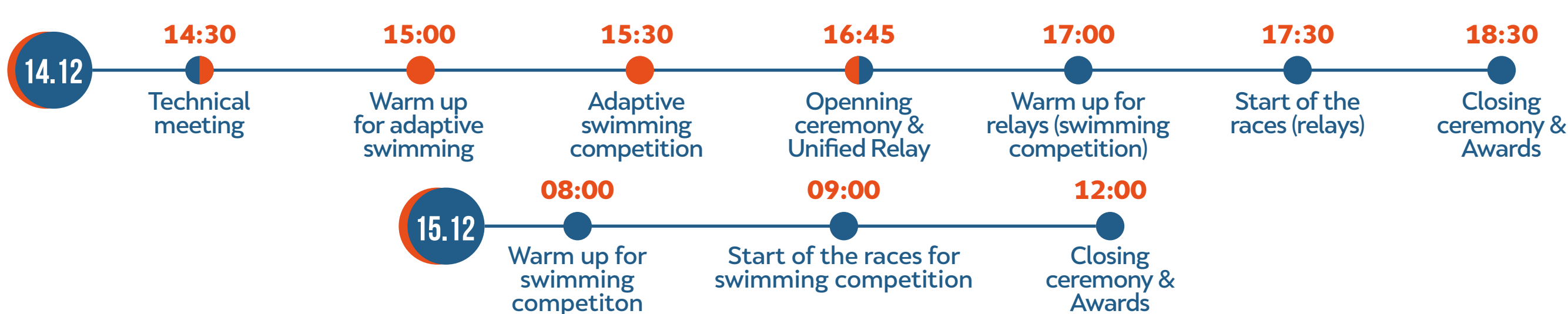


Dear Swimmers, Coaches and Friends,
It is an honor to invite you to “Atlas Winter Cup” -
Swimming and Adaptive Swimming Competition For Female
and Male young swimmers and people with atypical development

14-15 December 2024

Boris Trajkovski Swimming Pool
Skopje, N. Macedonia



SWIMMING COMPETITION

Categories

A	2009 & older
B	2010/2011
C	2012/2013
D	2014/2015
E	2016 & younger

Disciplines

14.12.2024 - SATURDAY

4x50m	Freestyle (m/f)	A, B, C
4x50m	Medley Mix (m+f)	A, B, C

15.12.2024 - SUNDAY

25m	Kickboard	D, E (promo)
200m	Medley (m/f)	A, B, C
50m	Freestyle (m/f)	A, B, C, D, E
100m	Breaststroke (m/f)	A, B, C, D
50m	Backstroke (m/f)	A, B, C, D, E
100m	Butterfly (m/f)	A, B, C, D
50m	Breaststroke (m/f)	A, B, C, D, E
100m	Freestyle (m/f)	A, B, C, D
50m	Butterfly (m/f)	A, B, C, D, E
100m	Medley (m/f)	A, B, C, D
100m	Backstroke (m/f)	A, B, C, D
200m	Freestyle (m/f)	A, B, C

ADAPTIVE SWIMMING

Disciplines

14.12.2024 - SATURDAY

25m	Kickboard
	Freestyle
	Backstroke
50m	Freestyle
	Backstroke
100m	Freestyle

- * Race Fee: 300 Den / 5 €
- * **No entry fee for Adaptive Swimming**
- * Competition Pool: 25 m length, 8 lanes;
- * 5 lanes in Adaptive Swimming
- * Water temperature: 26 - 27 C°
- * Timing: Electronic
- * Unlimited number of appearances by any swimmer
- * All clubs are responsible for the health of their swimmers
- * Application: Lenex, Word or Excel file
- * Deadline for registration: 12.12.2024 (Thursday)

AWARDS



▶ With participation for each swimmer



▶ First three places in all disciplines by category;
All races in Adaptive Swimming



▶ Best three results in separate disciplines

APPLICATIONS FOR THE COMPETITION AND INFO:

Swimming Club Atlantida for Swimming Competition

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☎ +38970360936 (Stefan)

ITK Macedonia for Adaptive Swimming Competition

✉ itk.macedonia@gmail.com

☎ +38975431155 (Martin)