

ZIMSKO NACIONALNO PRVENSTVO DEKEMVRI 2022
SKOPJE, 9. - 10.12.2023

| 25 | /F, 400m | /Free | / |
|--------------------|----------|-------|------------|
| 10.12.2023 - 10:20 | | | |
| MKD / | 4:12.03 | | |
| MKD - 16 | 4:15.84 | APSK | 17.10.2020 |
| MKD - 14 | 4:20.10 | | |
| MKD - 12 | 4:33.49 | | |
| MKD - 10 | 5:03.67 | | |

: FINA 2020

| | | | | | | | | | | | |
|-----|----------------------|-------|---------------|-------|---------------|-------|---------------|-------|----------------|--|-----|
| / | | | | | | | | | | | |
| 1. | Sara Jankovik | | | | | | | | | | |
| | 50m: 31.00 | 31.00 | 150m: 1:35.52 | 32.45 | 250m: 2:41.42 | 33.05 | 350m: 3:47.74 | 32.99 | 4:20.39 | | 724 |
| | 100m: 1:03.07 | 32.07 | 200m: 2:08.37 | 32.85 | 300m: 3:14.75 | 33.33 | 400m: 4:20.39 | 32.65 | | | |
| 2. | Eva Petrovska | | | | | | | | | | |
| | 50m: 30.45 | 30.45 | 150m: 1:36.31 | 33.23 | 250m: 2:43.27 | 33.60 | 350m: 3:49.79 | 32.94 | 4:22.93 | | 704 |
| | 100m: 1:03.08 | 32.63 | 200m: 2:09.67 | 33.36 | 300m: 3:16.85 | 33.58 | 400m: 4:22.93 | 33.14 | | | |
| 3. | Jana Milkovska | | | | | | | | | | |
| | 50m: 31.51 | 31.51 | 150m: 1:39.61 | 34.06 | 250m: 2:49.93 | 35.19 | 350m: 4:01.22 | 35.92 | 4:35.67 | | 610 |
| | 100m: 1:05.55 | 34.04 | 200m: 2:14.74 | 35.13 | 300m: 3:25.30 | 35.37 | 400m: 4:35.67 | 34.45 | | | |
| 4. | Iva Kitanovik | | | | | | | | | | |
| | 50m: 32.26 | 32.26 | 150m: 1:44.32 | 36.31 | 250m: 2:57.75 | 36.62 | 350m: 4:11.70 | 36.92 | 4:48.28 | | 534 |
| | 100m: 1:08.01 | 35.75 | 200m: 2:21.13 | 36.81 | 300m: 3:34.78 | 37.03 | 400m: 4:48.28 | 36.58 | | | |
| 5. | Jovana Nedelkoska | | | | | | | | | | |
| | 50m: 32.86 | 32.86 | 150m: 1:44.94 | 36.45 | 250m: 2:59.52 | 37.21 | 350m: 4:14.80 | 36.84 | 4:51.69 | | 515 |
| | 100m: 1:08.49 | 35.63 | 200m: 2:22.31 | 37.37 | 300m: 3:37.96 | 38.44 | 400m: 4:51.69 | 36.89 | | | |
| 6. | Jana Konstandinovska | | | | | | | | | | |
| | 50m: 33.20 | 33.20 | 150m: 1:46.13 | 37.03 | 250m: 3:01.45 | 37.93 | 350m: 4:17.42 | 37.91 | 4:54.25 | | 502 |
| | 100m: 1:09.10 | 35.90 | 200m: 2:23.52 | 37.39 | 300m: 3:39.51 | 38.06 | 400m: 4:54.25 | 36.83 | | | |
| 7. | Emilija Velkova | | | | | | | | | | |
| | 50m: 31.85 | 31.85 | 150m: 1:45.77 | 37.44 | 250m: 3:01.78 | 38.04 | 350m: 4:18.25 | 38.38 | 4:55.04 | | 498 |
| | 100m: 1:08.33 | 36.48 | 200m: 2:23.74 | 37.97 | 300m: 3:39.87 | 38.09 | 400m: 4:55.04 | 36.79 | | | |
| 8. | Neda Milenkovska | | | | | | | | | | |
| | 50m: 32.93 | 32.93 | 150m: 1:47.71 | 37.87 | 250m: 3:03.93 | 38.00 | 350m: 4:19.85 | 37.80 | 4:56.44 | | 491 |
| | 100m: 1:09.84 | 36.91 | 200m: 2:25.93 | 38.22 | 300m: 3:42.05 | 38.12 | 400m: 4:56.44 | 36.59 | | | |
| 9. | Sara Anastasovska | | | | | | | | | | |
| | 50m: 32.49 | 32.49 | 150m: 1:46.31 | 37.19 | 250m: 3:07.38 | 39.71 | 350m: 4:27.43 | 40.25 | 5:06.70 | | 443 |
| | 100m: 1:09.12 | 36.63 | 200m: 2:27.67 | 41.36 | 300m: 3:47.18 | 39.80 | 400m: 5:06.70 | 39.27 | | | |
| 10. | Rosana Gosheva | | | | | | | | | | |
| | 50m: 33.83 | 33.83 | 150m: 1:52.99 | 39.90 | 250m: 3:11.54 | 38.33 | 350m: 4:30.40 | 38.50 | 5:08.31 | | 436 |
| | 100m: 1:13.09 | 39.26 | 200m: 2:33.21 | 40.22 | 300m: 3:51.90 | 40.36 | 400m: 5:08.31 | 37.91 | | | |
| 11. | Teodora Kolceska | | | | | | | | | | |
| | 50m: 34.28 | 34.28 | 150m: 1:52.67 | 39.48 | 250m: 3:12.52 | 39.95 | 350m: 4:32.38 | 40.19 | 5:10.08 | | 429 |
| | 100m: 1:13.19 | 38.91 | 200m: 2:32.57 | 39.90 | 300m: 3:52.19 | 39.67 | 400m: 5:10.08 | 37.70 | | | |
| 12. | Kalina Trpcevska | | | | | | | | | | |
| | 50m: 33.41 | 33.41 | 150m: 1:50.61 | 39.68 | 250m: 3:11.27 | 40.34 | 350m: 4:32.13 | 40.64 | 5:10.86 | | 426 |
| | 100m: 1:10.93 | 37.52 | 200m: 2:30.93 | 40.32 | 300m: 3:51.49 | 40.22 | 400m: 5:10.86 | 38.73 | | | |
| 13. | Anastasija Kirandjic | | | | | | | | | | |
| | 50m: 35.52 | 35.52 | 150m: 1:54.50 | 40.08 | 250m: 3:15.13 | 39.47 | 350m: 4:35.88 | 40.07 | 5:15.51 | | 407 |
| | 100m: 1:14.42 | 38.90 | 200m: 2:35.66 | 41.16 | 300m: 3:55.81 | 40.68 | 400m: 5:15.51 | 39.63 | | | |
| 14. | Anja Karaljeva | | | | | | | | | | |
| | 50m: 33.76 | 33.76 | 150m: 1:51.98 | 40.06 | 250m: 3:16.16 | 42.44 | 350m: 4:40.60 | 42.24 | 5:21.87 | | 383 |
| | 100m: 1:11.92 | 38.16 | 200m: 2:33.72 | 41.74 | 300m: 3:58.36 | 42.20 | 400m: 5:21.87 | 41.27 | | | |
| 15. | Angelina Dzugomanova | | | | | | | | | | |
| | 50m: 36.10 | 36.10 | 150m: 1:57.31 | 41.08 | 250m: 3:19.35 | 40.87 | 350m: 4:42.25 | 41.06 | 5:21.95 | | 383 |
| | 100m: 1:16.23 | 40.13 | 200m: 2:38.48 | 41.17 | 300m: 4:01.19 | 41.84 | 400m: 5:21.95 | 39.70 | | | |

ZIMSKO NACIONALNO PRVENSTVO DEKEMVRI 2022
SKOPJE, 9. - 10.12.2023

| | 25, | /F, 400m | /Free, | / | | | | | | | | |
|-------------------|--------------------|---------------|--------|------------------|-------|----------------|-------|---------------|--|--|--|--|
| 16. | Kalina Dimitrovska | | 11 | Vardaar 2018, SK | | 5:26.69 | 367 | | | | | |
| | 50m: | 35.77 35.77 | 150m: | 1:57.09 41.03 | 250m: | 3:20.13 41.81 | 350m: | 4:44.05 42.09 | | | | |
| | 100m: | 1:16.06 40.29 | 200m: | 2:38.32 41.23 | 300m: | 4:01.96 41.83 | 400m: | 5:26.69 42.64 | | | | |
| 17. | Angela Trajcev | | 07 | Vardaar 2018, SK | | 5:29.02 | 359 | | | | | |
| | 50m: | 35.15 35.15 | 150m: | 1:59.52 42.56 | 250m: | 3:22.70 39.91 | 350m: | 4:47.94 42.89 | | | | |
| | 100m: | 1:16.96 41.81 | 200m: | 2:42.79 43.27 | 300m: | 4:05.05 42.35 | 400m: | 5:29.02 41.08 | | | | |
| 18. | Mia Milevska | | 11 | Skopje, SK | | 5:36.21 | 336 | | | | | |
| | 50m: | 36.13 36.13 | 150m: | 2:00.38 42.65 | 250m: | 3:28.61 44.40 | 350m: | 4:54.68 43.41 | | | | |
| | 100m: | 1:17.73 41.60 | 200m: | 2:44.21 43.83 | 300m: | 4:11.27 42.66 | 400m: | 5:36.21 41.53 | | | | |
| 19. | Jana Velkovska | | 10 | Vardaar 2018, SK | | 5:36.84 | 334 | | | | | |
| | 50m: | 34.73 34.73 | 150m: | 1:58.59 43.20 | 250m: | 3:25.17 43.41 | 350m: | 4:53.48 44.63 | | | | |
| | 100m: | 1:15.39 40.66 | 200m: | 2:41.76 43.17 | 300m: | 4:08.85 43.68 | 400m: | 5:36.84 43.36 | | | | |
| 20. | Mia Dermendzieva | | 06 | Vardar 8 VK, SK | | 5:44.97 | 311 | | | | | |
| | 50m: | 34.25 34.25 | 150m: | 1:59.86 43.81 | 250m: | 3:29.01 44.83 | 350m: | 5:00.06 45.71 | | | | |
| | 100m: | 1:16.05 41.80 | 200m: | 2:44.18 44.32 | 300m: | 4:14.35 45.34 | 400m: | 5:44.97 44.91 | | | | |
| 21. | Tamara Turmakoska | | 10 | Vardaar 2018, SK | | 5:52.21 | 292 | | | | | |
| | 50m: | 37.81 37.81 | 150m: | 2:05.87 45.45 | 250m: | 3:35.97 45.18 | 350m: | 5:06.97 45.96 | | | | |
| | 100m: | 1:20.42 42.61 | 200m: | 2:50.79 44.92 | 300m: | 4:21.01 45.04 | 400m: | 5:52.21 45.24 | | | | |
| 22. | Nadja Trajcev | | 10 | Vardaar 2018, SK | | 5:56.95 | 281 | | | | | |
| | 50m: | 39.41 39.41 | 150m: | 2:08.77 45.16 | 250m: | 3:41.58 46.27 | 350m: | 5:14.22 46.83 | | | | |
| | 100m: | 1:23.61 44.20 | 200m: | 2:55.31 46.54 | 300m: | 4:27.39 45.81 | 400m: | 5:56.95 42.73 | | | | |
| 23. | Simona Zdravkovska | | 11 | Atlantida, SK | | 6:07.20 | 258 | | | | | |
| | 50m: | 39.31 39.31 | 150m: | 2:11.83 47.18 | 250m: | 3:47.18 47.73 | 350m: | 5:21.52 48.22 | | | | |
| | 100m: | 1:24.65 45.34 | 200m: | 2:59.45 47.62 | 300m: | 4:33.30 46.12 | 400m: | 6:07.20 45.68 | | | | |
| 24. | Matea Jankoska | | 12 | Delfin, SK | | 6:16.06 | 240 | | | | | |
| | 50m: | 40.84 40.84 | 150m: | 2:15.19 47.48 | 250m: | 3:51.99 47.96 | 350m: | 5:27.35 47.91 | | | | |
| | 100m: | 1:27.71 46.87 | 200m: | 3:04.03 48.84 | 300m: | 4:39.44 47.45 | 400m: | 6:16.06 48.71 | | | | |
| 25. | Kamelija Stoev | | 09 | Oktopod, SK | | 6:18.31 | 236 | | | | | |
| | 50m: | 40.05 40.05 | 150m: | 2:13.78 48.98 | 250m: | 3:52.58 49.89 | 350m: | 5:32.05 50.97 | | | | |
| | 100m: | 1:24.80 44.75 | 200m: | 3:02.69 48.91 | 300m: | 4:41.08 48.50 | 400m: | 6:18.31 46.26 | | | | |
| 26. | Dina Ilijevska | | 11 | Vardaar 2018, SK | | 6:23.04 | 227 | | | | | |
| | 50m: | 41.43 41.43 | 150m: | 2:17.07 48.56 | 250m: | 3:54.76 49.27 | 350m: | 5:33.24 48.88 | | | | |
| | 100m: | 1:28.51 47.08 | 200m: | 3:05.49 48.42 | 300m: | 4:44.36 49.60 | 400m: | 6:23.04 49.80 | | | | |
| 18 godina i mla i | | | | | | | | | | | | |
| 1. | Sara Jankovik | | 08 | Skopje, SK | | 4:20.39 | 724 | | | | | |
| | 50m: | 31.00 31.00 | 150m: | 1:35.52 32.45 | 250m: | 2:41.42 33.05 | 350m: | 3:47.74 32.99 | | | | |
| | 100m: | 1:03.07 32.07 | 200m: | 2:08.37 32.85 | 300m: | 3:14.75 33.33 | 400m: | 4:20.39 32.65 | | | | |
| 2. | Jana Milkovska | | 06 | Vardaar 2018, SK | | 4:35.67 | 610 | | | | | |
| | 50m: | 31.51 31.51 | 150m: | 1:39.61 34.06 | 250m: | 2:49.93 35.19 | 350m: | 4:01.22 35.92 | | | | |
| | 100m: | 1:05.55 34.04 | 200m: | 2:14.74 35.13 | 300m: | 3:25.30 35.37 | 400m: | 4:35.67 34.45 | | | | |
| 3. | Iva Kitanovik | | 07 | Orion, SK | | 4:48.28 | 534 | | | | | |
| | 50m: | 32.26 32.26 | 150m: | 1:44.32 36.31 | 250m: | 2:57.75 36.62 | 350m: | 4:11.70 36.92 | | | | |
| | 100m: | 1:08.01 35.75 | 200m: | 2:21.13 36.81 | 300m: | 3:34.78 37.03 | 400m: | 4:48.28 36.58 | | | | |
| 4. | Jovana Nedelkoska | | 06 | Skopje, SK | | 4:51.69 | 515 | | | | | |
| | 50m: | 32.86 32.86 | 150m: | 1:44.94 36.45 | 250m: | 2:59.52 37.21 | 350m: | 4:14.80 36.84 | | | | |
| | 100m: | 1:08.49 35.63 | 200m: | 2:22.31 37.37 | 300m: | 3:37.96 38.44 | 400m: | 4:51.69 36.89 | | | | |
| 5. | Emilija Velkova | | 09 | Neptun, SK | | 4:55.04 | 498 | | | | | |
| | 50m: | 31.85 31.85 | 150m: | 1:45.77 37.44 | 250m: | 3:01.78 38.04 | 350m: | 4:18.25 38.38 | | | | |
| | 100m: | 1:08.33 36.48 | 200m: | 2:23.74 37.97 | 300m: | 3:39.87 38.09 | 400m: | 4:55.04 36.79 | | | | |
| 6. | Neda Milenkovska | | 10 | Mladost, SK | | 4:56.44 | 491 | | | | | |
| | 50m: | 32.93 32.93 | 150m: | 1:47.71 37.87 | 250m: | 3:03.93 38.00 | 350m: | 4:19.85 37.80 | | | | |
| | 100m: | 1:09.84 36.91 | 200m: | 2:25.93 38.22 | 300m: | 3:42.05 38.12 | 400m: | 4:56.44 36.59 | | | | |

ZIMSKO NACIONALNO PRVENSTVO DEKEMVRI 2022
SKOPJE, 9. - 10.12.2023

| 25, | /F, 400m | | | /Free, 18 godina i mla i | | | | | | |
|-----|-----------------------|---------------|-------|--------------------------|-------|----------------|-------|--|--|--|
| 7. | Sara Anastasovska | | 09 | Neptun, SK | | 5:06.70 | 443 | | | |
| | 50m: 32.49 32.49 | 150m: 1:46.31 | 37.19 | 250m: 3:07.38 | 39.71 | 350m: 4:27.43 | 40.25 | | | |
| | 100m: 1:09.12 36.63 | 200m: 2:27.67 | 41.36 | 300m: 3:47.18 | 39.80 | 400m: 5:06.70 | 39.27 | | | |
| 8. | Rosana Gosheva | | 07 | Skopje, SK | | 5:08.31 | 436 | | | |
| | 50m: 33.83 33.83 | 150m: 1:52.99 | 39.90 | 250m: 3:11.54 | 38.33 | 350m: 4:30.40 | 38.50 | | | |
| | 100m: 1:13.09 39.26 | 200m: 2:33.21 | 40.22 | 300m: 3:51.90 | 40.36 | 400m: 5:08.31 | 37.91 | | | |
| 9. | Teodora Kolceska | | 12 | Mladost, SK | | 5:10.08 | 429 | | | |
| | 50m: 34.28 34.28 | 150m: 1:52.67 | 39.48 | 250m: 3:12.52 | 39.95 | 350m: 4:32.38 | 40.19 | | | |
| | 100m: 1:13.19 38.91 | 200m: 2:32.57 | 39.90 | 300m: 3:52.19 | 39.67 | 400m: 5:10.08 | 37.70 | | | |
| 10. | Kalina Trpcevska | | 10 | Delfin, SK | | 5:10.86 | 426 | | | |
| | 50m: 33.41 33.41 | 150m: 1:50.61 | 39.68 | 250m: 3:11.27 | 40.34 | 350m: 4:32.13 | 40.64 | | | |
| | 100m: 1:10.93 37.52 | 200m: 2:30.93 | 40.32 | 300m: 3:51.49 | 40.22 | 400m: 5:10.86 | 38.73 | | | |
| 11. | Anastasija Kirandjick | | 11 | Skopje, SK | | 5:15.51 | 407 | | | |
| | 50m: 35.52 35.52 | 150m: 1:54.50 | 40.08 | 250m: 3:15.13 | 39.47 | 350m: 4:35.88 | 40.07 | | | |
| | 100m: 1:14.42 38.90 | 200m: 2:35.66 | 41.16 | 300m: 3:55.81 | 40.68 | 400m: 5:15.51 | 39.63 | | | |
| 12. | Anja Karaljeva | | 08 | Skopje, SK | | 5:21.87 | 383 | | | |
| | 50m: 33.76 33.76 | 150m: 1:51.98 | 40.06 | 250m: 3:16.16 | 42.44 | 350m: 4:40.60 | 42.24 | | | |
| | 100m: 1:11.92 38.16 | 200m: 2:33.72 | 41.74 | 300m: 3:58.36 | 42.20 | 400m: 5:21.87 | 41.27 | | | |
| 13. | Angelina Dzugomanova | | 11 | Beta Sharks, SK | | 5:21.95 | 383 | | | |
| | 50m: 36.10 36.10 | 150m: 1:57.31 | 41.08 | 250m: 3:19.35 | 40.87 | 350m: 4:42.25 | 41.06 | | | |
| | 100m: 1:16.23 40.13 | 200m: 2:38.48 | 41.17 | 300m: 4:01.19 | 41.84 | 400m: 5:21.95 | 39.70 | | | |
| 14. | Kalina Dimitrovska | | 11 | Vardaar 2018, SK | | 5:26.69 | 367 | | | |
| | 50m: 35.77 35.77 | 150m: 1:57.09 | 41.03 | 250m: 3:20.13 | 41.81 | 350m: 4:44.05 | 42.09 | | | |
| | 100m: 1:16.06 40.29 | 200m: 2:38.32 | 41.23 | 300m: 4:01.96 | 41.83 | 400m: 5:26.69 | 42.64 | | | |
| 15. | Angela Trajcev | | 07 | Vardaar 2018, SK | | 5:29.02 | 359 | | | |
| | 50m: 35.15 35.15 | 150m: 1:59.52 | 42.56 | 250m: 3:22.70 | 39.91 | 350m: 4:47.94 | 42.89 | | | |
| | 100m: 1:16.96 41.81 | 200m: 2:42.79 | 43.27 | 300m: 4:05.05 | 42.35 | 400m: 5:29.02 | 41.08 | | | |
| 16. | Mia Milevska | | 11 | Skopje, SK | | 5:36.21 | 336 | | | |
| | 50m: 36.13 36.13 | 150m: 2:00.38 | 42.65 | 250m: 3:28.61 | 44.40 | 350m: 4:54.68 | 43.41 | | | |
| | 100m: 1:17.73 41.60 | 200m: 2:44.21 | 43.83 | 300m: 4:11.27 | 42.66 | 400m: 5:36.21 | 41.53 | | | |
| 17. | Jana Velkovska | | 10 | Vardaar 2018, SK | | 5:36.84 | 334 | | | |
| | 50m: 34.73 34.73 | 150m: 1:58.59 | 43.20 | 250m: 3:25.17 | 43.41 | 350m: 4:53.48 | 44.63 | | | |
| | 100m: 1:15.39 40.66 | 200m: 2:41.76 | 43.17 | 300m: 4:08.85 | 43.68 | 400m: 5:36.84 | 43.36 | | | |
| 18. | Mia Dermendzieva | | 06 | Vardar 8 VK, SK | | 5:44.97 | 311 | | | |
| | 50m: 34.25 34.25 | 150m: 1:59.86 | 43.81 | 250m: 3:29.01 | 44.83 | 350m: 5:00.06 | 45.71 | | | |
| | 100m: 1:16.05 41.80 | 200m: 2:44.18 | 44.32 | 300m: 4:14.35 | 45.34 | 400m: 5:44.97 | 44.91 | | | |
| 19. | Tamara Turmakoska | | 10 | Vardaar 2018, SK | | 5:52.21 | 292 | | | |
| | 50m: 37.81 37.81 | 150m: 2:05.87 | 45.45 | 250m: 3:35.97 | 45.18 | 350m: 5:06.97 | 45.96 | | | |
| | 100m: 1:20.42 42.61 | 200m: 2:50.79 | 44.92 | 300m: 4:21.01 | 45.04 | 400m: 5:52.21 | 45.24 | | | |
| 20. | Nadja Trajcev | | 10 | Vardaar 2018, SK | | 5:56.95 | 281 | | | |
| | 50m: 39.41 39.41 | 150m: 2:08.77 | 45.16 | 250m: 3:41.58 | 46.27 | 350m: 5:14.22 | 46.83 | | | |
| | 100m: 1:23.61 44.20 | 200m: 2:55.31 | 46.54 | 300m: 4:27.39 | 45.81 | 400m: 5:56.95 | 42.73 | | | |
| 21. | Simona Zdravkovska | | 11 | Atlantida, SK | | 6:07.20 | 258 | | | |
| | 50m: 39.31 39.31 | 150m: 2:11.83 | 47.18 | 250m: 3:47.18 | 47.73 | 350m: 5:21.52 | 48.22 | | | |
| | 100m: 1:24.65 45.34 | 200m: 2:59.45 | 47.62 | 300m: 4:33.30 | 46.12 | 400m: 6:07.20 | 45.68 | | | |
| 22. | Matea Jankoska | | 12 | Delfin, SK | | 6:16.06 | 240 | | | |
| | 50m: 40.84 40.84 | 150m: 2:15.19 | 47.48 | 250m: 3:51.99 | 47.96 | 350m: 5:27.35 | 47.91 | | | |
| | 100m: 1:27.71 46.87 | 200m: 3:04.03 | 48.84 | 300m: 4:39.44 | 47.45 | 400m: 6:16.06 | 48.71 | | | |
| 23. | Kamelija Stoev | | 09 | Oktopod, SK | | 6:18.31 | 236 | | | |
| | 50m: 40.05 40.05 | 150m: 2:13.78 | 48.98 | 250m: 3:52.58 | 49.89 | 350m: 5:32.05 | 50.97 | | | |
| | 100m: 1:24.80 44.75 | 200m: 3:02.69 | 48.91 | 300m: 4:41.08 | 48.50 | 400m: 6:18.31 | 46.26 | | | |
| 24. | Dina Ilijevska | | 11 | Vardaar 2018, SK | | 6:23.04 | 227 | | | |
| | 50m: 41.43 41.43 | 150m: 2:17.07 | 48.56 | 250m: 3:54.76 | 49.27 | 350m: 5:33.24 | 48.88 | | | |
| | 100m: 1:28.51 47.08 | 200m: 3:05.49 | 48.42 | 300m: 4:44.36 | 49.60 | 400m: 6:23.04 | 49.80 | | | |

ZIMSKO NACIONALNO PRVENSTVO DEKEMVRI 2022
SKOPJE, 9. - 10.12.2023

| | 25, | /F, 400m | | /Free | | | | | | | | |
|-------------------|----------------------|----------|-------|------------------|---------|----------------|-------|---------|-------|-------|---------|-------|
| 16 godina i mla i | | | | | | | | | | | | |
| 1. | Sara Jankovik | | 08 | Skopje, SK | | 4:20.39 | | | 724 | | | |
| | 50m: | 31.00 | 31.00 | 150m: | 1:35.52 | 32.45 | 250m: | 2:41.42 | 33.05 | 350m: | 3:47.74 | 32.99 |
| | 100m: | 1:03.07 | 32.07 | 200m: | 2:08.37 | 32.85 | 300m: | 3:14.75 | 33.33 | 400m: | 4:20.39 | 32.65 |
| 2. | Iva Kitanovik | | 07 | Orion, SK | | 4:48.28 | | | 534 | | | |
| | 50m: | 32.26 | 32.26 | 150m: | 1:44.32 | 36.31 | 250m: | 2:57.75 | 36.62 | 350m: | 4:11.70 | 36.92 |
| | 100m: | 1:08.01 | 35.75 | 200m: | 2:21.13 | 36.81 | 300m: | 3:34.78 | 37.03 | 400m: | 4:48.28 | 36.58 |
| 3. | Emilija Velkova | | 09 | Neptun, SK | | 4:55.04 | | | 498 | | | |
| | 50m: | 31.85 | 31.85 | 150m: | 1:45.77 | 37.44 | 250m: | 3:01.78 | 38.04 | 350m: | 4:18.25 | 38.38 |
| | 100m: | 1:08.33 | 36.48 | 200m: | 2:23.74 | 37.97 | 300m: | 3:39.87 | 38.09 | 400m: | 4:55.04 | 36.79 |
| 4. | Neda Milenkovska | | 10 | Mladost, SK | | 4:56.44 | | | 491 | | | |
| | 50m: | 32.93 | 32.93 | 150m: | 1:47.71 | 37.87 | 250m: | 3:03.93 | 38.00 | 350m: | 4:19.85 | 37.80 |
| | 100m: | 1:09.84 | 36.91 | 200m: | 2:25.93 | 38.22 | 300m: | 3:42.05 | 38.12 | 400m: | 4:56.44 | 36.59 |
| 5. | Sara Anastasovska | | 09 | Neptun, SK | | 5:06.70 | | | 443 | | | |
| | 50m: | 32.49 | 32.49 | 150m: | 1:46.31 | 37.19 | 250m: | 3:07.38 | 39.71 | 350m: | 4:27.43 | 40.25 |
| | 100m: | 1:09.12 | 36.63 | 200m: | 2:27.67 | 41.36 | 300m: | 3:47.18 | 39.80 | 400m: | 5:06.70 | 39.27 |
| 6. | Rosana Gosheva | | 07 | Skopje, SK | | 5:08.31 | | | 436 | | | |
| | 50m: | 33.83 | 33.83 | 150m: | 1:52.99 | 39.90 | 250m: | 3:11.54 | 38.33 | 350m: | 4:30.40 | 38.50 |
| | 100m: | 1:13.09 | 39.26 | 200m: | 2:33.21 | 40.22 | 300m: | 3:51.90 | 40.36 | 400m: | 5:08.31 | 37.91 |
| 7. | Teodora Kolceska | | 12 | Mladost, SK | | 5:10.08 | | | 429 | | | |
| | 50m: | 34.28 | 34.28 | 150m: | 1:52.67 | 39.48 | 250m: | 3:12.52 | 39.95 | 350m: | 4:32.38 | 40.19 |
| | 100m: | 1:13.19 | 38.91 | 200m: | 2:32.57 | 39.90 | 300m: | 3:52.19 | 39.67 | 400m: | 5:10.08 | 37.70 |
| 8. | Kalina Trpcevska | | 10 | Delfin, SK | | 5:10.86 | | | 426 | | | |
| | 50m: | 33.41 | 33.41 | 150m: | 1:50.61 | 39.68 | 250m: | 3:11.27 | 40.34 | 350m: | 4:32.13 | 40.64 |
| | 100m: | 1:10.93 | 37.52 | 200m: | 2:30.93 | 40.32 | 300m: | 3:51.49 | 40.22 | 400m: | 5:10.86 | 38.73 |
| 9. | Anastasija Kirandjic | | 11 | Skopje, SK | | 5:15.51 | | | 407 | | | |
| | 50m: | 35.52 | 35.52 | 150m: | 1:54.50 | 40.08 | 250m: | 3:15.13 | 39.47 | 350m: | 4:35.88 | 40.07 |
| | 100m: | 1:14.42 | 38.90 | 200m: | 2:35.66 | 41.16 | 300m: | 3:55.81 | 40.68 | 400m: | 5:15.51 | 39.63 |
| 10. | Anja Karaljeva | | 08 | Skopje, SK | | 5:21.87 | | | 383 | | | |
| | 50m: | 33.76 | 33.76 | 150m: | 1:51.98 | 40.06 | 250m: | 3:16.16 | 42.44 | 350m: | 4:40.60 | 42.24 |
| | 100m: | 1:11.92 | 38.16 | 200m: | 2:33.72 | 41.74 | 300m: | 3:58.36 | 42.20 | 400m: | 5:21.87 | 41.27 |
| 11. | Angelina Dzugomanova | | 11 | Beta Sharks, SK | | 5:21.95 | | | 383 | | | |
| | 50m: | 36.10 | 36.10 | 150m: | 1:57.31 | 41.08 | 250m: | 3:19.35 | 40.87 | 350m: | 4:42.25 | 41.06 |
| | 100m: | 1:16.23 | 40.13 | 200m: | 2:38.48 | 41.17 | 300m: | 4:01.19 | 41.84 | 400m: | 5:21.95 | 39.70 |
| 12. | Kalina Dimitrovska | | 11 | Vardaar 2018, SK | | 5:26.69 | | | 367 | | | |
| | 50m: | 35.77 | 35.77 | 150m: | 1:57.09 | 41.03 | 250m: | 3:20.13 | 41.81 | 350m: | 4:44.05 | 42.09 |
| | 100m: | 1:16.06 | 40.29 | 200m: | 2:38.32 | 41.23 | 300m: | 4:01.96 | 41.83 | 400m: | 5:26.69 | 42.64 |
| 13. | Angela Trajcev | | 07 | Vardaar 2018, SK | | 5:29.02 | | | 359 | | | |
| | 50m: | 35.15 | 35.15 | 150m: | 1:59.52 | 42.56 | 250m: | 3:22.70 | 39.91 | 350m: | 4:47.94 | 42.89 |
| | 100m: | 1:16.96 | 41.81 | 200m: | 2:42.79 | 43.27 | 300m: | 4:05.05 | 42.35 | 400m: | 5:29.02 | 41.08 |
| 14. | Mia Milevska | | 11 | Skopje, SK | | 5:36.21 | | | 336 | | | |
| | 50m: | 36.13 | 36.13 | 150m: | 2:00.38 | 42.65 | 250m: | 3:28.61 | 44.40 | 350m: | 4:54.68 | 43.41 |
| | 100m: | 1:17.73 | 41.60 | 200m: | 2:44.21 | 43.83 | 300m: | 4:11.27 | 42.66 | 400m: | 5:36.21 | 41.53 |
| 15. | Jana Velkowska | | 10 | Vardaar 2018, SK | | 5:36.84 | | | 334 | | | |
| | 50m: | 34.73 | 34.73 | 150m: | 1:58.59 | 43.20 | 250m: | 3:25.17 | 43.41 | 350m: | 4:53.48 | 44.63 |
| | 100m: | 1:15.39 | 40.66 | 200m: | 2:41.76 | 43.17 | 300m: | 4:08.85 | 43.68 | 400m: | 5:36.84 | 43.36 |
| 16. | Tamara Turmakoska | | 10 | Vardaar 2018, SK | | 5:52.21 | | | 292 | | | |
| | 50m: | 37.81 | 37.81 | 150m: | 2:05.87 | 45.45 | 250m: | 3:35.97 | 45.18 | 350m: | 5:06.97 | 45.96 |
| | 100m: | 1:20.42 | 42.61 | 200m: | 2:50.79 | 44.92 | 300m: | 4:21.01 | 45.04 | 400m: | 5:52.21 | 45.24 |
| 17. | Nadja Trajcev | | 10 | Vardaar 2018, SK | | 5:56.95 | | | 281 | | | |
| | 50m: | 39.41 | 39.41 | 150m: | 2:08.77 | 45.16 | 250m: | 3:41.58 | 46.27 | 350m: | 5:14.22 | 46.83 |
| | 100m: | 1:23.61 | 44.20 | 200m: | 2:55.31 | 46.54 | 300m: | 4:27.39 | 45.81 | 400m: | 5:56.95 | 42.73 |
| 18. | Simona Zdravkovska | | 11 | Atlantida, SK | | 6:07.20 | | | 258 | | | |
| | 50m: | 39.31 | 39.31 | 150m: | 2:11.83 | 47.18 | 250m: | 3:47.18 | 47.73 | 350m: | 5:21.52 | 48.22 |
| | 100m: | 1:24.65 | 45.34 | 200m: | 2:59.45 | 47.62 | 300m: | 4:33.30 | 46.12 | 400m: | 6:07.20 | 45.68 |

ZIMSKO NACIONALNO PRVENSTVO DEKEMVRI 2022
SKOPJE, 9. - 10.12.2023

| 25, | | /F, 400m | | /Free, 16 godina i mla i | | | | | | | | |
|-------------------|-----------------------|----------|-------|--------------------------|------------------|-------|-------|---------|-------|----------------|---------|-------|
| 19. | Matea Jankoska | | | 12 | Delfin, SK | | | | | 6:16.06 | 240 | |
| | 50m: | 40.84 | 40.84 | 150m: | 2:15.19 | 47.48 | 250m: | 3:51.99 | 47.96 | 350m: | 5:27.35 | 47.91 |
| | 100m: | 1:27.71 | 46.87 | 200m: | 3:04.03 | 48.84 | 300m: | 4:39.44 | 47.45 | 400m: | 6:16.06 | 48.71 |
| 20. | Kamelija Stoev | | | 09 | Oktopod, SK | | | | | 6:18.31 | 236 | |
| | 50m: | 40.05 | 40.05 | 150m: | 2:13.78 | 48.98 | 250m: | 3:52.58 | 49.89 | 350m: | 5:32.05 | 50.97 |
| | 100m: | 1:24.80 | 44.75 | 200m: | 3:02.69 | 48.91 | 300m: | 4:41.08 | 48.50 | 400m: | 6:18.31 | 46.26 |
| 21. | Dina Ilijevska | | | 11 | Vardaar 2018, SK | | | | | 6:23.04 | 227 | |
| | 50m: | 41.43 | 41.43 | 150m: | 2:17.07 | 48.56 | 250m: | 3:54.76 | 49.27 | 350m: | 5:33.24 | 48.88 |
| | 100m: | 1:28.51 | 47.08 | 200m: | 3:05.49 | 48.42 | 300m: | 4:44.36 | 49.60 | 400m: | 6:23.04 | 49.80 |
| 14 godina i mla i | | | | | | | | | | | | |
| 1. | Emilija Velkova | | | 09 | Neptun, SK | | | | | 4:55.04 | 498 | |
| | 50m: | 31.85 | 31.85 | 150m: | 1:45.77 | 37.44 | 250m: | 3:01.78 | 38.04 | 350m: | 4:18.25 | 38.38 |
| | 100m: | 1:08.33 | 36.48 | 200m: | 2:23.74 | 37.97 | 300m: | 3:39.87 | 38.09 | 400m: | 4:55.04 | 36.79 |
| 2. | Neda Milenkovska | | | 10 | Mladost, SK | | | | | 4:56.44 | 491 | |
| | 50m: | 32.93 | 32.93 | 150m: | 1:47.71 | 37.87 | 250m: | 3:03.93 | 38.00 | 350m: | 4:19.85 | 37.80 |
| | 100m: | 1:09.84 | 36.91 | 200m: | 2:25.93 | 38.22 | 300m: | 3:42.05 | 38.12 | 400m: | 4:56.44 | 36.59 |
| 3. | Sara Anastasovska | | | 09 | Neptun, SK | | | | | 5:06.70 | 443 | |
| | 50m: | 32.49 | 32.49 | 150m: | 1:46.31 | 37.19 | 250m: | 3:07.38 | 39.71 | 350m: | 4:27.43 | 40.25 |
| | 100m: | 1:09.12 | 36.63 | 200m: | 2:27.67 | 41.36 | 300m: | 3:47.18 | 39.80 | 400m: | 5:06.70 | 39.27 |
| 4. | Teodora Kolceska | | | 12 | Mladost, SK | | | | | 5:10.08 | 429 | |
| | 50m: | 34.28 | 34.28 | 150m: | 1:52.67 | 39.48 | 250m: | 3:12.52 | 39.95 | 350m: | 4:32.38 | 40.19 |
| | 100m: | 1:13.19 | 38.91 | 200m: | 2:32.57 | 39.90 | 300m: | 3:52.19 | 39.67 | 400m: | 5:10.08 | 37.70 |
| 5. | Kalina Trpcevska | | | 10 | Delfin, SK | | | | | 5:10.86 | 426 | |
| | 50m: | 33.41 | 33.41 | 150m: | 1:50.61 | 39.68 | 250m: | 3:11.27 | 40.34 | 350m: | 4:32.13 | 40.64 |
| | 100m: | 1:10.93 | 37.52 | 200m: | 2:30.93 | 40.32 | 300m: | 3:51.49 | 40.22 | 400m: | 5:10.86 | 38.73 |
| 6. | Anastasija Kirandjick | | | 11 | Skopje, SK | | | | | 5:15.51 | 407 | |
| | 50m: | 35.52 | 35.52 | 150m: | 1:54.50 | 40.08 | 250m: | 3:15.13 | 39.47 | 350m: | 4:35.88 | 40.07 |
| | 100m: | 1:14.42 | 38.90 | 200m: | 2:35.66 | 41.16 | 300m: | 3:55.81 | 40.68 | 400m: | 5:15.51 | 39.63 |
| 7. | Angelina Dzugomanova | | | 11 | Beta Sharks, SK | | | | | 5:21.95 | 383 | |
| | 50m: | 36.10 | 36.10 | 150m: | 1:57.31 | 41.08 | 250m: | 3:19.35 | 40.87 | 350m: | 4:42.25 | 41.06 |
| | 100m: | 1:16.23 | 40.13 | 200m: | 2:38.48 | 41.17 | 300m: | 4:01.19 | 41.84 | 400m: | 5:21.95 | 39.70 |
| 8. | Kalina Dimitrovska | | | 11 | Vardaar 2018, SK | | | | | 5:26.69 | 367 | |
| | 50m: | 35.77 | 35.77 | 150m: | 1:57.09 | 41.03 | 250m: | 3:20.13 | 41.81 | 350m: | 4:44.05 | 42.09 |
| | 100m: | 1:16.06 | 40.29 | 200m: | 2:38.32 | 41.23 | 300m: | 4:01.96 | 41.83 | 400m: | 5:26.69 | 42.64 |
| 9. | Mia Milevska | | | 11 | Skopje, SK | | | | | 5:36.21 | 336 | |
| | 50m: | 36.13 | 36.13 | 150m: | 2:00.38 | 42.65 | 250m: | 3:28.61 | 44.40 | 350m: | 4:54.68 | 43.41 |
| | 100m: | 1:17.73 | 41.60 | 200m: | 2:44.21 | 43.83 | 300m: | 4:11.27 | 42.66 | 400m: | 5:36.21 | 41.53 |
| 10. | Jana Velkovska | | | 10 | Vardaar 2018, SK | | | | | 5:36.84 | 334 | |
| | 50m: | 34.73 | 34.73 | 150m: | 1:58.59 | 43.20 | 250m: | 3:25.17 | 43.41 | 350m: | 4:53.48 | 44.63 |
| | 100m: | 1:15.39 | 40.66 | 200m: | 2:41.76 | 43.17 | 300m: | 4:08.85 | 43.68 | 400m: | 5:36.84 | 43.36 |
| 11. | Tamara Turmakoska | | | 10 | Vardaar 2018, SK | | | | | 5:52.21 | 292 | |
| | 50m: | 37.81 | 37.81 | 150m: | 2:05.87 | 45.45 | 250m: | 3:35.97 | 45.18 | 350m: | 5:06.97 | 45.96 |
| | 100m: | 1:20.42 | 42.61 | 200m: | 2:50.79 | 44.92 | 300m: | 4:21.01 | 45.04 | 400m: | 5:52.21 | 45.24 |
| 12. | Nadja Trajcev | | | 10 | Vardaar 2018, SK | | | | | 5:56.95 | 281 | |
| | 50m: | 39.41 | 39.41 | 150m: | 2:08.77 | 45.16 | 250m: | 3:41.58 | 46.27 | 350m: | 5:14.22 | 46.83 |
| | 100m: | 1:23.61 | 44.20 | 200m: | 2:55.31 | 46.54 | 300m: | 4:27.39 | 45.81 | 400m: | 5:56.95 | 42.73 |
| 13. | Simona Zdravkovska | | | 11 | Atlantida, SK | | | | | 6:07.20 | 258 | |
| | 50m: | 39.31 | 39.31 | 150m: | 2:11.83 | 47.18 | 250m: | 3:47.18 | 47.73 | 350m: | 5:21.52 | 48.22 |
| | 100m: | 1:24.65 | 45.34 | 200m: | 2:59.45 | 47.62 | 300m: | 4:33.30 | 46.12 | 400m: | 6:07.20 | 45.68 |
| 14. | Matea Jankoska | | | 12 | Delfin, SK | | | | | 6:16.06 | 240 | |
| | 50m: | 40.84 | 40.84 | 150m: | 2:15.19 | 47.48 | 250m: | 3:51.99 | 47.96 | 350m: | 5:27.35 | 47.91 |
| | 100m: | 1:27.71 | 46.87 | 200m: | 3:04.03 | 48.84 | 300m: | 4:39.44 | 47.45 | 400m: | 6:16.06 | 48.71 |

ZIMSKO NACIONALNO PRVENSTVO DEKEMVRI 2022
SKOPJE, 9. - 10.12.2023

25, /F, 400m /Free, 14 godina i mla i

| | | | | | | | | |
|-----|----------------|-------|---------------|------------------|---------------|----------------|---------------|-------|
| 15. | Kamelija Stoev | | 09 | Oktopod, SK | | 6:18.31 | 236 | |
| | 50m: 40.05 | 40.05 | 150m: 2:13.78 | 48.98 | 250m: 3:52.58 | 49.89 | 350m: 5:32.05 | 50.97 |
| | 100m: 1:24.80 | 44.75 | 200m: 3:02.69 | 48.91 | 300m: 4:41.08 | 48.50 | 400m: 6:18.31 | 46.26 |
| 16. | Dina Ilijevska | | 11 | Vardaar 2018, SK | | 6:23.04 | 227 | |
| | 50m: 41.43 | 41.43 | 150m: 2:17.07 | 48.56 | 250m: 3:54.76 | 49.27 | 350m: 5:33.24 | 48.88 |
| | 100m: 1:28.51 | 47.08 | 200m: 3:05.49 | 48.42 | 300m: 4:44.36 | 49.60 | 400m: 6:23.04 | 49.80 |

12 godina i mla i

| | | | | | | | | |
|----|----------------------|-------|---------------|------------------|---------------|----------------|---------------|-------|
| 1. | Teodora Kolceska | | 12 | Mladost, SK | | 5:10.08 | 429 | |
| | 50m: 34.28 | 34.28 | 150m: 1:52.67 | 39.48 | 250m: 3:12.52 | 39.95 | 350m: 4:32.38 | 40.19 |
| | 100m: 1:13.19 | 38.91 | 200m: 2:32.57 | 39.90 | 300m: 3:52.19 | 39.67 | 400m: 5:10.08 | 37.70 |
| 2. | Anastasija Kirandjik | | 11 | Skopje, SK | | 5:15.51 | 407 | |
| | 50m: 35.52 | 35.52 | 150m: 1:54.50 | 40.08 | 250m: 3:15.13 | 39.47 | 350m: 4:35.88 | 40.07 |
| | 100m: 1:14.42 | 38.90 | 200m: 2:35.66 | 41.16 | 300m: 3:55.81 | 40.68 | 400m: 5:15.51 | 39.63 |
| 3. | Angelina Dzugomanova | | 11 | Beta Sharks, SK | | 5:21.95 | 383 | |
| | 50m: 36.10 | 36.10 | 150m: 1:57.31 | 41.08 | 250m: 3:19.35 | 40.87 | 350m: 4:42.25 | 41.06 |
| | 100m: 1:16.23 | 40.13 | 200m: 2:38.48 | 41.17 | 300m: 4:01.19 | 41.84 | 400m: 5:21.95 | 39.70 |
| 4. | Kalina Dimitrovska | | 11 | Vardaar 2018, SK | | 5:26.69 | 367 | |
| | 50m: 35.77 | 35.77 | 150m: 1:57.09 | 41.03 | 250m: 3:20.13 | 41.81 | 350m: 4:44.05 | 42.09 |
| | 100m: 1:16.06 | 40.29 | 200m: 2:38.32 | 41.23 | 300m: 4:01.96 | 41.83 | 400m: 5:26.69 | 42.64 |
| 5. | Mia Milevska | | 11 | Skopje, SK | | 5:36.21 | 336 | |
| | 50m: 36.13 | 36.13 | 150m: 2:00.38 | 42.65 | 250m: 3:28.61 | 44.40 | 350m: 4:54.68 | 43.41 |
| | 100m: 1:17.73 | 41.60 | 200m: 2:44.21 | 43.83 | 300m: 4:11.27 | 42.66 | 400m: 5:36.21 | 41.53 |
| 6. | Simona Zdravkovska | | 11 | Atlantida, SK | | 6:07.20 | 258 | |
| | 50m: 39.31 | 39.31 | 150m: 2:11.83 | 47.18 | 250m: 3:47.18 | 47.73 | 350m: 5:21.52 | 48.22 |
| | 100m: 1:24.65 | 45.34 | 200m: 2:59.45 | 47.62 | 300m: 4:33.30 | 46.12 | 400m: 6:07.20 | 45.68 |
| 7. | Matea Jankoska | | 12 | Delfin, SK | | 6:16.06 | 240 | |
| | 50m: 40.84 | 40.84 | 150m: 2:15.19 | 47.48 | 250m: 3:51.99 | 47.96 | 350m: 5:27.35 | 47.91 |
| | 100m: 1:27.71 | 46.87 | 200m: 3:04.03 | 48.84 | 300m: 4:39.44 | 47.45 | 400m: 6:16.06 | 48.71 |
| 8. | Dina Ilijevska | | 11 | Vardaar 2018, SK | | 6:23.04 | 227 | |
| | 50m: 41.43 | 41.43 | 150m: 2:17.07 | 48.56 | 250m: 3:54.76 | 49.27 | 350m: 5:33.24 | 48.88 |
| | 100m: 1:28.51 | 47.08 | 200m: 3:05.49 | 48.42 | 300m: 4:44.36 | 49.60 | 400m: 6:23.04 | 49.80 |