		1:15.23	1:22.72	1:24.14	1:18.41
	50m:		150m:	250m:				350m:		
	100m: 1:15.23		200m: 2:37.95	300m: 4:02.09				400m: 5:20.50		
13.	Jana Velkovska	13	Vardar 2018, SK	<b>5:20.98</b>	399		1:16.69	1:21.75	1:22.65	1:19.89
	50m:		150m:	250m:				350m:		
	100m: 1:16.69		200m: 2:38.44	300m: 4:01.09				400m: 5:20.98		
14.	Sofija Trendafilova	16	Skopje, SKO	<b>5:27.01</b>	378		1:15.83	1:24.36	1:25.09	1:21.73
	50m:		150m:	250m:				350m:		
	100m: 1:15.83		200m: 2:40.19	300m: 4:05.28				400m: 5:27.01		
15.	Neda Jordanovska	15	Mladost, SK	<b>5:29.86</b>	368		1:14.72	1:24.16	1:25.96	1:25.02
	50m:		150m:	250m:				350m:		
	100m: 1:14.72		200m: 2:38.88	300m: 4:04.84				400m: 5:29.86		
16.	Darija Paneva	12	Beta Sharks, SK	<b>5:30.19</b>	367		1:17.09	1:25.39	1:24.92	1:22.79
	50m:		150m:	250m:				350m:		
	100m: 1:17.09		200m: 2:42.48	300m: 4:07.40				400m: 5:30.19		
17.	Kalina Trpcevska	13	Delfin, SK	<b>5:34.36</b>	353		1:16.53	1:26.55	1:28.64	1:22.64
	50m:		150m:	250m:				350m:		
	100m: 1:16.53		200m: 2:43.08	300m: 4:11.72				400m: 5:34.36		

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Disciplina 23, Ženski/F, 400m Slobodno/Free, 16 godina i mla i

Rang	Puno ime/Full Name	G/Y	Puno ime kluba/Full Club	Plivano vreme	Bod.	Kat	100m	200m	300m	400m
18.	Ivana Simjanovska	14	Beta Sharks, SK	<b>5:34.88</b>	352		1:18.37	1:27.43	1:26.26	1:22.82
	50m:		150m:	250m:				350m:		
	100m: 1:18.37		200m: 2:45.80	300m: 4:12.06				400m: 5:34.88		
19.	Angelina Dzugomanova	12	Beta Sharks, SK	<b>5:36.80</b>	346		1:20.34	1:26.56	1:28.39	1:21.51
	50m:		150m:	250m:				350m:		
	100m: 1:20.34		200m: 2:46.90	300m: 4:15.29				400m: 5:36.80		
20.	Neda Tanurovska	15	Orion, SK	<b>5:40.73</b>	334		1:18.50	1:27.06	1:28.09	1:27.08
	50m:		150m:	250m:				350m:		
	100m: 1:18.50		200m: 2:45.56	300m: 4:13.65				400m: 5:40.73		
21.	Tamara Turmakoska	13	Vardar 2018, SK	<b>5:55.78</b>	293		1:21.38	1:29.02	1:32.46	1:32.92
	50m:		150m:	250m:				350m:		
	100m: 1:21.38		200m: 2:50.40	300m: 4:22.86				400m: 5:55.78		
22.	Anga Nacevska	12	Mladost, SK	<b>6:16.36</b>	248		1:29.42	1:36.12		
	50m:		150m:	250m:				350m:		
	100m: 1:29.42		200m: 3:05.54	300m:				400m: 6:16.36		
23.	Matea Jankoska	11	Delfin, SK	<b>6:32.82</b>	218		1:31.00	1:42.20	1:41.49	1:38.13
	50m:		150m:	250m:				350m:		
	100m: 1:31.00		200m: 3:13.20	300m: 4:54.69				400m: 6:32.82		
24.	Mila Naskoska	13	Delfin, SK	<b>6:34.46</b>	215		1:31.75	1:41.94	1:42.62	1:38.15
	50m:		150m:	250m:				350m:		
	100m: 1:31.75		200m: 3:13.69	300m: 4:56.31				400m: 6:34.46		
DNS	Teodora Bozinovska	11	Tumba, KU							
DNS	Mila Blazhevaska	14	Beta Sharks, SK							

14 godina i mla i

1.	Neda Milenkovska	13	Mladost, SK	<b>4:59.45</b>	492		1:10.30	1:17.19	1:17.37	1:14.59
	50m:		150m:	250m:				350m:		
	100m: 1:10.30		200m: 2:27.49	300m: 3:44.86				400m: 4:59.45		
2.	Emilija Velkova	14	Neptun, SK	<b>5:00.02</b>	489		1:10.74	1:16.55	1:17.50	1:15.23
	50m:		150m:	250m:				350m:		
	100m: 1:10.74		200m: 2:27.29	300m: 3:44.79				400m: 5:00.02		
3.	Georgina Stavreska	12	Vardar 2018, SK	<b>5:11.25</b>	438		1:14.47	1:20.74	1:19.05	1:16.99
	50m:		150m:	250m:				350m:		
	100m: 1:14.47		200m: 2:35.21	300m: 3:54.26				400m: 5:11.25		
4.	Teodora Kolceska	11	Mladost, SK	<b>5:19.27</b>	406		1:14.80	1:26.35	1:22.82	1:15.30
	50m:		150m:	250m:				350m:		
	100m: 1:14.80		200m: 2:41.15	300m: 4:03.97				400m: 5:19.27		
5.	Kalina Dimitrovska	12	Vardar 2018, SK	<b>5:20.24</b>	402		1:15.18	1:21.74	1:22.79	1:20.53
	50m:		150m:	250m:				350m:		
	100m: 1:15.18		200m: 2:36.92	300m: 3:59.71				400m: 5:20.24		
6.	Anastasija Kirandjic	12	Skopje, SKO	<b>5:20.50</b>	401		1:15.23	1:22.72	1:24.14	1:18.41
	50m:		150m:	250m:				350m:		
	100m: 1:15.23		200m: 2:37.95	300m: 4:02.09				400m: 5:20.50		
7.	Jana Velkovska	13	Vardar 2018, SK	<b>5:20.98</b>	399		1:16.69	1:21.75	1:22.65	1:19.89
	50m:		150m:	250m:				350m:		
	100m: 1:16.69		200m: 2:38.44	300m: 4:01.09				400m: 5:20.98		
8.	Darija Paneva	12	Beta Sharks, SK	<b>5:30.19</b>	367		1:17.09	1:25.39	1:24.92	1:22.79
	50m:		150m:	250m:				350m:		
	100m: 1:17.09		200m: 2:42.48	300m: 4:07.40				400m: 5:30.19		
9.	Kalina Trpcevska	13	Delfin, SK	<b>5:34.36</b>	353		1:16.53	1:26.55	1:28.64	1:22.64
	50m:		150m:	250m:				350m:		
	100m: 1:16.53		200m: 2:43.08	300m: 4:11.72				400m: 5:34.36		
10.	Ivana Simjanovska	14	Beta Sharks, SK	<b>5:34.88</b>	352		1:18.37	1:27.43	1:26.26	1:22.82
	50m:		150m:	250m:				350m:		
	100m: 1:18.37		200m: 2:45.80	300m: 4:12.06				400m: 5:34.88		
11.	Angelina Dzugomanova	12	Beta Sharks, SK	<b>5:36.80</b>	346		1:20.34	1:26.56	1:28.39	1:21.51
	50m:		150m:	250m:				350m:		
	100m: 1:20.34		200m: 2:46.90	300m: 4:15.29				400m: 5:36.80		
12.	Tamara Turmakoska	13	Vardar 2018, SK	<b>5:55.78</b>	293		1:21.38	1:29.02	1:32.46	1:32.92
	50m:		150m:	250m:				350m:		
	100m: 1:21.38		200m: 2:50.40	300m: 4:22.86				400m: 5:55.78		

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Disciplina 23, Ženski/F, 400m Slobodno/Free, 14 godina i mla i

Rang	Puno ime/Full Name	G/Y	Puno ime kluba/Full Club	Splivano vreme	Bod.	Kat	100m	200m	300m	400m
13.	Anga Nacevska	12	Mladost, SK	<b>6:16.36</b>	248		1:29.42	1:36.12		
	50m:		150m:	250m:				350m:		
	100m: 1:29.42		200m: 3:05.54	300m:				400m: 6:16.36		
14.	Matea Jankoska	11	Delfin, SK	<b>6:32.82</b>	218		1:31.00	1:42.20	1:41.49	1:38.13
	50m:		150m:	250m:				350m:		
	100m: 1:31.00		200m: 3:13.20	300m: 4:54.69				400m: 6:32.82		
15.	Mila Naskoska	13	Delfin, SK	<b>6:34.46</b>	215		1:31.75	1:41.94	1:42.62	1:38.15
	50m:		150m:	250m:				350m:		
	100m: 1:31.75		200m: 3:13.69	300m: 4:56.31				400m: 6:34.46		
DNS	Teodora Bozinovska	11	Tumba, KU							
DNS	Mila Blazhevska	14	Beta Sharks, SK							

12 godina i mla i

1.	Georgina Stavreska	12	Vardar 2018, SK	<b>5:11.25</b>	438		1:14.47	1:20.74	1:19.05	1:16.99
	50m:		150m:	250m:				350m:		
	100m: 1:14.47		200m: 2:35.21	300m: 3:54.26				400m: 5:11.25		
2.	Teodora Kolceska	11	Mladost, SK	<b>5:19.27</b>	406		1:14.80	1:26.35	1:22.82	1:15.30
	50m:		150m:	250m:				350m:		
	100m: 1:14.80		200m: 2:41.15	300m: 4:03.97				400m: 5:19.27		
3.	Kalina Dimitrovska	12	Vardar 2018, SK	<b>5:20.24</b>	402		1:15.18	1:21.74	1:22.79	1:20.53
	50m:		150m:	250m:				350m:		
	100m: 1:15.18		200m: 2:36.92	300m: 3:59.71				400m: 5:20.24		
4.	Anastasija Kirandjik	12	Skopje, SKO	<b>5:20.50</b>	401		1:15.23	1:22.72	1:24.14	1:18.41
	50m:		150m:	250m:				350m:		
	100m: 1:15.23		200m: 2:37.95	300m: 4:02.09				400m: 5:20.50		
5.	Darija Paneva	12	Beta Sharks, SK	<b>5:30.19</b>	367		1:17.09	1:25.39	1:24.92	1:22.79
	50m:		150m:	250m:				350m:		
	100m: 1:17.09		200m: 2:42.48	300m: 4:07.40				400m: 5:30.19		
6.	Angelina Dzugomanova	12	Beta Sharks, SK	<b>5:36.80</b>	346		1:20.34	1:26.56	1:28.39	1:21.51
	50m:		150m:	250m:				350m:		
	100m: 1:20.34		200m: 2:46.90	300m: 4:15.29				400m: 5:36.80		
7.	Anga Nacevska	12	Mladost, SK	<b>6:16.36</b>	248		1:29.42	1:36.12		
	50m:		150m:	250m:				350m:		
	100m: 1:29.42		200m: 3:05.54	300m:				400m: 6:16.36		
8.	Matea Jankoska	11	Delfin, SK	<b>6:32.82</b>	218		1:31.00	1:42.20	1:41.49	1:38.13
	50m:		150m:	250m:				350m:		
	100m: 1:31.00		200m: 3:13.20	300m: 4:54.69				400m: 6:32.82		
DNS	Teodora Bozinovska	11	Tumba, KU							