

**VI** INTERNATIONAL

INTERNATIONAL

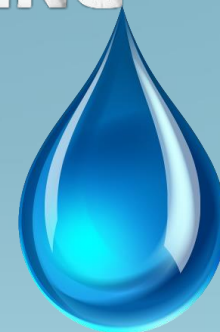
SWIMMING MEETING

**„SKOPJE OPEN 23“**

11-12.11.2023 SKOPJE

**SKOPJE**

SWIMMING



## COMPETITION ORGANIZER:

- Swimming Club SKOPJE

## PLACE:

- Sports Center “Boris Trajkovski”  
Bul. September 8th No.13 1000 Skopje

## SWIMMING POOL:

- Dimension 25x33, 8 lines
- Water temperature 26.5

## TIMING:

- Electronic timing

## CATEGORIES:

CATEGORIES	MEN	WOMEN
A	OPEN	OPEN
B	2005 – 2008	2005 – 2008
C	2009 – 2010	2009 – 2010
D	2011 – 2012	2011 – 2012
E	2013 & YOUNGER	2013 & YOUNGER

## COMPETITION PROGRAM:

11-11-2023 SATURDAY		12-11-2023 SUNDAY	
<b>PART ONE</b> <b>WARM UP:</b> 07:30 – 09:15 <b>START:</b> 09:30h 100m free m/f (A-E) 50m breast m/f (A-E) 200m IM m/f (A-D) 200m back m/f (A-D) 800m free m/f (A)		<b>PART THREE</b> <b>WARM UP:</b> 07:30 – 09:15 <b>START:</b> 09:30h 50m free m/f (A-E) 200m breast m/f (A-D) 100m fly m/f (A-E) 1500m free m/f (A)	
<b>PART TWO</b> <b>WARM UP:</b> 15:30 – 16:45 <b>START:</b> 17:00h 400m free m/f (A-C) 100m breast m/f (A-E) 50m back m/f (A-E) 200m fly m/f (A-D) 100m IM m/f (A-E)		<b>PART FOUR</b> <b>WARM UP:</b> 15:30 – 16:45 <b>START:</b> 17:00h 200m free m/f (A-D) <b>50m fly “FARUK OMERAGIC”</b> m/f (A-E) 400m IM m/f (A) 100m back m/f (A-E)	

## PROPOSITIONS:

- The competition will be organized according to WA, LEN and National Swimming Federation N. Macedonian rules, as well as the rules of this competition.
- Swimming in all disciplines will be in series. The fastest, will swim last. Start list will be drawn up on time regardless of category.
- Every participant can compete in unlimited number of disciplines.

## ENTRY DEADLINE:

- Application should be sent to the organizer by:
- **05.11.2023, INTENTION TO PARTICIPATE** (The organizer reserves the right to limit or refuse the application. The swimming club which application was refused will be informed immediately after the deadline).
- **08.11.2023, FINAL ENTRY FORM (LENEX FILE)**
- e-mail : [sc.skopje@gmail.com](mailto:sc.skopje@gmail.com)

## WITHDRAWAL DEADLINE:

- **Thursday 09.11.2023 at 18:00h.**

## START FEE:

- The start fee is 300.00 MKD for domestic participants or 5 EUR for foreign participants, per start.
- The participants are obligated to pay the start fee to the organizer before the beginning of the competition.
- Additional 5euro will be charged for swimmers who will swim above time limits.

## AWARDS:

- The three best swimmers in age categories will receive medals in every discipline.

- The swimmers with three best results (from all disciplines regardless of the category) will receive a Cup in age categories.
- The winner (M/F) in the memorial race “FARUK OMERAGIC” (50m butterfly) in open category will receive 50EUR price.

### TIME LIMITS - MEN

	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	MEDLEY
50m	40.00	46.00	51.00	44.00	/
100m	1:24.00	1:36.00	1:50.00	1:34.00	1:38.00
200m	2:50.00	3:15.00	3:42.00	3:15.00	3:18.00
400m	5:20.00	/	/	/	5:30.00
800m	9:45.00	/	/	/	/
1500m	19:00.00	/	/	/	/

### TIME LIMITS - WOMEN

	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	MEDLEY
50m	42.00	49.00	57.00	48.00	/
100m	1:27.00	1:43.00	1:59.00	1:42.00	1:44.00
200m	2:54.00	3:29.00	3:59.00	3:29.00	3:29.00
400m	5:40.00	/	/	/	5:50.00
800m	10:45.00	/	/	/	/
1500m	20:00.00	/	/	/	/

## HEALTH ISSUE:

- Each swimming club is responsible for the health condition of its swimmers.