









#### Organizers:

Montenegro Swimming Federation & Capital city Podgorica

### Contact Information:

Office address: South of the Podgorica City Stadium, 19 December Street, 81000 Podgorica, Republic of Montenegro Tel: +382 20 671 931

Email: pr@wpolo.me and danijeladjikanovic@hotmail.com

#### Venue:

Name: Open Olympic Swimming Pool "Moraca", Podgorica Address: Sport centar "Moraca", Ivana Milutinovica bb, 81000, Podgorica Technical data: 50m Swimming pool, 10 Lanes, 2.2m Depth, 28°C Water temperature

#### **Entry Deadline:**

Monday, July 5, 2024 by 23:59 on: aca.rosic@gmail.com

### Withdrawal Deadline:

Thursday, July 11, 2024 by 23:59 on: aca.rosic@gmail.com

#### **Entry Fee:**

5 EURO per start

## Eligibility:

Competitors have no entry limitations concerning the number of individual events. Each Club/National Team can enter only one relay. Relays compete in Open category.

#### Categories:

CATEGORY	MALE	FEMALE
Α	ALL	ALL
В	2006 / 2007	2007 / 2008
C	2008 / 2009	2009 / 2010
D	2010 / 2011	2011 / 2012
E	2012 and younger	2013 and younger

## Timing:

Alge Electronic System

### Team Managers Meeting:

Team Managers Meeting will take place on July 12, 2024 at 19h in the hotel "Novi Studentski dom".





#### Heats:

Heats are to be swim in the morning sessions. Number of heats and seeding for all the individual events will be determined in accordance with FINA swimming rules (SW 3.1). In case there are less than 9 competitors entering the event, that event will be seeded as final and will be swum in the final/afternoon session. In case a great number of competitors enter the competition, referee can authorize the use of "flying start" in order to prevent any potential delay. Any change will be decided during the Technical meeting.

#### **Finals**

Finals will be swum in the afternoon sessions for all individual events. Top 8 competitors from heats in every event will qualify for the finals.

#### Withdrawals From Finals:

Withdrawals are to be made not later than 30 minutes after official announcements of the results from the heats.

#### Awards:

Medals are to be awarded to top three swimmers per category in each individual event and top three relay teams. Top 5 male / Top 5 female competitors within A category (ALL) will be awarded with prize money. Criteria for determining best male and female competitor is the sum of two best performances according to FINA Points Table. At the end of the competition, both male and female competitors will receive prize money in the following order:

1st place - 500 euro

2nd place - 400 euro

3rd place - 300 euro

4th place - 250 euro

5th place – 200 euro

Best male/female swimmer from Montenegro will be awarded with prize money.

Best male competitor from MNE – 250 euro Best female competitor from MNE – 250 euro

Top 3 clubs will be awarded with prize money.

1st place – 300 euro

2nd place – 200 euro

3rd palce – 100 euro

### **Awarding Ceremonies:**

Medals for B, C, D and E category will be delivered after the completion of all heats of that particular event during morning sessions. Medals for A category will be delivered after the finals in the afternoon sessions.





		PART I - Saturday, JULY 13, 2024 - (Heats)	
		8:00 - Warm up / 9:00 - First session	
1.	400m	FREESTYLE (men)	ALL
2.	50m	FREESTYLE (women)	ALL
3.	50m	BREASTSTROKE (men)	ALL
4.	200m	BACKSTROKE (women)	ALL
5.	200m	BUTTERFLY (men)	ALL
6.	100m	BUTTERFLY (women)	ALL
7.	100m	FREESTYLE (men)	ALL
8.	200m	INDIVIDUAL MEDLEY (women)	ALL
9.	50m	BUTTERFLY (men)	ALL
10.	50m	BACKSTROKE (women)	ALL
11.	100m	BACKSTROKE (men)	ALL
12.	100m	BREASTSTROKE (women)	ALL
13.	200m	BREASTSTROKE (men)	ALL
14.	200m	FREESTYLE (women)	ALL

PART II - Saturday, JULY 13, 2024 (FINALS)				
17:00 - Warm up / 17:40 - Opening Ceremony / 18:00 - Second session				
1.	400m	FREESTYLE (men)	FINALS	
2.	50m	FREESTYLE (women)	FINALS	
3.	50m	BREASTSTROKE (men)	FINALS	
4.	200m	BACKSTROKE (women)	FINALS	
5.	200m	BUTTERFLY (men)	FINALS	
6.	100m	BUTTERFLY (women)	FINALS	
7.	100m	FREESTYLE (men)	FINALS	
8.	200m	INDIVIDUAL MEDLEY (women)	FINALS	
9.	50m	BUTTERFLY (men)	FINALS	
10.	50m	BACKSTROKE (women)	FINALS	
11.	100m	BACKSTROKE (men)	FINALS	
12.	100m	BREASTSTROKE (women)	FINALS	
13	200m	BREASTSTROKE (men)	FINALS	
14	200m	FREESTYLE (women)	FINALS	
15	4x100	MEDLEY RELAY (men)	Α	
16	4 x 100	MEDLEY RELAY (women)	11	





PART III - Sunday , JULY 14, 2024 - (Heats)				
8:00 - Warm up / 9:00 - Third session				
17.	400m	FREESTYLE (women)	ALL	
18.	50m	FREESTYLE (men)	ALL	
19.	50m	BREASTSTROKE (women)	ALL	
20.	200m	BACKSTROKE (men)	ALL	
21.	200m	BUTTERFLY (žene)	ALL	
22.	100m	BUTTERFLY (men)	ALL	
23.	100m	FREESTYLE (women)	ALL	
24.	200m	INDIVIDUAL MEDLEY (men)	ALL	
25.	50m	BUTTERFLY (women)	ALL	
26.	50m	BACKSTROKE (men)	ALL	
27.	100m	BACKSTROKE (women)	ALL	
28.	100m	BREASTSTROKE (men)	ALL	
29.	200m	BREASTSTROKE (women)	ALL	
30.	200m	FREESTYLE (men)	ALL	

PART IV -, JULY 14, 2024 ( FINALS)				
17:00 - Warm up / 18:00 - Fourth session				
17.	400m	FREESTYLE (women)	FINALS	
18.	50m	FREESTYLE (men)	FINALS	
19.	50m	BREASTSTROKE (women)	FINALS	
20.	200m	BACKSTROKE (men)	FINALS	
21.	200m	BUTTERFLY (women)	FINALS	
22.	100m	BUTTERFLY (men)	FINALS	
23.	100m	FREESTYLE (women)	FINALS	
24.	200m	INDIVIDUAL MEDLEY (men)	FINALS	
25.	50m	BUTTERFLY (women)	FINALS	
26.	50m	BACKSTROKE (men)	FINALS	
27.	100m	BACKSTROKE (women)	FINALS	
28.	100m	BREASTSTROKE (men)	FINALS	
29.	200m	BREASTSTROKE (women)	FINALS	
30.	200m	FREESTYLE (men)	FINALS	
31.	4 x100	FREESTYLE RELAY (women)	Α	
32.	4 x100	FREESTYLE RELAY (men)	71	

AWARDING CEREMONY

TOP  $\circ$  MALE & TOP 3 FEMALE COMPETITORS TOP MALE & FEMALE COMPETITOR FROM MONTENEGRO





## **CITY AND THE VENUE:**











## TRAVEL AND ACCOMMODATION:

Arrival and Departure - Airports:

Podgorica International Airport (8 km from the swimming pool)

Official accommodation facility for athletes and team staff: UNIVERSITY OF PODGORICA NEW DORMITORY Address: L2 Studentska, Podgorica Air-condition, Wi- Fi, Additional contents PRICE: 30 euro per person/full board



For accommodation booking please contact

pr@wpolo.me danijeladjikanovic@hotmail.com **JULY 13-14** PODGORICA

## JUBILEE 10th INTERNATIONAL **SWIMMING MEET**



























