

Neptun Cup 2023  
Skopje, 04. -05.03.2023

12	/F, 400m	/Free	/Open
04.03.2023 - 11:18			
MKD /Open	4:12.03		
MKD - 16	4:15.84	APSK	17.10.2020
MKD - 14	4:20.10		
MKD - 12	4:33.49		
MKD - 10	5:03.67		

: FINA 2022

Rang	Ime i prezime / Full name	Kat	G/Y	Puno ime kluba/Full Club Name	Vreme/Time	Bod/Pts	Status
<b>13 - 14 godina</b>							
1.	Adora Hoxha	09		Step, PR	<b>4:52.79</b>	509	
	50m: 33.01 33.01	150m: 1:47.63 37.39	250m: 3:02.63 37.22	350m: 4:17.14 37.32			
	100m: 1:10.24 37.23	200m: 2:25.41 37.78	300m: 3:39.82 37.19	400m: 4:52.79 35.65			
2.	Joana Jasiqi	10		Step, PR	<b>5:01.42</b>	467	
	50m:	150m: 1:51.18	250m:	350m: 4:24.26 37.98			
	100m:	200m: 2:28.56 37.38	300m: 3:46.28	400m: 5:01.42 37.16			
3.	Lisa Emini	10		Step, PR	<b>5:25.08</b>	372	
	50m: 37.54 37.54	150m: 1:59.84 41.67	250m: 3:22.65 40.99	350m: 4:45.35 41.68			
	100m: 1:18.17 40.63	200m: 2:41.66 41.82	300m: 4:03.67 41.02	400m: 5:25.08 39.73			
4.	Jana Velkovska	10		Vardar 2018, SK	<b>5:38.04</b>	331	
	50m: 37.00 37.00	150m: 2:02.83	250m: 3:28.65	350m: 4:55.85 43.52			
	100m:	200m:	300m: 4:12.33 43.68	400m: 5:38.04 42.19			
5.	Tamara Turmakoska	10		Vardar 2018, SK	<b>5:53.46</b>	289	
	50m: 41.90 41.90	150m: 2:11.01 44.74	250m: 3:41.97 45.58	350m: 5:10.93 44.10			
	100m: 1:26.27 44.37	200m: 2:56.39 45.38	300m: 4:26.83 44.86	400m: 5:53.46 42.53			
6.	Isidora Nestorovska	09		Beta Sharks, SK	<b>6:00.88</b>	272	
	50m: 39.10 39.10	150m: 2:10.27 46.61	250m: 3:43.37 46.45	350m: 5:16.66 46.23			
	100m: 1:23.66 44.56	200m: 2:56.92 46.65	300m: 4:30.43 47.06	400m: 6:00.88 44.22			

**15 - 16 godina**

1.	Era Budima	07		Step, PR	<b>4:38.21</b>	594	
	50m: 31.45 31.45	150m: 1:40.97 35.07	250m: 2:52.14 35.19	350m: 4:03.39 35.77			
	100m: 1:05.90 34.45	200m: 2:16.95 35.98	300m: 3:27.62 35.48	400m: 4:38.21 34.82			
2.	Olta Berisha	08		Step, PR	<b>4:42.95</b>	565	
	50m: 32.18 32.18	150m: 1:42.49 35.55	250m: 2:54.78 36.16	350m: 4:07.43 36.16			
	100m: 1:06.94 34.76	200m: 2:18.62 36.13	300m: 3:31.27 36.49	400m: 4:42.95 35.52			
3.	Iva Kitanovik	07		Orion, SK	<b>4:47.43</b>	539	
	50m: 32.41 32.41	150m: 1:44.93 37.03	250m: 2:57.14 36.35	350m: 4:11.30 37.27			
	100m: 1:07.90 35.49	200m: 2:20.79 35.86	300m: 3:34.03 36.89	400m: 4:47.43 36.13			
4.	Kanina Musliu	08		Prishtina, PR	<b>5:09.82</b>	430	
	50m: 33.70 33.70	150m: 1:50.06 38.91	250m: 3:10.83 40.89	350m: 4:31.55 39.83			
	100m: 1:11.15 37.45	200m: 2:29.94 39.88	300m: 3:51.72 40.89	400m: 5:09.82 38.27			
<b>/Open</b>							
1.	Eva Petrovska	04		Aqua Pro AMS, SK	<b>4:17.61</b>	748	
	50m:	150m: 1:35.16	250m: 2:39.82 32.22	350m: 3:45.51 32.82			
	100m:	200m: 2:07.60 32.44	300m: 3:12.69 32.87	400m: 4:17.61 32.10			
2.	Era Budima	07		Step, PR	<b>4:38.21</b>	594	
	50m: 31.45 31.45	150m: 1:40.97 35.07	250m: 2:52.14 35.19	350m: 4:03.39 35.77			
	100m: 1:05.90 34.45	200m: 2:16.95 35.98	300m: 3:27.62 35.48	400m: 4:38.21 34.82			
3.	Sara Dande	05		Te Stela SA, TI	<b>4:40.83</b>	577	
	50m: 30.80 30.80	150m: 1:39.78 35.24	250m: 2:51.72 36.11	350m: 4:04.78 36.43			
	100m: 1:04.54 33.74	200m: 2:15.61 35.83	300m: 3:28.35 36.63	400m: 4:40.83 36.05			

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	12,	/F, 400m	/Free,	/Open								
Rang	Ime i prezime / Full name			Kat	G/Y	Puno ime kluba/Full Club Name				Vreme/Time	Bod/Pts	Status
4.	Olta Berisha			08		Step, PR				<b>4:42.95</b>	565	
	50m:	32.18	32.18	150m:	1:42.49	35.55	250m:	2:54.78	36.16	350m:	4:07.43	36.16
	100m:	1:06.94	34.76	200m:	2:18.62	36.13	300m:	3:31.27	36.49	400m:	4:42.95	35.52
5.	Iva Kitanovik			07		Orion, SK				<b>4:47.43</b>	539	
	50m:	32.41	32.41	150m:	1:44.93	37.03	250m:	2:57.14	36.35	350m:	4:11.30	37.27
	100m:	1:07.90	35.49	200m:	2:20.79	35.86	300m:	3:34.03	36.89	400m:	4:47.43	36.13
6.	Jana Konstandinovska			03		Mladost, SK				<b>4:49.73</b>	526	
	50m:	32.82	32.82	150m:	1:44.19	35.74	250m:	2:58.56	37.98	350m:	4:13.74	37.12
	100m:	1:08.45	35.63	200m:	2:20.58	36.39	300m:	3:36.62	38.06	400m:	4:49.73	35.99
7.	Adora Hoxha			09		Step, PR				<b>4:52.79</b>	509	
	50m:	33.01	33.01	150m:	1:47.63	37.39	250m:	3:02.63	37.22	350m:	4:17.14	37.32
	100m:	1:10.24	37.23	200m:	2:25.41	37.78	300m:	3:39.82	37.19	400m:	4:52.79	35.65
8.	Joana Jasiqi			10		Step, PR				<b>5:01.42</b>	467	
	50m:			150m:	1:51.18		250m:			350m:	4:24.26	37.98
	100m:			200m:	2:28.56	37.38	300m:	3:46.28		400m:	5:01.42	37.16
9.	Briseida Llazari			11		Future SA, SH				<b>5:08.59</b>	435	
	50m:	34.36	34.36	150m:	1:52.31	39.79	250m:	3:12.98	40.13	350m:	4:31.23	39.23
	100m:	1:12.52	38.16	200m:	2:32.85	40.54	300m:	3:52.00	39.02	400m:	5:08.59	37.36
10.	Kanina Musliu			08		Prishtina, PR				<b>5:09.82</b>	430	
	50m:	33.70	33.70	150m:	1:50.06	38.91	250m:	3:10.83	40.89	350m:	4:31.55	39.83
	100m:	1:11.15	37.45	200m:	2:29.94	39.88	300m:	3:51.72	40.89	400m:	5:09.82	38.27
11.	Lisa Emini			10		Step, PR				<b>5:25.08</b>	372	
	50m:	37.54	37.54	150m:	1:59.84	41.67	250m:	3:22.65	40.99	350m:	4:45.35	41.68
	100m:	1:18.17	40.63	200m:	2:41.66	41.82	300m:	4:03.67	41.02	400m:	5:25.08	39.73
12.	Jana Velkovska			10		Vardar 2018, SK				<b>5:38.04</b>	331	
	50m:	37.00	37.00	150m:	2:02.83		250m:	3:28.65		350m:	4:55.85	43.52
	100m:			200m:			300m:	4:12.33	43.68	400m:	5:38.04	42.19
13.	Tamara Turmakoska			10		Vardar 2018, SK				<b>5:53.46</b>	289	
	50m:	41.90	41.90	150m:	2:11.01	44.74	250m:	3:41.97	45.58	350m:	5:10.93	44.10
	100m:	1:26.27	44.37	200m:	2:56.39	45.38	300m:	4:26.83	44.86	400m:	5:53.46	42.53
14.	Isidora Nestorovska			09		Beta Sharks, SK				<b>6:00.88</b>	272	
	50m:	39.10	39.10	150m:	2:10.27	46.61	250m:	3:43.37	46.45	350m:	5:16.66	46.23
	100m:	1:23.66	44.56	200m:	2:56.92	46.65	300m:	4:30.43	47.06	400m:	6:00.88	44.22