

XX DELFIN KIP 2026
SKOPJE, 28. - 29.3.2026

Disciplina 22
29.03.2026 - 11:27

Ženski/F, 400m Slobodno/Free

Otvoreno/Open
Rezultati

Bodova: AQUA 2026

Rang	G.R.	VrenBodova	100m	200m	300m	400m	
ABSOLUTE CATEGORY							
1. Angela Donevska	09	PK Skopje	4:52.31 514	1:08.82	1:16.31	1:15.28	1:11.90
50m:		150m:	250m:	350m:			
100m: 1:08.82		200m: 2:25.13	300m: 3:40.41	400m: 4:52.31			
2. Tuana Gerguri	10	Ilirida - Fushe Kosovë	4:52.53 513	1:09.85	1:15.05	1:15.07	1:12.56
50m:		150m:	250m:	350m:			
100m: 1:09.85		200m: 2:24.90	300m: 3:39.97	400m: 4:52.53			
3. Anastasija Kirandjic	11	PK Skopje	4:57.40 488	1:08.86	1:16.49	1:16.85	1:15.20
50m:		150m:	250m:	350m:			
100m: 1:08.86		200m: 2:25.35	300m: 3:42.20	400m: 4:57.40			
4. Irina Trifunovska	13	PK Skopje	5:04.50 454	1:12.76	1:18.74	1:17.98	1:15.02
50m:		150m:	250m:	350m:			
100m: 1:12.76		200m: 2:31.50	300m: 3:49.48	400m: 5:04.50			
5. Bora Ademi	15	Step - Prishtinë	5:15.51 408	1:12.40	1:20.98	1:22.30	1:19.83
50m:		150m:	250m:	350m:			
100m: 1:12.40		200m: 2:33.38	300m: 3:55.68	400m: 5:15.51			
6. Kalina Penovska	10	Beta Sharks - Skopje	5:15.74 408	1:13.54	1:20.40	1:21.49	1:20.31
50m:		150m:	250m:	350m:			
100m: 1:13.54		200m: 2:33.94	300m: 3:55.43	400m: 5:15.74			
7. Katja Kalacoska	13	PK Skopje	5:23.54 379	1:15.30	1:22.63	1:23.49	1:22.12
50m:		150m:	250m:	350m:			
100m: 1:15.30		200m: 2:37.93	300m: 4:01.42	400m: 5:23.54			
8. Kaja Kostovska	14	Mladost - Skopje	5:30.09 357	1:18.54	1:25.06	1:25.06	1:21.43
50m:		150m:	250m:	350m:			
100m: 1:18.54		200m: 2:43.60	300m: 4:08.66	400m: 5:30.09			
9. Lena Blazeva	13	Orion - Skopje	5:30.68 355	1:15.43	1:24.36	1:26.71	1:24.18
50m:		150m:	250m:	350m:			
100m: 1:15.43		200m: 2:39.79	300m: 4:06.50	400m: 5:30.68			
10. Kalina Nikolovski	13	Vardar 2018 - Skopje	5:32.12 350	1:17.56	1:25.51	1:26.46	1:22.59
50m:		150m:	250m:	350m:			
100m: 1:17.56		200m: 2:43.07	300m: 4:09.53	400m: 5:32.12			
11. Marta Milenkovska	13	Vardar 2018 - Skopje	5:39.17 329	1:19.06	1:27.11	1:27.17	1:25.83
50m:		150m:	250m:	350m:			
100m: 1:19.06		200m: 2:46.17	300m: 4:13.34	400m: 5:39.17			
12. Ema Bryma	14	Step - Prishtinë	5:51.86 294	1:21.68	1:32.23	1:30.81	1:27.14
50m:		150m:	250m:	350m:			
100m: 1:21.68		200m: 2:53.91	300m: 4:24.72	400m: 5:51.86			
13. Anastasija oki	14	Leskovac	5:53.15 291	1:20.68	1:30.93	1:32.36	1:29.18
50m:		150m:	250m:	350m:			
100m: 1:20.68		200m: 2:51.61	300m: 4:23.97	400m: 5:53.15			
14. Bisera Gosheva	14	PK Skopje	5:59.28 276	1:24.58	1:33.37	1:32.12	1:29.21
50m:		150m:	250m:	350m:			
100m: 1:24.58		200m: 2:57.95	300m: 4:30.07	400m: 5:59.28			
15. Nela Finoska	11	PK Skopje	6:00.23 274	1:24.50	1:33.57	1:33.21	1:28.95
50m:		150m:	250m:	350m:			
100m: 1:24.50		200m: 2:58.07	300m: 4:31.28	400m: 6:00.23			
16. Sofija Kutanoska	14	3 Disciplini, ST	7:16.04 154	1:40.77	1:53.25	1:52.52	1:49.50
50m:		150m:	250m:	350m:			
100m: 1:40.77		200m: 3:34.02	300m: 5:26.54	400m: 7:16.04			
17. Dora Fileva	13	Struga - Struga	7:22.75 147	1:42.17	1:53.28	1:55.79	1:51.51
50m:		150m:	250m:	350m:			
100m: 1:42.17		200m: 3:35.45	300m: 5:31.24	400m: 7:22.75			
18. Stefanija Kutanoska	14	3 Disciplini, ST	7:28.04 142	1:43.60	1:57.18	1:57.26	1:50.00
50m:		150m:	250m:	350m:			
100m: 1:43.60		200m: 3:40.78	300m: 5:38.04	400m: 7:28.04			

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CATEGORY B

1. Anastasija Kirandjic	11	PK Skopje	4:57.40 488	1:08.86	1:16.49	1:16.85	1:15.20
50m:		150m:	250m:	350m:			
100m: 1:08.86		200m: 2:25.35	300m: 3:42.20	400m: 4:57.40			
2. Nela Finoska	11	PK Skopje	6:00.23 274	1:24.50	1:33.57	1:33.21	1:28.95
50m:		150m:	250m:	350m:			
100m: 1:24.50		200m: 2:58.07	300m: 4:31.28	400m: 6:00.23			

CATEGORY C

1. Irina Trifunoska	13	PK Skopje	5:04.50 454	1:12.76	1:18.74	1:17.98	1:15.02
50m:		150m:	250m:	350m:			
100m: 1:12.76		200m: 2:31.50	300m: 3:49.48	400m: 5:04.50			
2. Katja Kalacoska	13	PK Skopje	5:23.54 379	1:15.30	1:22.63	1:23.49	1:22.12
50m:		150m:	250m:	350m:			
100m: 1:15.30		200m: 2:37.93	300m: 4:01.42	400m: 5:23.54			
3. Kaja Kostovska	14	Mladost - Skopje	5:30.09 357	1:18.54	1:25.06	1:25.06	1:21.43
50m:		150m:	250m:	350m:			
100m: 1:18.54		200m: 2:43.60	300m: 4:08.66	400m: 5:30.09			
4. Lena Blazeva	13	Orion - Skopje	5:30.68 355	1:15.43	1:24.36	1:26.71	1:24.18
50m:		150m:	250m:	350m:			
100m: 1:15.43		200m: 2:39.79	300m: 4:06.50	400m: 5:30.68			
5. Kalina Nikolovski	13	Vardar 2018 - Skopje	5:32.12 350	1:17.56	1:25.51	1:26.46	1:22.59
50m:		150m:	250m:	350m:			
100m: 1:17.56		200m: 2:43.07	300m: 4:09.53	400m: 5:32.12			
6. Marta Milenkovska	13	Vardar 2018 - Skopje	5:39.17 329	1:19.06	1:27.11	1:27.17	1:25.83
50m:		150m:	250m:	350m:			
100m: 1:19.06		200m: 2:46.17	300m: 4:13.34	400m: 5:39.17			
7. Ema Bryma	14	Step - Prishtinë	5:51.86 294	1:21.68	1:32.23	1:30.81	1:27.14
50m:		150m:	250m:	350m:			
100m: 1:21.68		200m: 2:53.91	300m: 4:24.72	400m: 5:51.86			
8. Anastasija oki	14	Leskovac	5:53.15 291	1:20.68	1:30.93	1:32.36	1:29.18
50m:		150m:	250m:	350m:			
100m: 1:20.68		200m: 2:51.61	300m: 4:23.97	400m: 5:53.15			
9. Bisera Gosheva	14	PK Skopje	5:59.28 276	1:24.58	1:33.37	1:32.12	1:29.21
50m:		150m:	250m:	350m:			
100m: 1:24.58		200m: 2:57.95	300m: 4:30.07	400m: 5:59.28			
10. Sofija Kutanoska	14	3 Disciplini, ST	7:16.04 154	1:40.77	1:53.25	1:52.52	1:49.50
50m:		150m:	250m:	350m:			
100m: 1:40.77		200m: 3:34.02	300m: 5:26.54	400m: 7:16.04			
11. Dora Fileva	13	Struga - Struga	7:22.75 147	1:42.17	1:53.28	1:55.79	1:51.51
50m:		150m:	250m:	350m:			
100m: 1:42.17		200m: 3:35.45	300m: 5:31.24	400m: 7:22.75			
12. Stefanija Kutanoska	14	3 Disciplini, ST	7:28.04 142	1:43.60	1:57.18	1:57.26	1:50.00
50m:		150m:	250m:	350m:			
100m: 1:43.60		200m: 3:40.78	300m: 5:38.04	400m: 7:28.04			