

NACIONALNO PRVENSTVO NA MAKEDONIJA_2024
Skopje, 29. - 30.6.2024

Event 13
30.6.2024 - 9:00

Women, 400m Medley

Open
Results

Points: FINA 2023

Rank			YB					Time	Pts		
Postari Pionerki											
1.	KIRANDJIK, Anastasija		11	PK Skopje				5:49.17	407		
	50m:	36.31 36.31	150m:	2:04.39	45.83	250m:	3:39.51	50.46	350m:	5:11.51	40.16
	100m:	1:18.56 42.25	200m:	2:49.05	44.66	300m:	4:31.35	51.84	400m:	5:49.17	37.66

Kadetki

1.	KIRANDJIK, Anastasija		11	PK Skopje				5:49.17	407		
	50m:	36.31 36.31	150m:	2:04.39	45.83	250m:	3:39.51	50.46	350m:	5:11.51	40.16
	100m:	1:18.56 42.25	200m:	2:49.05	44.66	300m:	4:31.35	51.84	400m:	5:49.17	37.66
2.	DONEVSKA, Angela		09	Oktopod				6:02.23	365		
	50m:	41.53 41.53	150m:	2:20.05	47.21	250m:	3:53.48	48.19	350m:	5:23.50	42.78
	100m:	1:32.84 51.31	200m:	3:05.29	45.24	300m:	4:40.72	47.24	400m:	6:02.23	38.73

Mladinki

1.	NEDELKOSKA, Jovana		06	PK Skopje				5:34.81	462		
	50m:	37.07 37.07	150m:	2:46.06	1:25.90	250m:	4:20.68	47.30	350m:		
	100m:	1:20.16 43.09	200m:	3:33.38	47.32	300m:	4:58.20	37.52	400m:	5:34.81	
2.	KIRANDJIK, Anastasija		11	PK Skopje				5:49.17	407		
	50m:	36.31 36.31	150m:	2:04.39	45.83	250m:	3:39.51	50.46	350m:	5:11.51	40.16
	100m:	1:18.56 42.25	200m:	2:49.05	44.66	300m:	4:31.35	51.84	400m:	5:49.17	37.66
3.	DONEVSKA, Angela		09	Oktopod				6:02.23	365		
	50m:	41.53 41.53	150m:	2:20.05	47.21	250m:	3:53.48	48.19	350m:	5:23.50	42.78
	100m:	1:32.84 51.31	200m:	3:05.29	45.24	300m:	4:40.72	47.24	400m:	6:02.23	38.73

Seniorki

1.	NEDELKOSKA, Jovana		06	PK Skopje				5:34.81	462		
	50m:	37.07 37.07	150m:	2:46.06	1:25.90	250m:	4:20.68	47.30	350m:		
	100m:	1:20.16 43.09	200m:	3:33.38	47.32	300m:	4:58.20	37.52	400m:	5:34.81	
2.	KIRANDJIK, Anastasija		11	PK Skopje				5:49.17	407		
	50m:	36.31 36.31	150m:	2:04.39	45.83	250m:	3:39.51	50.46	350m:	5:11.51	40.16
	100m:	1:18.56 42.25	200m:	2:49.05	44.66	300m:	4:31.35	51.84	400m:	5:49.17	37.66
3.	DONEVSKA, Angela		09	Oktopod				6:02.23	365		
	50m:	41.53 41.53	150m:	2:20.05	47.21	250m:	3:53.48	48.19	350m:	5:23.50	42.78
	100m:	1:32.84 51.31	200m:	3:05.29	45.24	300m:	4:40.72	47.24	400m:	6:02.23	38.73